What electrical appliances have you used today?

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| Activity | How long did you use it for? | How many times today?  Do you use this every day? |
| Charging your phone |  |  |
| Using a computer |  |  |
| Boiling a kettle |  |  |
| Watching TV |  |  |
| Turning lights on |  |  |
| Using a microwave or oven |  |  |
| Having the heating on |  |  |
| Playing on a games console |  |  |
| Using an alarm clock |  |  |
| Showering |  |  |
| Using a hairdryer |  |  |
| Using hair straighteners/curlers |  |  |
| Using a dishwasher |  |  |
| Using a tumble dryer |  |  |
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Make a poster with five ways of reducing electricity.