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INTERVENTION OVERVIEW

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| **NAME OF INTERVENTION** | | | | |
| Dietary Intervention (New Food Experiences) | | | | |
| **AREA OF FOCUS (PLEASE HIGHLIGHT)** | | | | |
| ***COGNITION AND LEARNING*** | ***COMMUNICATION AND INTERACTION*** | ***SOCIAL, EMOTIONAL AND MENTAL HEALTH*** | ***PHYSICAL AND SENSORY*** | ***SELF-HELP AND INDEPENDENCE*** |
| **INTENT** | | | | |
| The aim of the intervention is;  To increase tolerance and acceptance of a wider range of foods.  To support the development of a broad and balance diet in a safe environment.  To increase the tolerance of smell, texture, and taste of a range of foods for students who have an extremely limited diet due to having sensory processing differences. | | | | |
| **IMPLEMENTATION** | | | | |
| The programmes in place have been supported by our School Occupational Therapist.  A weekly small group session is held that focusses on key areas of development and support;  Tolerance of food presence by;   * Touching different foods and textures * Smelling foods * Kissing foods by touching lips only * Licking foods * Biting foods of different textures * Chewing and swallowing.   As the students’ progress, they will experience new foods through cooking experiences.  Students are exposed certain food types at a time as to not overload the sensory system. | | | | |
| **IMPACT** | | | | |
| Liaising with parents to generalise the tolerance.  Feedback from students and parents.  Monitor and tracking on Evidence for Learning | | | | |