Dear Parents and Carers, welcome to May’s Safeguarding letter.

It’s difficult to know what to do or say as a parent in response to the conflict in Ukraine. Our young people become confused and anxious that the war in Ukraine may become bigger and spread wider and seeing all the footage coming out of Ukraine can be distressing.

As a school we raised a significant sum of money to support medical care through the Sunflower of peace foundation for Ukraine which helped our young learners to feel that they are involved in appositive way

• How much should they know?

• How do you help them manage anxiety around what they see on social media and the news?

The resources in the BBC Bitesize Parents Toolkit will guide you in the best ways to respond to the natural curiosity and growing anxiety of our children at this terrifying time. https://www.bbc.co.uk/bitesize/articles/znsmxyc

Start by finding out what your child knows already

Tackle the news head-on and talk about it openly and calmly

Stick to the facts

Educate them about reliable sources of information

Encourage your child to ask questions and share their feelings

Reassure them and let them know it's normal to be concerned

Do something positive with your child More information and guidance can be found here:

https://www.youngminds.org.uk/parent/blog/top-tips-for-talkingto-youryoung-person-about-the-events-in-ukraine/ Talking to Your Child About the War in Ukraine - Ineqe Safeguarding Group

Kind Regards

Andrew Grant -DSL

UkRAINE

PAW- Parents are watching !

POS- Parents over shoulder !

WTPA- Where’s the party at?

ASL-Age Sex Location?

LMIRL-Lets meet in real life

KPC-Keeping Parents Clueless

FYEO or 4YEO- For Your Eyes Only ( may refer to explicit images)

Useful tEEN ONLINE Terminology

DSL – Designated Safeguarding Lead

DSP-Designated Safeguarding Person

CAMHS - Child & Adolescent Mental Health Services

CPOMS – Child Protection Online Monitoring and Safeguarding system

CSE – Child Sexual Exploitation

DfE – Department for education

Early Help – provides support as soon as a problem emerges in a child’s life.

useful SCHOOL abbreviations