

PE

Term	EY	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Autumn 1	Real PE Co-ordination - footwork. Static balance - one leg. Start - Dynamic balance and agility - jumping and landing	Real PE Personal: Coordination (10) and Static Balance (1) / Ball Skills	Real PE Personal: Coordination (10) & Static Balance (1) / Ball Skills	Real PE Personal : Coordination (10) and Static Balance (1) / Ball Skills	Real PE Personal: Coordination (10) and Static Balance (1) / Athletics	Real PE Personal: Coordination (8) and Agility (11) / Athletics	Real PE Personal: Coordination (8) and Agility (11) / Athletics
Autumn 2	Real PE - Static balance - seated. Dynamic balance - on a line. Static balance - stance.	Real PE Social: Dynamic Balance to Agility (6) and Static Balance (2) / Creative Steps Dance: Transport, Traveling and Journeys	Real PE Social: Dynamic Balance to Agility (6) and Static Balance (2) / Creative Steps Dance: Transport, Traveling and Journeys	Real PE Social: Dynamic Balance to Agility (6) and Static Balance (2) / Dodgeball	Real PE Social: Dynamic Balance to Agility (6) and Static balance (2) / Football	Real PE Social: Dynamic Balance (5) and Counter Balance (7) / Netball	Real PE Social: Dynamic Balance (5) and Counter Balance (7) / Hockey
Spring 1	Real PE - Static balance - stance. Co-ordination - ball skills. Counter balance - with a parent. Start - cordination - sending and receiving.	Real PE Cognitive: Dynamic Balance (5) and Static Balance (4) /	Real PE Cognitive: Dynamic Balance (5) and Static Balance (4) /	Real PE Cognitive: Dynamic Balance (5) and Coordination (9) /	Real PE Cognitive: Dynamic Balance (5) and Coordination (9) /	Real PE Cognitive: Coordination (9) and Agility (12) / Dodgeball	Real PE Cognitive: Coordination (9) and Agility (12) /
Spring 2	Co-ordination - sending and receiving. Agility - reaction/response. Ball chasing. Static balance - floor work.	Real PE Creative: Coordination (9) and Counter Balance (7) /	Real PE Creative: Coordination (9) and Counter Balance (7) /	Real PE Creative: Coordination (8) and Counter Balance (7) /	Real PE Creative: Coordination (8) and Counter Balance (7) /	Real PE Creative: Static Balance (2) and Static Balance (3)/ Dodgeball	Real PE Creative: Static Balance (2) and Static Balance (3)/
Summer 1	Real PE - Static balance - floor work. Real Gym - shape. Travel.	Real PE Physical: Coordination (8) and Agility (12) /	Real PE Physical: Coordination (8) and Agility (12) /	Real PE Physical: Agility (12) and Static Balance (3) /	Real PE Physical: Agility (12) and Static Balance (3) /	Real PE Physical: Dynamic Balance to Agility (6) and Static Balance (1) /	Real PE Physical: Dynamic Balance to Agility (6) and Static Balance (1) /
Summer 2	Real Gym - Flight. Rotation.	Real PE Health and Fitness: Agility (11) and Static Balance (3) /	Real PE Health and Fitness: Agility (11) and Static Balance (3) /	Real PE Health and Fitness: Agility (11) and Static Balance (4) /	Real PE Health and Fitness: Agility (11) and Static Balance (4) /	Real PE Health and Fitness: Static Balance (4) and Coordination (10) /	Real PE Health and Fitness: Static Balance (4) and Coordination (10) /