



Westcliff Primary Academy PE Journey

Our PE journey starts with learning the fundamental movements in Nursery and Reception.

Interventions to support in KS1
Children identified for additional support with gross & fine motor skills will be given support.

Competition
Children will be introduced to competition – sports day at Stanley Park, school games events and Fit2Glow.

Dance
Children will start to explore different cultures through Dance.

Hygiene
Children will learn about the importance of hygiene & well-being.

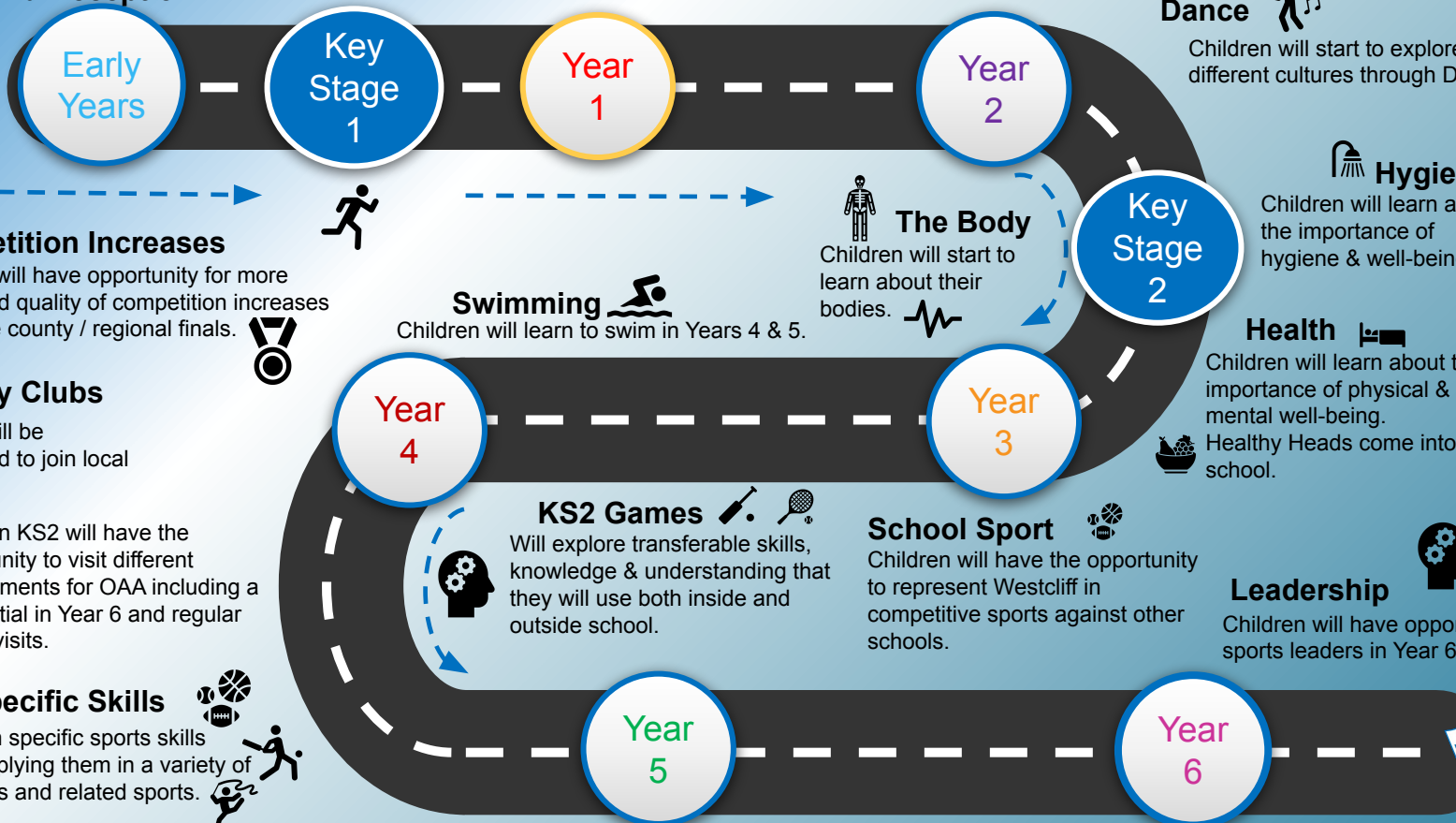
Health
Children will learn about the importance of physical & mental well-being. Healthy Heads come into school.

Leadership
Children will have opportunity to be sports leaders in Year 6.

End of KS2
Children will leave Westcliff with a love of PE, physical activity & sport. They will pursue a healthy activity lifestyle for their future.

Strategies, Tactics, Rules, Roles
Children will develop a deeper understanding of strategies, tactics and rules for a variety of different sports. They will take on different leadership and organisational roles (e.g. umpire, coach, referee).

Swimming
All pupils will be able to swim 25m.



Early Years

Key Stage 1

Year 1

Year 2

Key Stage 2

Year 3

Year 4

Year 5

Year 6

Competition Increases
Children will have opportunity for more sports and quality of competition increases to include county / regional finals.



The Body
Children will start to learn about their bodies.



Swimming
Children will learn to swim in Years 4 & 5.

Community Clubs
Children will be encouraged to join local clubs.

OAA
Pupils in KS2 will have the opportunity to visit different environments for OAA including a residential in Year 6 and regular beach visits.

KS2 Games
Will explore transferable skills, knowledge & understanding that they will use both inside and outside school.

School Sport
Children will have the opportunity to represent Westcliff in competitive sports against other schools.

Sports Specific Skills
Children will learn specific sports skills within lessons applying them in a variety of different scenarios and related sports.

Inclusive Sport
Children will develop an understanding of how sports can be inclusive for all abilities.

