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|  | **YEAR 1/2** | **YEAR 3/4** | **YEAR 5/6** |
| **CYCLE A**  **(2023/24)** | Attack, Defend, Shoot (Unit 1)Dance (Unit 1)OAA (Unit 1)Run, Throw, Jump (Unit 1)Gymnastics (unit 1)Send and Return (Unit 1)Attack, Defend, Shoot (Unit 2)SPORTS DAY PREPHit, Catch, Run (Unit 1)Send and Return (Unit 2) | TennisFootballOAADance (Unit 1)BasketballGymnastics (Unit 1)HockeySPORTS DAY PREPCricket Athletics | RoundersTag-RugbyOAANetballHockeyFootballGymnastics (Unit 1)SPORTS DAY PREPDance (Unit 1)Tennis |
| **CYCLE B**  **(2024/25)** | Attack, Defend, Shoot (Unit 1)Dance (Unit 1)OAA (Unit 1)Run, Throw, Jump (Unit 1)Gymnastics (unit 1)Send and Return (Unit 1)Attack, Defend, Shoot (Unit 2)SPORTS DAY PREPHit, Catch, Run (Unit 1)Send and Return (Unit 2) | TennisFootballOAADance (Unit 1)BasketballGymnastics (Unit 1)HockeySPORTS DAY PREPCricketAthletics | RoundersTag-RugbyOAANetballHockeyFootballGymnastics (Unit 1)SPORTS DAY PREPDance (Unit 1)Tennis |