** West Lancashire Community High School**

**ASDAN Sessions**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **KS5** | **Autumn Term** | **Spring Term** | | **Summer Term** |
| **Cycle 1**  **PDP** | **1.Communication**  1A1 – follow instructions to make something  1A4 – Entertain a group of people  **2. My Community**  2A2 - Research organisation that work internationally  2A1 – research organisations that work locally  **6.Number Handling**  6A3 – Find out about different savings accounts  6A4 – Plan the cost of a birthday celebrations | **3.Sport and Leisure**  3A1 – Take part in indoor activities  3A7 – Take part in a geocaching activity  3A8 - Give a presentation in health and well-being  **5.My Environment**  5A4 – Present a study on an aspect of British Heritage  5A3 – Carry out a traffic survey  **6.Number Handling**  6A6 – Plan a journey by public transport  6A8 – Record and evaluate data | | **6.Number Handing**  6B1 – Re-design a room  6B2 – Carry out a survey about consumer choices  **9.Science and Technology**  9A7 – Create a guide on using social media safely  **11.Expressive Arts**  11A4 – Learn to play a new piece of music  11A5 – Perform in front of an audience |
| **Cycle 1**  **LifeSkills Challenge** | **4874 –** Writing instructions  **3357** – Developing Functional Skills in response to events and different forms of entertainment  **1217** – Community Organisations and how they help people  **5949** – Personal Budgeting  **4799** – Budgeting my bills | **4531 –** Sport Leadership  **1612 –** Following on-foot directions  **3859 –** Developing an understanding of daily hygiene routines to maintain good health and well-being  **2923 –** Travelling in the local community  **4813** – In my community – collecting data | | **3120 –** Design a garden  **5981 –** Hobbies and interests – data collection  **3265 –** Staying safe on social media  **2251 –** Making music for beginners |
| **Cycle 1**  **TI – Introduction** | **Sound, Rhythm & Music (Tuesday)**  Section J: Project  **Engaging with the World Around Me: Events (Wednesday)**  **Creativity (Friday)**  Section C: Pottery | | **Sound, Rhythm & Music (Tuesday)**  Section C: Making sounds with your body/Section E: Playing percussion  **Engaging with the World Around Me: Events (Wednesday)**  **Creativity (Friday)**  Section D: Making pictures | |
| **Cycle 1**  **TI Progression** | **Sound, Rhythm & Music (Monday)**  Section J: Project  **Using Leisure Time (Wednesday)**  **Craft Making (Friday)**  Section H: Woodcraft and model making | | **Sound, Rhythm & Music (Monday)**  Section C: Making sounds with your body/Section E: Playing percussion  **Using Leisure Time (Wednesday)**  **Craft Making (Friday)**  Section E: Jewellery making | |
| **Cycle 2**  **PDP** | **1.Communication**  1A6 – Create an informative poster or leaflet 1B1 – Write about a project you were involved in  **2.My Community**  2A6 – Design a campaign to promote your community  2A5 – Find out about local community issues  **7.Health and Well-being**  7A3 – Take part in emotional wellbeing activities  7A4 – Keep a record of emotional wellbeing activities | **2.My Community**  2B3 – Raise funds for a charity or cause  **5.My Environment**  5A6 – Make a display about an environmental issue  5B1 – Carry out a survey about environmental impact  5A7 – Find out about a conversation organisation  **7.Health and Well-being**  7B5 – Create a health and wellbeing guide | | **3.Sport and Leisure**  3A9 – Interview a keen amateur sports person  **6.Number Handling**  6B4 – Find out about managing personal finances  **7.Health and Well-being**  7A6 – Make a list of mental health helplines  7B2 – Carry out a survey on well-being activities  **11.Expressive Arts**  11A6 – Create a product for display  11B4 – Curate an exhibition of artworks |
