**West Lancashire Community High School**

**ASDAN Personal Develop Programme/LifeSkills Challenge/Towards Independence**

**ASDAN– Work Experience Sessions**

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| **KS5** | **Autumn Term** | **Spring Term** | **Summer Term** |
| **Cycle 1** | **2. My Community**2B1 – complete a period of community work2B2 – Complete a period of voluntary work  | **5.My Environment**5B4 – Help improve your local environment  |
| **Lifeskills Challenge** | **2860 –** Work Experience (volunteering)**4571 –** Work experience – using personal protective equipment | **1759 –** Group nature project |
| **Towards Independence** | **Horticulture –** Section A: Getting ready to work in the garden | **Horticulture –** Section D: Growing plants outdoors |
| **Cycle 2** | **2. My Community**2B2 – Complete a period of voluntary work  | **5. My Environment**5B6 – Carry out a task to appreciate your environment  |
| **Lifeskills Challenge** | **2860 –** Work Experience (volunteering)**4571 –** Work experience – using personal protective equipment | **1759 –** Group nature project |
| **Towards Independence** | **Horticulture –** Section B: Using tools safely | **Horticulture –** Section E: Keeping the garden tidy |
| **Cycle 3** | **5. My Environment** 5 B3 – Visit a recycling centre | **8. World of Work**8B1 - Complete a period of work experience  | **2. My Community** 2B2 – Complete a period of voluntary work |
| **Lifeskills Challenge** | **2661 -** Recycling | **2860 –** Work Experience (volunteering) | **2860 –** Work Experience (volunteering) |
| **Towards Independence** | **Horticulture –** Section C: Growing seeds and plants indoors | **Horticulture –** Section F: Project |