



Blackpool Catering Services

# LUNCH TIME MENU

## WEEK 1

06.11.23  
27.11.23  
18.12.23  
08.01.24  
29.01.24  
19.02.24  
11.03.24



### Monday

(v) Tomato & Basil Pasta Bake with Crusty Wholemeal Bread  
Or  
(v) Leek & Potato Pie  
~  
Served with Baked Beans  
~  
(v) Jacket Potato with Baked Beans  
~  
(v) Cheddar Cheese Sandwich  
~  
Cook's Choice Crumble & Custard



### Tuesday

Roast Chicken Dinner with Sage & Onion Stuffing & Gravy  
Or  
(v) Roast Quorn Fillet with Sage & Onion Stuffing & Gravy  
~  
Served with Creamy Mash, Baton Carrots & Garden Peas  
~  
Jacket Potato with Cheddar Cheese  
~  
Egg Mayo Sandwich  
~  
Ginger Cake



### Wednesday

All Day Breakfast  
Sausage, Hash Brown, Omelette & Wholemeal Bread  
Or  
(v) All Day Breakfast  
~  
Served with Baked Beans  
~  
Jacket Potato with Tuna Mayo  
~  
Roast Turkey Sandwich  
~  
Raspberry Bun

### Thursday

Hunter's Chicken - topped with BBQ Sauce, Ham & Melted Cheese with Wholegrain Rice  
Or  
(v) Spicy Meatless Balls in Tomato Sauce with Wholegrain Rice  
~  
Garden Peas & Sweetcorn  
~  
Jacket Potato with Cheddar Cheese  
~  
Roast Ham Sandwich  
~  
Cook's Choice Fruity Flapjack



### Friday

Crispy Battered Fillet of Fish  
Or  
(v) Golden Vegetable Fingers  
~  
Served with Chips, Garden Peas or Beans  
~  
Jacket Potato with Baked Beans  
~  
Tuna Mayo Sandwich  
~  
Mixed Berry Mousse

## WEEK 2

23.10.23 (hols)  
13.11.23  
04.12.23  
25.12.23 (hols)  
15.01.24  
05.02.24  
26.02.24  
18.03.24

### Monday

(v) Macaroni Cheese with Wholemeal Bread  
Or  
(v) Veggie Chilli Non Carne with Wholegrain Rice  
~  
Served with Green Beans & Carrots  
~  
Jacket Potato with Cheddar Cheese  
~  
Egg Mayo Sandwich  
~  
Cook's Choice Fruit Pie & Custard

### Tuesday

British Roast Beef Dinner with Yorkshire Pudding & Gravy  
Or  
(v) Sausages with Yorkshire Pudding & Gravy  
~  
Served with Roast Potatoes, Diced Carrot & Swede  
~  
(v) Jacket Potato with Baked Beans  
~  
Roast Turkey Sandwich  
~  
Homemade Rice Pudding

### Wednesday

Chicken & Ham Pie  
Or  
(v) Cheese & Onion Roll  
~  
Served with Creamy Mash & Baked Beans  
~  
Jacket Potato with Tuna Mayo  
~  
Cheddar Cheese Sandwich  
~  
Golden Oat & Cherry Cookie

### Thursday

Pork Meatballs in Tomato & Herb Sauce with W/G Pasta & Wholemeal Bread  
Or  
(v) Creamy Quorn & Sweet Potato Tikka Masala with Mixed Veg, Rice & Naan Bread  
~  
Served with Garden Peas  
~  
Jacket Potato with Cheddar Cheese  
~  
Roast Ham Sandwich  
~  
Shortbread

### Friday

Crispy Coated Fishcake  
Or  
(v) Cook's Choice Pizza  
~  
Served with Chips, Baked Beans & Sweetcorn  
~  
Jacket Potato with Baked Beans  
~  
Tuna Mayo Sandwich  
~  
Chocolate Brownie



## WEEK 3

30.10.23  
20.11.23  
11.12.23  
01.01.24 (hols)  
22.01.24  
12.02.24 (hols)  
04.03.24  
25.03.24



### Monday

(v) Pasta Bake with Crusty Wholemeal Bread  
Or  
(v) Cottage Pie  
~  
Served with Mixed Vegetables  
~  
Jacket Potato with Baked Beans  
~  
Cheddar Cheese Sandwich  
~  
Chocolate & Mandarin Mousse

### Tuesday

Roast Pork Dinner with Sage & Onion Stuffing & Gravy  
Or  
(v) Vegetarian Sausage Roll  
~  
Served with Creamy Mash, Green Beans & Carrots  
~  
Jacket Potato with Cheddar Cheese  
~  
Egg Mayo Sandwich  
~  
Jam Sponge & Custard



### Wednesday

British Beef Burger in a Bun  
Or  
(v) Crispy Veggie Burger in a Bun  
~  
Served with Herby Diced Potatoes & Baked Beans  
~  
Jacket Potato with Tuna Mayo  
~  
Roast Turkey Sandwich  
~  
Cook's Choice Crumble & Custard

### Thursday

Cook's Choice Chicken Curry with Naan Bread, Mixed Veg & W/G Rice  
Or  
(v) Mexican Tortilla Wrap filled with Melted Cheese, Sweet Peppers & Tomato Sauce  
~  
Served with Garden Peas & Sweetcorn  
~  
Jacket Potato with Cheddar Cheese  
~  
Roast Ham Sandwich  
~  
Chocolate Sponge Cake



### Friday

Golden Crispy Coated Fish Fingers  
Or  
(v) Golden Crispy Nuggets  
~  
Served with Chips, Beans or Garden Peas  
~  
Jacket Potato with Baked Beans  
~  
Tuna Mayo Sandwich  
~  
Arctic Roll & Fruit Sauce

AVAILABLE DAILY: wholegrain bread basket, yoghurts, freshly prepared selection of fruit and fresh water - all our menus are compliant with the School Food Standards - we source as much of our products locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts - we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the unit catering manager.