

PSHE MONTH BY MONTH VALUES 2 YEAR ROLLING PROGRAMME

<u>MONTH</u>	<u>VALUE - FIRST YEAR</u>	<u>VALUE - SECOND YEAR</u>
September	<p style="text-align: center;"><u>Appreciation</u></p> <ul style="list-style-type: none"> Noun 1 recognition of the value or significance of something. 2 gratitude. 3 a favourable written assessment of a person or their work. 4 increase in monetary value. 	<p style="text-align: center;"><u>Caring</u></p> <ul style="list-style-type: none"> Verb 1 feel concern or interest. 2 feel affection or liking. 3 (care for/to do) like to have or be willing to do. 4 (care for) look after and provide for the needs of.
October	<p style="text-align: center;"><u>Co-operation</u></p> <ul style="list-style-type: none"> Verb 1 work jointly towards the same end. 2 comply with a request. 	<p style="text-align: center;"><u>Courage (Paralympic Value)</u></p> <ul style="list-style-type: none"> Noun 1 the ability to do something that frightens one. 2 Strength in the face of pain or grief.
November	<p style="text-align: center;"><u>Freedom (Equality Paralympic)</u></p> <ul style="list-style-type: none"> Noun 1 the power or right to act, speak, or think freely. 2 the state of being free. 3 (freedom from) exemption or immunity from. 4 unrestricted use of something: the dog had the freedom of the house. 5 a special privilege or right of access. 	<p style="text-align: center;"><u>Friendship (Olympic Value)</u></p> <ul style="list-style-type: none"> Noun 1 a person with whom one has a bond of mutual affection, typically one exclusive of sexual or family relations. 2 A familiar or helpful thing. 3 A person who supports a particular cause or organisation.
December	<p style="text-align: center;"><u>Happiness</u></p> <ul style="list-style-type: none"> Adjective (happier/happiest) 1 feeling or showing pleasure or contentment. 2 willing to do something. 	<p style="text-align: center;"><u>Honesty</u></p> <ul style="list-style-type: none"> Noun 1 the quality of being honest. 2 A plant with purple or white flowers and round, flat, translucent seed pods, so named from its seed pods, translucency symbolizing lack of deceit.
January	<p style="text-align: center;"><u>Hope</u></p> <ul style="list-style-type: none"> Noun 1 a feeling of expectation and desire for something to happen. 2 a person or thing that gives cause for hope. Verb 1 expect and want something to happen. 2 intend if possible to do something. 	<p style="text-align: center;"><u>Humility</u></p> <ul style="list-style-type: none"> Noun a humble view of one's own importance.
February	<p style="text-align: center;"><u>Love</u></p> <ul style="list-style-type: none"> Noun 1 an intense feeling of deep affection. 2 a deep romantic attachment to someone. 3 a great interest and pleasure in something. 4 a person or thing that one loves. 5 (in tennis, squash, etc.) a score of zero, apparently from the phrase <i>play for love</i> (i.e. the love of the game, not the money). 	<p style="text-align: center;"><u>Patience (Determination Paralympic Value)</u></p> <ul style="list-style-type: none"> Noun 1 the capacity to tolerate delay, trouble, or suffering without becoming angry or upset.

March	<p style="text-align: center;"><u>Peace</u></p> <ul style="list-style-type: none"> • Noun 1 freedom from disturbance; tranquillity. 2 freedom from or the ending of war. 3 (the peace) Christian Church: an action such as a handshake, signifying unity, performed during the Eucharist. - Phrases at peace 1 free from anxiety or distress. 	<p style="text-align: center;"><u>Quality (Excellence Olympic Value)</u></p> <ul style="list-style-type: none"> • Noun (pl. qualities) 1 the degree of excellence of something as measured against other similar things. 2 general excellence. 3 a distinctive attribute or characteristic.
April	<p style="text-align: center;"><u>Respect (Olympic Value)</u></p> <ul style="list-style-type: none"> • Noun 1 a feeling of admiration for someone because of their qualities or achievements. 2 due regard for the feelings or rights of others. 3 (respects) polite greetings. 4 a particular aspect, point or detail. 	<p style="text-align: center;"><u>Responsibility</u></p> <ul style="list-style-type: none"> • Noun (pl. responsibilities) 1 the state or fact of being responsible. 2 the opportunity or ability to act independently and take decisions required to do as part of a job, role, or legal obligation.
May	<p style="text-align: center;"><u>Simplicity</u></p> <ul style="list-style-type: none"> • Noun the quality or condition of being simple. 	<p style="text-align: center;"><u>Thoughtfulness</u></p> <ul style="list-style-type: none"> • Adjective 1 absorbed in or involving thought. 2 showing careful consideration or attention. 3 showing regard for other people.
June	<p style="text-align: center;"><u>Tolerance</u></p> <ul style="list-style-type: none"> • Noun 1 the ability, willingness, or capacity to tolerate something. 2 an allowable amount of variation of a specified quantity, especially in the dimensions of a machine or part. 	<p style="text-align: center;"><u>Trust</u></p> <ul style="list-style-type: none"> • Noun 1 firm belief in the reliability, truth, ability, or strength of someone or something. 2 acceptance of truth or a statement without evidence or investigation. 3 the state of being responsible for someone or something.
July	<p style="text-align: center;"><u>Understanding</u></p> <ul style="list-style-type: none"> • Verb (past and past part. understood) 1 perceive the intended meaning of (words, a language, or a speaker). 2 perceive the significance, explanation, or cause of. 3 interpret or view in a particular way. 4 infer from information received. 5 assume that (something) is present or is the case. 	<p style="text-align: center;"><u>Unity (Inspiration Paralympic)</u></p> <ul style="list-style-type: none"> • Noun (pl. unities) 1 the state of being united or forming a whole. 2 a thing forming a complex whole. 3 in mathematics the number one.