**West Lancashire Community High School**

**ASDAN Personal Develop Programme/Lifeskills Challenge**

**ASDAN - Duke of Edinburgh Sessions**

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| **KS5** | **Autumn Term** | **Spring Term** | **Summer Term** |
| **Cycle 1** | **7. Health and Wellbeing**7A7 – Learn basic first aid skills**5.My Environment**5B6 – Carry out a task to appreciate the environment**1.Communication** 1A7 – Plan journeys using a map  |
| **LifeSkills Challenge** | **2253 –** Basic First Aid**1055 –** Learning to map read |
| **Cycle 2** | **7.Health and Wellbeing**7B1 – Undertake a recognised course**5.My Environment** 5A1 – Report back on a walk in the countryside  |
| **Lifeskills Challenge** | **2253 –** Basic First Aid**4652 –** Countryside Code |
| **Cycle 3** | **7.Health and Wellbeing** 7B4 – Curate an exhibition of artworks**11. Expressive Arts**11B6 – Learn a new creative skill**1.Communcation**1A7 – Plan Journeys using a map  |
| **Lifeskills Challenge** | **1055 –** Learning to map read**1759 –** Group Nature Project |