



Creative Steps Dance- Year Group Key Learning Progression Document

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Personal + Social					
<p>Work safely by myself considering those around me. Work sensibly with different partners; taking turns and sharing.</p> <p>Listen carefully and follow instructions and ideas. Share my ideas with others.</p> <p>Contrast/complement my actions to those of my partner.</p>	<p>Work safely and creatively in a pair or in a small group. Work with a variety of different people.</p> <p>Listen to the ideas of others and tell them about my own. Help and support others by giving helpful feedback.</p> <p>Receive the feedback of others and use it to improve my dance ideas. Describe dance ideas to others using some specific dance vocabulary.</p>	<p>Anticipate any safety issues and take avoiding action. Work in pairs or small groups with a range of people.</p> <p>Contribute ideas to a group or pair. Express my dance ideas to a partner.</p> <p>Give and receive constructive feedback. Respond to the ideas of others.</p>	<p>Work in groups of a variety of sizes with a range of people. Respond to the ideas of others and combine ideas.</p> <p>Listen and watch attentively. Regularly contribute ideas.</p> <p>Give sensitive feedback. Receive feedback in a constructive manner.</p> <p>Describe dance ideas to another person using some dance terminology.</p>	<p>Work in groups of various sizes with a range of people taking on different roles. Respond to the ideas of others and combine ideas.</p> <p>Give sensitive feedback and receive feedback in a constructive manner. Describe dance ideas to another person using a good level of dance terminology.</p>	<p>Successfully work in a group of a variety of size and take on different roles. Regularly contribute original ideas.</p> <p>Select group sizes to maximise the effectiveness of an idea. Respond constructively to the ideas of others and combine ideas.</p> <p>Give sensitive feedback articulating what the dance conveyed and justifying my reasoning. Describe dance ideas to another person using a range of dance terminology effectively.</p>

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Physical + Health and Fitness					
<p>Use a number of different travelling actions using my feet and other parts of my body. Use different speeds and sizes to vary my actions.</p> <p>Balance in different shapes with some control. Name and perform a wide range of actions e.g. elevation, turning, gesture, travel, stillness, falling.</p> <p>Link actions and perform with coordination and control.</p>	<p>Know the difference between and can perform a wide range of travelling actions. Turn in both directions.</p> <p>Hold a sustained balance. Use speed and size to alter my actions to create an effect.</p> <p>Safely perform a range of jumps and hops. I can turn on the spot without falling.</p> <p>Co-ordinate simple upper body and lower body actions. Use stillness as an effective part of my performance.</p> <p>Explore, copy, remember and repeat a sequence of actions performing with fluency.</p>	<p>Use stillness effectively. Differentiate between and perform a wide range of travelling actions with a degree of accuracy.</p> <p>Sustain a static or dynamic balance. Turn on the spot with control.</p> <p>Turn confidently in both directions. Differentiate between and perform a wide range of gestures.</p> <p>Safely perform a range of jumps and can control my size and dynamics. Co-ordinate upper body and lower body actions.</p> <p>Think about using size and speed of actions to create an effect. Perform a sequence of actions with accuracy and fluidity.</p>	<p>Turn on the spot in both directions with control. Safely perform a range of jumps in combination.</p> <p>Sustain a static or dynamic balance. Use stillness effectively paying attention to the whole body.</p> <p>Perform a wide range of travelling actions using size, directions and speeds effectively. Use facial expression to give a sense of character or mood.</p> <p>Perform a wide range of gestures and use them to convey meaning. Perform motifs accurately with consideration to rhythmic and spatial elements.</p>	<p>Perform a variety of turns on the spot with control. Safely perform a range of jumps and in combination when travelling.</p> <p>Use stillness paying attention to tension and extension in the whole body. Perform and adapt a wide range of travelling actions using different pathways.</p> <p>Perform a wide range of gestures and use them to convey meaning accurately. Sustain a variety of static and dynamic balances.</p> <p>Perform expressively to give a sense of character or mood. Remember a complex pattern of moves and perform them with a good degree of repetition and accuracy.</p>	<p>Perform and adapt a wide variety of travelling actions using different pathways consistently and accurately. Perform a wide variety of gestures and use them to convey meaning consistently and accurately.</p> <p>Use stillness effectively paying attention to tension and extension in the whole body. Use emphasis effectively.</p> <p>Use focus effectively. Sustain a variety of static or dynamic balances with a sense of aesthetics.</p> <p>Use facial expression sensitively to give a sense of character or mood. Perform accurately with control and fluency consistently.</p>

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Creative + Cognitive					
<p>Accurately copy others or my teacher. Create and hold a starting or finishing position.</p> <p>Respond to music and adjust my actions to the tempo. Follow a simple structure with some accuracy.</p> <p>Be able to use different directions appropriately. Respond to a stimulus and suggest a range of dance ideas to fit a theme.</p>	<p>Remember a simple pattern of moves in order. Beginning to use movement to communicate an idea.</p> <p>Describe my actions and those of others accurately. Respond appropriately to a variety of musical genres.</p> <p>Explore different ways of performing the same action. Use simple directions, levels and dynamics in my descriptions.</p> <p>Respond to suggestions to use different dynamics or aspects of space. Create a performance with a clear structure.</p> <p>Use unison, canon and mirroring confidently. Use a variety of different formations.</p>	<p>Describe actions, space and dynamics. Suggest variations to an action.</p> <p>Remember a pattern of moves with a degree of accuracy. Structure my work. I can use unison, canon, mirroring and contact work.</p> <p>Use a variety of formations and change between them easily. Generate more than one idea in response to a task.</p> <p>Identify sections in music and structure my work to fit the music. Describe simple relationships e.g. solo, duet, unison etc.</p> <p>Describe my actions and those of others with some detail. Select and refine my ideas to communicate the stimulus.</p>	<p>Generate several ideas in response to a task. Suggest how work can be structured.</p> <p>Suggest several variations to an action e.g. dynamics & space. Use unison, canon, mirroring and contact work including simple weight-sharing actions.</p> <p>Choose formations to give a particular effect and consider transitions. Use a variety of action, space and dynamic words.</p> <p>Describe relationships e.g. contrast, formations, contact work etc. Identify different musical tempo, rhythm, structure and mood.</p> <p>Give a detailed description of my own and others' actions.</p>	<p>Use unison, canon, mirroring, contact work, contrast and complement. Generate several ideas in response to a task, selecting and ordering them well.</p> <p>Choose a range of formations and transitions to give particular effects. Suggest and demonstrate variations to an action e.g. changing the dynamics or space.</p> <p>Suggest how work can be structured and can justify my reasons. Use a wide variety of action, space and dynamics words.</p> <p>Describe relationships and what this communicates. Identify how different tempo, rhythm, structure and mood contribute towards the overall effect.</p> <p>Describe my own actions and those of others with detail and communicate a dance idea.</p>	<p>Use unison, canon, mirroring, question and answer, contact work, contrast and complement confidently. Generate several ideas in response to a task and select and order work logically.</p> <p>Select a range of formations and transitions to give particular effects and justify my choices. Suggest challenging variations to an action.</p> <p>Use a wide variety of action, space and dynamic words. Describe relationships and reason when and why they might be used and what they might suggest.</p> <p>Suggest how work should be structured and justify my reasoning, considering repetition and a sense of climax. Consider how different music can impact on a dance I can describe my own work and those of others, communicating with sensitivity.</p>