



Blackpool Catering Services

# LUNCH TIME MENU

## WEEK 1

18/04, 09/05  
20/06, 11/07  
12/09, 03/10



### MONDAY

(v) Pasta in Tomato & Basil Sauce with Crusty Wholemeal Bread  
Or  
(v) Cheese & Tomato Pizza Margherita  
~  
Baked Beans and Sweetcorn  
~  
Jacket Potato with RS Baked Beans Cheddar Cheese Sandwich Salad and Homemade Coleslaw  
~  
Arctic Roll with Fruit Sauce



### TUESDAY

Roast Chicken with Sage & Onion Stuffing and Gravy  
Or  
(v) Quorn Chicken Fillet with Sage & Onion Stuffing and Gravy  
~  
Diced Potatoes, Baton Carrots and Garden Peas  
~  
Jacket Potato with Cheddar Cheese Egg Mayonnaise Sandwich Salad and Homemade Coleslaw  
~  
Ginger Cake



### WEDNESDAY

Beef burger and Seasoned Potato Wedges  
Or  
(v) Veggie Hotdog with Seasoned Potato Wedges  
~  
RS Baked Beans & Coleslaw  
~  
Jacket Potato with Tuna Mayo Roast Turkey Sandwich Salad and Potato Wedges  
~  
Iced Chocolate Cake

### THURSDAY

Chicken Tikka Curry & Naan Bread  
Or  
(v) Baked Mexican Cheese and Tomato Tortilla Wrap  
~  
Steamed Rice and Mixed Veg  
~  
Jacket Potato with Cheddar Cheese Roast Ham Sandwich Salad and Homemade Coleslaw  
~  
Mixed Fruit Jelly



### FRIDAY

Crispy Battered Fish and Chips  
Or  
(v) Birds Eye Golden Vegetable Fingers with Chips  
~  
Garden Peas or Baked Beans  
~  
Jacket Potato with RS Baked Beans Tuna Mayonnaise Sandwich Salad and Chips  
~  
Raspberry Bun

## WEEK 2

25/04, 16/05  
06/06, 27/06  
18/07, 19/09  
10/10

### MONDAY

(v) Pasta Bake in Tomato Sauce with Garlic Bread  
Or  
(v) Baked Bean and Cheese Enchilada  
~  
Mixed Vegetables  
~  
Jacket Potato with Cheddar Cheese Cheddar Cheese Sandwich Salad and Homemade Coleslaw  
~  
Ice-Cream Pot

### TUESDAY

Roast Beef, Yorkshire pudding, Creamy Mashed Potato and Gravy  
Or  
(v) Quorn Cottage Pie and Gravy  
~  
Diced Carrot, Swede & Cauliflower  
~  
Jacket Potato with RS Baked Beans Egg Mayonnaise Sandwich Salad and Homemade Coleslaw  
~  
Jam Sponge

### WEDNESDAY

All Day Breakfast: Sausage, Omelette & Hash Brown  
Or  
(v) Cheese and Leek Pie With Crispy Diced Potato  
~  
RS Baked Beans  
~  
Jacket Potato with Tuna Mayo Roast Ham Sandwich Salad and Crispy Diced Potato  
~  
Chocolate Brownie

### THURSDAY

Chicken, Cheese and Tomato Pasta with Wholemeal Bread  
Or  
(v) Sweet Potato and Butternut Squash Korma, Steamed Rice and Naan Bread  
~  
Broccoli and Garden Peas  
~  
Jacket Potato with Cheddar Cheese Cheddar Cheese Sandwich Salad and Homemade Coleslaw  
~  
Strawberry Shortbread Mousse



### FRIDAY

Young's Crispy Battered Fillet of Salmon with Chunky Chips  
Or  
(v) Simply Meat-Free Burger & Chunky Chips  
~  
Garden Peas & Sweetcorn  
~  
Jacket Potato with RS Baked Beans Tuna Mayonnaise Sandwich Salad and Chips  
~  
Mini Donuts and Berry Sauce

## WEEK 3

02/05, 23/05  
13/06, 04/07  
05/09, 26/09  
17/10



### MONDAY

(v) Pasta Arrabiatta with crusty garlic bread  
Or  
(v) Quorn and Vegetable Keema With Naan Bread and Rice  
~  
Broccoli & Cauliflower  
~  
Jacket Potato with RS Baked Beans Cheddar Cheese Sandwich Salad and Coleslaw  
~  
Iced Raspberry Ripple

### TUESDAY

Roast Pork Loin with Sage & Onion Stuffing & Gravy  
Or  
(v) Macaroni Cheese with a Wholemeal Bread Roll  
~  
Creamy Mash, Cabbage and Carrots  
~  
Jacket Potato with Cheddar Cheese Egg Mayonnaise Sandwich Salad and Coleslaw  
~  
Vanilla Sponge & Custard

### WEDNESDAY

Creamy Chicken and Ham Pie with Seasoned Potato Wedges  
Or  
(v) Sausage Roll and Seasoned Potato Wedges  
~  
Baked Beans  
~  
Jacket Potato with Tuna Mayo Roast Turkey Sandwich Salad and Wedges  
~  
Chocolate & Mandarin Mousse

### THURSDAY

BBQ Chicken Fillet with Sweet Peppers & Steamed Rice  
Or  
(v) Cheese & Tomato Pizza  
~  
Peas & Sweetcorn  
~  
Jacket Potato with Cheddar Cheese Roast Ham Sandwich Salad and Homemade Coleslaw  
~  
Fruit Muffin



### FRIDAY

Crispy Battered Fish and Chips  
Or  
(v) Quorn Chicken Nuggets and Chips  
~  
Peas or Baked Beans  
~  
Jacket Potato with RS Baked Beans Tuna Mayonnaise Sandwich Salad and Chips  
~  
Golden Oat and Cherry Cookie

AVAILABLE DAILY: wholegrain bread basket, yoghurts, a freshly prepared selection of fruit and fresh water - All our menus are compliant with the School Food Standards—we source as much of our produce locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts —we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the Unit Catering Manager