

SCHOOL MEALS

Available daily as an alternative:- Filled jacket potatoes served with vegetables, a dessert and a drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, Soreen or cheese & biscuits.

Available daily:- Unlimited fresh salad and wholemeal bread. Drinking water or fresh milk.



Week One

Meat Free Monday

- ✓ Homemade Macaroni Cheese
- ✓ Vegetarian Sausage Roll served with savoury potatoes, baked beans or garden peas
- Vanilla Ice Cream

Tuesday

Roast Gammon served with creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

✓ Cajun Chicken served with tomato penne and fresh carrots and broccoli

Fresh Fruit Segments or Yoghurt

Wednesday

✓ Pork Sausage served with creamed potatoes, gravy, seasonal fresh carrots and peas

✓ Vegetable stir fry with egg noodles

✓ Jelly and Fruit

Thursday

✓ Oven baked Fish Stars served with chunky chipped potatoes, garden peas or baked beans

✓ Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Lemon Drizzle Cake

Friday

✓ Homemade Spaghetti Bolognese served with garden peas

✓ Homemade Cheese Flan served with baked wedged potatoes garden peas or baked beans

Chocolate and Blueberry muffin

Week Two

Meat Free Monday

- ✓ Margarita Pizza served with herby diced potatoes, and sweetcorn
- ✓ Baked Jacket Potato with a selection of fillings
- Vanilla Ice Cream

Tuesday

Roast Turkey served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

✓ Tomato and Mascarpone Pasta Bake

Fresh Fruit Segments or Yoghurt

Wednesday

Steak and onion pie served with creamed potatoes and seasonal vegetables

Ham or cheese omelettes served with creamed potatoes and baked beans

✓ Jelly and Fruit

Thursday

✓ Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

✓ Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Homemade Squash cake

Friday

Italian chicken served with sauté potatoes and seasonal vegetables

✓ Tuna and Cheese Pasta served with sauté potatoes and seasonal vegetables

Mini Jam Doughnut

Week Three

Meat Free Monday

- ✓ Homemade Tomato Pasta Bake served with seasonal vegetables
- ✓ Crumb coated Quorn served with herby diced potatoes and baked beans
- Vanilla Ice Cream

Tuesday

✓ Roast Chicken served with gravy, roast & creamed potatoes, seasonal fresh carrots and broccoli

✓ Homemade Cheese flan served with fresh carrots and broccoli

Fresh Fruit Segments or Yoghurt

Wednesday

✓ Chicken Tikka Masala served with 50/50 rice and seasonal vegetables

✓ Savoury rice with Quorn strips

✓ Jelly and Fruit

Thursday

Crumb Coated chicken served with chunky chipped potatoes, garden peas or baked beans

✓ Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Sticky Toffee Cake

Friday

✓ Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

✓ Vegetable Frittata served with homemade tomato & basil sauce and garden peas

Homemade rice pudding



Menu cycle week one: 6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec, 10 Jan, 31 Jan, 21 Feb, 14 Mar, 7 Apr

Menu cycle week two: 13 Sept, 4 Oct, 25 Oct 15 Nov, 6 Dec, 27 Dec, 17 Jan, 7 Feb, 28 Feb, 21 Mar, 14 Apr

Menu cycle week three: 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13 Dec, 3 Jan, 24 Jan, 14 Feb, 7 Mar, 28 Mar, 21 Apr



✓ = Vegetarian ✓ = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



WARRINGTON
Borough Council