

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1 (sports day)	Summer 2
Year 2	<p>Fundamentals Developing balance, agility and co-ordination and mastering movements including running, jumping, throwing and catching.</p> <ul style="list-style-type: none"> - Changing direction - Dynamic balances - Foot-eye co-ordination. - Travel with body control. - Improved control when jumping and landing. - Throwing in a variety of directions with a partner. 	<p>Invasion Games (4 weeks) Participate in team games, developing simple tactics for attacking and defending.</p> <ul style="list-style-type: none"> - Movement off the ball - Intercepting. - Completing tasks with a partner - Speak clearly to be heard and understood. <p>Dance (3 weeks) - nativity Perform dances using simple movement patterns incorporating travel movements and changing direction</p>	<p>Gymnastics Developing balance, agility and co-ordination.</p> <ul style="list-style-type: none"> - Change of direction. - Dynamic balances. - Foot-eye co-ordination. - Travel with body control. - Improved control when jumping and landing. 	<p>Jungle Dance (3 weeks) Story Linked Perform dances using simple movement patterns incorporating travel movements and changing direction.</p> <p>Fundamentals (3 weeks) Developing balance, agility and co-ordination and mastering movements including running, jumping, throwing and catching.</p> <ul style="list-style-type: none"> - Changing direction - Dynamic balances - Foot-eye co-ordination. - Travel with body control. - Improved control when jumping and landing. - Throwing in a variety of directions with a partner. 	<p>Athletics Master basic movements including running, jumping, throwing and catching.</p> <p>Sports day event practice.</p> <ul style="list-style-type: none"> - Travel with body control and controlled taking off and landings. - Explore a variety of throwing and catching techniques with a partner. - Foot-eye co-ordination with and without equipment. 	<p>Invasion Games (4 weeks) Participate in team games, developing simple tactics for attacking and defending.</p> <ul style="list-style-type: none"> - Movement off the ball - Intercepting. - Completing tasks with a partner - Speak clearly to be heard and understood.

	Focus of Lessons
Hands (Doing)	Physical Ability, Fitness Levels, Competitive, Techniques, Tactics, Problem Solving
Head (Thinking)	Knowledge, Understanding, Analysis, Feedback, Responsibility, Rules
Heart (Behavioural)	Communication, Leadership, Respect, Resilience, Effort, Confidence