

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soren and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

- ✔ Homemade Macaroni Cheese served with peas
- ✔ Vegetarian Sausage Roll Served with potato waffles baked beans or peas
- ✔ Vanilla ice cream

### Tuesday

- ✔ Pork sausage with creamed potatoes, seasonal fresh carrots and peas served with gravy
- ✔ Cheese or cheese and ham panini served with salad
- ✔ Fresh fruit segments or yoghurt

### Wednesday

- ✔ Beef burger in a bun served with diced potatoes, salad or sweetcorn
- ✔ Oriental style stir-fry vegetables and noodles
- ✔ Jelly and fruit

### Thursday

- ✔ Oven baked Fish Fingers served with chunky chipped potatoes, garden peas, or baked beans
- ✔ Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans
- ✔ Homemade chocolate and blueberry muffin

### Friday

- ✔ Hunters Chicken, BBQ sauce and cheese served with saute potatoes and garden peas
- ✔ Homemade creamy Cajun pasta served with garden peas
- ✔ Homemade melting moment biscuit

## Week Two

### Meat Free Monday

- ✔ Homemade Individual Margarita Pizzas served with diced potatoes and sweetcorn
- ✔ Homemade Tomato and Basil pasta served with garlic bread and sweetcorn
- ✔ Fruit smoothie or ice cream

### Tuesday

- ✔ Roast Turkey served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy
- ✔ Cheese Flan served with roast & creamed potatoes, seasonal fresh carrots and broccoli
- ✔ Fresh fruit segments or yoghurt

### Wednesday

- ✔ Chilli beef burritos served with vegetable Rice and seasonal vegetables
- ✔ Smokey paprika pasta served with broccoli
- ✔ Jelly and fruit

### Thursday

- ✔ Oven baked battered fish served with chunky chipped potatoes garden peas or baked beans
- ✔ Crumb coated chicken served with chunky chipped potatoes, garden peas or baked beans
- ✔ Homemade Butternut Squash cake

### Friday

- ✔ Brunch lunch served with has brown, baked beans or tomatoes
- ✔ Cheese omelette served with hash brown, baked beans or tomatoes.
- ✔ Homemade lemon drizzle cake

## Week Three

### Meat Free Monday

- ✔ Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables
- ✔ Selection of filled wraps served with diced potatoes and salad or coleslaw
- ✔ Vanilla ice cream

### Tuesday

- ✔ Chicken curry served with rice and mango chutney
- ✔ Quorn served with vegetable couscous
- ✔ Fresh fruit segments or yoghurt

### Wednesday

- ✔ Sweet and sour chicken served with noodles
- ✔ Chilled Tuna pasta salad with sweetcorn
- ✔ Jelly and fruit

### Thursday

- ✔ Oven baked crumb coated chicken served with chunky chipped potatoes, garden peas or baked beans
- ✔ Oven baked Fish stars served with chunky chipped potatoes, garden peas or baked beans
- ✔ Homemade Chocolate Sponge Cake

### Friday

- ✔ Homemade cottage pie served with broccoli or cauliflower
- ✔ Cheesy bean enchiladas served with salad
- ✔ Ice-cream roll

## School Menu Autumn/Winter 2024



= Vegetarian V = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

Menu cycle week one :  
2<sup>nd</sup> Sept, 23<sup>rd</sup> Sept, 14<sup>th</sup> Oct, 4<sup>th</sup> Nov, 25<sup>th</sup> Nov

Menu cycle week two:  
9<sup>th</sup> Sept, 30<sup>th</sup> Sept, 21<sup>st</sup> Oct, 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec

Menu cycle week three:  
16<sup>th</sup> Sept, 7<sup>th</sup> Oct, 28<sup>th</sup> Oct, 18<sup>th</sup> Nov, 9<sup>th</sup> Dec