| **Cycle 2**  **LifeSkills Challenge** | **5846 –** Create a poster using google slides  **3013 –** Creative group project  **4813 –** In my community – collecting data  **1381** – Road safety - pedestrians | **4388 –** Contributing to the planning of a charity event  **5527 –** Chemical products used in the home and their environmental impact  **2956** – Mental health and well-being | | **3922 –** Interview preparation  **5430 –** Employment – Independent living and housing  **2971 –** Participating in a mental health and wellbeing activity.  **4855** – Recycling products to make artwork |
| **Cycle 2**  **TI – Introduction** | **Sound, Rhythm & Music (Tuesday)**  Section F: Using your voice/Section G: Singing together  **Engaging with the World Around Me: Objects (Wednesday)**  **Creativity (Friday)**  Section F: Project | | **Sound, Rhythm & Music (Tuesday)**  Section D: Making rhythms  **Engaging with the World Around Me: Objects (Wednesday)**  **Creativity (Friday)**  Section E: My kind of music | |
| **Cycle 2**  **TI - Progression** | **Sound, Rhythm & Music (Monday)**  Section F: Using your voice/Section G: Singing together  **Independent Living (Wednesday)**  **Craft Making (Friday)**  Section I: Project | | **Sound, Rhythm & Music (Monday)**  Section D: Making rhythms  **Independent Living (Wednesday)**  **Craft Making (Friday)**  Section G: Arts and Crafts | |
| **Cycle 3**  **PDP**  **2023-2024** | **1.Communication**  1B2 – Give an illustrated talk on a topic  **2.My Community**  2A1 – Research organisations that work locally  2A3- Collect information about a social or local issue  **3.Sport and Leisure**  3B3 – Research local sport or leisure activities  3B4- Carry out a sport and leisure survey  **5.My Environment**  5A5 – Find out about your local environment | **5.My Environment**  5A2 – Find out about environmentally friendly products  5B2 – Improve the look of a garden  5B5 – Produce a report on an environment topic  **6.Number Handling**  6A2 – Compare the costs of buying a phone  **7.Health and Well-being**  7A1 – Carry out a survey of personal hygiene products  7B6 – Organise a wellness day in your school or centre | | **1.Communication**  1B3 – Make an illustrated storybook  **7.Health and Well-being**  7A8 – Listen to a talk on mental well-being  7B2 – Carry out a survey on well-being activities  **9.Science and Technology**  9A8 – Produce a leaflet or poster on cyberbullying  **11.Expressive Arts**  11A7 – Visit an exhibition and write a critical review  11A8 – Interview a local creative professional |
| **Cycle 3**  **LifeSkills**  **Challenge** | **5786 –** Give an instructional presentation on dog welfare for new owners  **6756** – Find out about different charities  **1387** – Road users and anti-social behaviour  **5503** – Research facilities in the local area  **4813** – In my community – collecting data  **5503** – Research facilities in local area | **5527 –** Chemical products used in the home ad their environmental impact  **1045 –** participate in garden activities  **6677 –** News reporting – Community  **3835 –** Develop functional skills in relation to shops and shopping  **4813** – In my community – collecting data  **5624** – Understanding well-being | | **4882 –**Writing fantasy fiction  **2956** – Mental Health and Well-being  **4813** – In my community – collecting data  **4626** – create a poster using a computer |
| **Cycle 3**  **TI – Introduction** | **Sound, Rhythm & Music (Tuesday)**  Section I: Taking part in a musical performance  **Engaging with the World Around Me: People (Wednesday)**  **Creativity (Friday)**  Section A: Costume performance | | **Sound, Rhythm & Music (Tuesday)**  Section A: Listening to sounds/Section H: Listening to music  **Engaging with the World Around Me: People (Wednesday)**  **Creativity (Friday)**  Section B: Printing | |
| **Cycle 3**  **TI - Progression** | **Sound, Rhythm & Music (Monday)**  Section I: Taking part in a musical performance  **The Wider World (Wednesday)**  **Craft Making (Friday)**  Section C: Knit & stitch | | **Sound, Rhythm & Music (Monday)**  Section A: Listening to sounds/Section H: Listening to music  **The Wider World (Wednesday)**  **Craft Making (Friday)**  Section D: Papercraft | |