

INTERVENTION OVERVIEW

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| **NAME OF INTERVENTION** |
| Dietary Intervention (New Food Experiences) |
| **AREA OF FOCUS (PLEASE HIGHLIGHT)** |
| ***COGNITION AND LEARNING*** | ***COMMUNICATION AND INTERACTION*** | ***SOCIAL, EMOTIONAL AND MENTAL HEALTH*** | ***PHYSICAL AND SENSORY*** | ***SELF-HELP AND INDEPENDENCE*** |
| **INTENT** |
| The aim of the intervention is;To increase tolerance and acceptance of a wider range of foods.To support the development of a broad and balance diet in a safe environment.To increase the tolerance of smell, texture, and taste of a range of foods for students who have an extremely limited diet due to having sensory processing differences.  |
| **IMPLEMENTATION** |
| The programmes in place have been supported by our School Occupational Therapist.A weekly small group session is held that focusses on key areas of development and support;Tolerance of food presence by;* Touching different foods and textures
* Smelling foods
* Kissing foods by touching lips only
* Licking foods
* Biting foods of different textures
* Chewing and swallowing.

As the students’ progress, they will experience new foods through cooking experiences. Students are exposed certain food types at a time as to not overload the sensory system. |
| **IMPACT** |
| Liaising with parents to generalise the tolerance.Feedback from students and parents.Monitor and tracking on Evidence for Learning |