

**3 Year Long Term Overview**

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| **Subject****Physical Education** | **Autumn Term Theme** | **Spring Term Theme** | **Summer Term Theme** |
| **Year 1** | ***Fair Trade******Tennis skills****Using a range of tactics and strategies to overcome opponents in direct competition through team and individual games.* | ***My Environment******Orienteering****Develop an understanding of the local environment, working in teams and developing skills to solve problems.* | ***Space******NASA Training Programme****Practice a range of physical activities to train like an astronaut.* |
| **Year 2** | ***Around the World******Football skills****Using a range of tactics and strategies to overcome opponents in direct competition through team and individual games.* | ***Farm to Fork******Gymnastics****Develop an understanding of keeping our bodies healthy and active.* | ***Lights Camera Action******Rounders*** |
| **Year 3** | ***Best of British******Basketball skills****Using a range of tactics and strategies to overcome opponents in direct competition through team and individual games.* | ***Looking After Me******Dance****Develop an understanding of how we look after our bodies.* | ***Animal Kingdom******Athletics*** |