



Blackpool Catering Services

LUNCH TIME MENU

WEEK 1

12/04, 03/05
24/05, 14/06
05/07, 26/07
13/09, 04/10
25/10



MONDAY

Creamy Macaroni Cheese with Crusty Wholemeal Bread
or
Meatballs in a Tomato Sauce with Pasta Cheese & Herb Breadcrumbs
Crusty Wholemeal Bread
~
Steamed Mixed Vegetables
~
FR Egg Mayo Sandwich
~
Raspberry Mousse



TUESDAY

RSPCA Assured Pork Loin, Creamy Mashed Potatoes, Sage & Onion Stuffing & Gravy
or
Shepherd's Pie
~
Cauliflower Cheese & Fresh Sliced Carrots
~
Roast Turkey Sandwich
~
Peach & Cherry Sponge



WEDNESDAY

Chicken Tikka Masala with Mini Naan Bread
or
Vegetable & Cheese Burrito & Vegetable Salsa
~
Vegetable Rice
~
Cheddar Cheese Sandwich
~
Chocolate & Orange Cookie

THURSDAY

Lasagne with Coleslaw & Crusty Wholemeal Bread
or
Cook's Homemade Pizza of the Day with Coleslaw & Herby Diced Potatoes
~
Fresh Diced Carrots & Garden Peas
~
Ham Sandwich
~
Iced Vanilla Sponge



FRIDAY

Crispy Battered Pollock & Chips
or
Golden Vegetable Fingers & Chips
~
Mixed Peas & Sweetcorn
~
Tuna Mayo Sandwich
~
Shortbread Biscuit

WEEK 2

19/04, 10/05
31/05, 21/06
12/07, 30/08
20/09, 11/10

MONDAY

Quorn and Sweet Pepper Chilli with Savoury Rice
or
BBQ Quorn Fajita Wrap with Savoury Rice
~
Mixed Peas & Sweetcorn
~
FR Egg Mayo Sandwich
~
Strawberry Mousse

TUESDAY

Roast Chicken Fillet, Sage and Onion Stuffing & Gravy
or
Quorn Fillet, with Sage & Onion Stuffing and Gravy
~
Herby New Potatoes & Fresh Sliced Carrots
~
Ham Sandwich
~
Chocolate & Beetroot Brownie

WEDNESDAY

Cook's Homemade Meat & Potato Pie with Gravy
or
Pasta Bolognese with Mozzarella & Mixed Herb Topping
~
Steamed Mixed Vegetables
~
Roast Turkey Sandwich
~
Fresh Fruit Salad with Ice Cream

THURSDAY

Meatballs with Pasta in a Tomato & Basil Sauce with Wholemeal Bread
or
Baked Enchilada with Tomato Salsa, Melted Cheese & Herby Diced Potatoes
~
Coleslaw & Garden Peas
~
Cheese Sandwich
~
Frosted Shortbread Biscuit

FRIDAY

Crispy Fish Finger Barmcake & Chips
or
Golden Cheeseburger in a Bun & Chips
~
Reduced Sugar Baked Beans
~
Tuna Mayo Sandwich
~
Fruit Jelly



WEEK 3

26/04, 17/05
07/06, 28/06
19/07, 06/09
27/09, 18/10



MONDAY

Pasta Arabiatta, with Crusty Wholemeal Bread
or
Pizza Panini – Sweetcorn, Peppers, Pizza Sauce & Mozzarella
Homemade Coleslaw, Peas & Sweetcorn
~
FR Egg Mayo Sandwich
~
Chocolate & Mandarin Mousse

TUESDAY

Braised Beef and Yorkshire Puddings in a Rich Gravy
or
Sweet Pepper, Tomato & Cheddar Cheese Flan
~
New Potatoes, Fresh Carrot & Swede
~
Roast Turkey Sandwich
~
Jam Sponge

WEDNESDAY

Sausage, Hash Brown, Baked Beans, & Mini Omelette
or
Veggie Sausage, Hash Brown, Baked Beans, & Mini Omelette
~
Served With Wholemeal Bread
~
Grated Cheddar Cheese Sandwich
~
Strawberry Jelly & Ice Cream

THURSDAY

Italian Style Chicken Fillet, glazed with Tomato Sauce, Mixed Herbs & Mozzarella
or
Italian Style Quorn Fillet glazed with Tomato Sauce, Mixed Herbs & Mozzarella
~
Mixed Vegetables & Pasta
~
Ham Sandwich
~
Raspberry Bun

FRIDAY

Crispy Seaside Fillet of Salmon & Chips
or
Battered Nuggets & Chips
~
Baked Beans & Garden Peas
~
Grated Cheddar Cheese Sandwich
~
Sticky Oat & Banana Muffin



AVAILABLE DAILY: wholegrain bread basket, yoghurt, a freshly prepared selection of fruit and fresh water - All our menus are compliant with the School Food Standards—we source as much of our produce locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts —we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the Unit Catering Manager