** West Lancashire Community High School**

**ASDAN Sessions**

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| **KS5** | **Autumn Term** | **Spring Term** | **Summer Term** |
| **Cycle 1****PDP** | **1.Communication** 1A1 – follow instructions to make something1A4 – Entertain a group of people **2. My Community** 2A2 - Research organisation that work internationally 2A1 – research organisations that work locally**6.Number Handling**6A3 – Find out about different savings accounts6A4 – Plan the cost of a birthday celebrations | **3.Sport and Leisure**3A1 – Take part in indoor activities3A7 – Take part in a geocaching activity 3A8 - Give a presentation in health and well-being**5.My Environment**5A4 – Present a study on an aspect of British Heritage 5A3 – Carry out a traffic survey**6.Number Handling**6A6 – Plan a journey by public transport6A8 – Record and evaluate data | **6.Number Handing** 6B1 – Re-design a room6B2 – Carry out a survey about consumer choices**9.Science and Technology**9A7 – Create a guide on using social media safely**11.Expressive Arts**11A4 – Learn to play a new piece of music11A5 – Perform in front of an audience  |
| **Cycle 1****LifeSkills Challenge**  | **4874 –** Writing instructions **3357** – Developing Functional Skills in response to events and different forms of entertainment**1217** – Community Organisations and how they help people**5949** – Personal Budgeting**4799** – Budgeting my bills | **4531 –** Sport Leadership**1612 –** Following on-foot directions**3859 –** Developing an understanding of daily hygiene routines to maintain good health and well-being**2923 –** Travelling in the local community **4813** – In my community – collecting data | **3120 –** Design a garden**5981 –** Hobbies and interests – data collection**3265 –** Staying safe on social media**2251 –** Making music for beginners |
| **Cycle 1****TI – Introduction** | **Sound, Rhythm & Music (Tuesday)**Section J: Project**Engaging with the World Around Me: Events (Wednesday)****Creativity (Friday)**Section C: Pottery | **Sound, Rhythm & Music (Tuesday)**Section C: Making sounds with your body/Section E: Playing percussion**Engaging with the World Around Me: Events (Wednesday)****Creativity (Friday)**Section D: Making pictures |
| **Cycle 1****TI Progression** | **Sound, Rhythm & Music (Monday)**Section J: Project**Using Leisure Time (Wednesday)****Craft Making (Friday)**Section H: Woodcraft and model making | **Sound, Rhythm & Music (Monday)**Section C: Making sounds with your body/Section E: Playing percussion**Using Leisure Time (Wednesday)****Craft Making (Friday)**Section E: Jewellery making |
| **Cycle 2****PDP** | **1.Communication**1A6 – Create an informative poster or leaflet1B1 – Write about a project you were involved in**2.My Community** 2A6 – Design a campaign to promote your community2A5 – Find out about local community issues**7.Health and Well-being** 7A3 – Take part in emotional wellbeing activities 7A4 – Keep a record of emotional wellbeing activities  | **2.My Community**2B3 – Raise funds for a charity or cause**5.My Environment**5A6 – Make a display about an environmental issue5B1 – Carry out a survey about environmental impact 5A7 – Find out about a conversation organisation **7.Health and Well-being**7B5 – Create a health and wellbeing guide  | **3.Sport and Leisure**3A9 – Interview a keen amateur sports person**6.Number Handling** 6B4 – Find out about managing personal finances**7.Health and Well-being**7A6 – Make a list of mental health helplines7B2 – Carry out a survey on well-being activities **11.Expressive Arts** 11A6 – Create a product for display11B4 – Curate an exhibition of artworks |
| **Cycle 2****LifeSkills Challenge** | **5846 –** Create a poster using google slides**3013 –** Creative group project**4813 –** In my community – collecting data**1381** – Road safety - pedestrians | **4388 –** Contributing to the planning of a charity event**5527 –** Chemical products used in the home and their environmental impact**2956** – Mental health and well-being  | **3922 –** Interview preparation**5430 –** Employment – Independent living and housing**2971 –** Participating in a mental health and wellbeing activity.**4855** – Recycling products to make artwork |
| **Cycle 2** **TI – Introduction** | **Sound, Rhythm & Music (Tuesday)**Section F: Using your voice/Section G: Singing together**Engaging with the World Around Me: Objects (Wednesday)****Creativity (Friday)**Section F: Project | **Sound, Rhythm & Music (Tuesday)**Section D: Making rhythms**Engaging with the World Around Me: Objects (Wednesday)****Creativity (Friday)**Section E: My kind of music |
| **Cycle 2****TI - Progression** | **Sound, Rhythm & Music (Monday)**Section F: Using your voice/Section G: Singing together**Independent Living (Wednesday)****Craft Making (Friday)**Section I: Project | **Sound, Rhythm & Music (Monday)**Section D: Making rhythms**Independent Living (Wednesday)****Craft Making (Friday)**Section G: Arts and Crafts |
| **Cycle 3****PDP****2023-2024** | **1.Communication**1B2 – Give an illustrated talk on a topic**2.My Community**2A1 – Research organisations that work locally2A3- Collect information about a social or local issue**3.Sport and Leisure**3B3 – Research local sport or leisure activities 3B4- Carry out a sport and leisure survey **5.My Environment**5A5 – Find out about your local environment  | **5.My Environment**5A2 – Find out about environmentally friendly products5B2 – Improve the look of a garden5B5 – Produce a report on an environment topic **6.Number Handling**6A2 – Compare the costs of buying a phone**7.Health and Well-being** 7A1 – Carry out a survey of personal hygiene products7B6 – Organise a wellness day in your school or centre | **1.Communication** 1B3 – Make an illustrated storybook**7.Health and Well-being** 7A8 – Listen to a talk on mental well-being 7B2 – Carry out a survey on well-being activities **9.Science and Technology**9A8 – Produce a leaflet or poster on cyberbullying**11.Expressive Arts**11A7 – Visit an exhibition and write a critical review11A8 – Interview a local creative professional  |
| **Cycle 3****LifeSkills****Challenge** | **5786 –** Give an instructional presentation on dog welfare for new owners**6756** – Find out about different charities **1387** – Road users and anti-social behaviour**5503** – Research facilities in the local area**4813** – In my community – collecting data**5503** – Research facilities in local area | **5527 –** Chemical products used in the home ad their environmental impact**1045 –** participate in garden activities**6677 –** News reporting – Community**3835 –** Develop functional skills in relation to shops and shopping**4813** – In my community – collecting data**5624** – Understanding well-being | **4882 –**Writing fantasy fiction **2956** – Mental Health and Well-being**4813** – In my community – collecting data**4626** – create a poster using a computer  |
| **Cycle 3****TI – Introduction** | **Sound, Rhythm & Music (Tuesday)**Section I: Taking part in a musical performance**Engaging with the World Around Me: People (Wednesday)****Creativity (Friday)**Section A: Costume performance | **Sound, Rhythm & Music (Tuesday)**Section A: Listening to sounds/Section H: Listening to music**Engaging with the World Around Me: People (Wednesday)****Creativity (Friday)**Section B: Printing |
| **Cycle 3****TI - Progression** | **Sound, Rhythm & Music (Monday)**Section I: Taking part in a musical performance**The Wider World (Wednesday)****Craft Making (Friday)**Section C: Knit & stitch | **Sound, Rhythm & Music (Monday)**Section A: Listening to sounds/Section H: Listening to music**The Wider World (Wednesday)****Craft Making (Friday)**Section D: Papercraft |