**West Lancashire Community High School**

**ASDAN Personal Develop Programme/Lifeskills Challenge**

**ASDAN - Duke of Edinburgh Sessions**

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| **KS5** | **Autumn Term** | **Spring Term** | **Summer Term** |
| **Cycle 1** | **7. Health and Wellbeing**  7A7 – Learn basic first aid skills  **5.My Environment**  5B6 – Carry out a task to appreciate the environment  **1.Communication**  1A7 – Plan journeys using a map | | |
| **LifeSkills Challenge** | **2253 –** Basic First Aid  **1055 –** Learning to map read | | |
| **Cycle 2** | **7.Health and Wellbeing**  7B1 – Undertake a recognised course  **5.My Environment**  5A1 – Report back on a walk in the countryside | | |
| **Lifeskills Challenge** | **2253 –** Basic First Aid  **4652 –** Countryside Code | | |
| **Cycle 3** | **7.Health and Wellbeing**  7B4 – Curate an exhibition of artworks  **11. Expressive Arts**  11B6 – Learn a new creative skill  **1.Communcation**  1A7 – Plan Journeys using a map | | |
| **Lifeskills Challenge** | **1055 –** Learning to map read  **1759 –** Group Nature Project | | |