

Welcome to Cambridge National Award in Sport Studies



West Hill School

Aiming High Since 1927

Specification Information.

R051: Contemporary issues in sport

Students explore a range of topical and contemporary issues in sport, such as participation levels and barriers, promoting values and ethical behaviour, and how sport contributes to society as a whole beyond simply providing entertainment.

R052: Developing sports skills

Students try out a range of sports-related skills and techniques, including different practice methods for improving both their own performance and that of others. They develop their knowledge of the use of tactics and strategies in both individual and team sporting activities as well as their understanding of the rules, enabling them to carry out a number of officiating roles within the activities.



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R053: Sports leadership

Students learn about some of the knowledge, understanding and practical skills required to be an effective sport leader. They put their knowledge into practice by planning and delivering safe and effective sporting activity sessions. Afterwards they review their performance.

R054: Sport and the media

Students explore the relationship between sports and the media: how sport uses the media to promote itself and the media uses sport to expand and maintain uptake of its products. They look at the differences in sports coverage across a range of media outlets and over time and the effect that media has had on public interest and involvement in sport.



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How you will be assessed/question types/skills

- **R051: Contemporary issues in sport** - By completing this unit, learners will explore a range of topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour through sport and the role of high-profile sporting events and national governing bodies in advancing sports' attempts to positively impact upon society and showcase their worth beyond providing entertainment. **Assessment** = 1 hour written exam. A mix of multiple choice, short answer and long answer questions.
- **R052: Developing sports skills**– By completing this unit, learners will develop their skills, techniques and use of tactics/strategies/ compositional ideas in both an individual and a team sporting activity, as well as their understanding of the rules to allow them to act in a number of officiating roles within an activity. They will also consider the use of different practice methods in order to improve their performance. **Assessment** = Centre assessed tasks



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How you will be assessed/question types/skills

- **Sport Studies Unit R053: Sports leadership** - By completing this unit, learners will develop some of the knowledge, understanding and practical skills required to be an effective sport leader and plan, deliver and review safe and effective sporting activity sessions themselves. They will be encouraged to consider and evaluate their delivery and, by doing so, develop their ability to communicate with an audience verbally and through practical demonstration, and adapt to developing situations and the different needs and abilities of those they are leading. **Assessment** = Centre assessed tasks.
- **Sport Studies Unit R054: Sport and the media** - By completing this unit, learners will develop their knowledge and understanding of the relationship between sport and the media as well as their ability to evaluate and interpret the different ways in which sports items may be represented by the media. The skills developed would be relevant in a range of careers and roles within the sports industry, such as sports reporting/broadcasting, sports analysis or research and Public Relations or media work within a sports organisation. **Assessment** = Centre assessed tasks



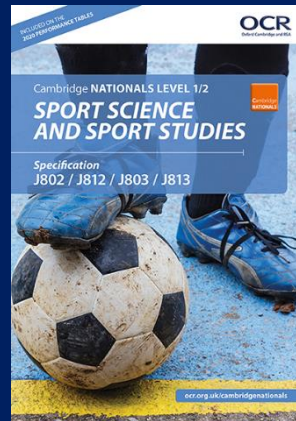
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Resources -

<https://vle.westhillschool.co.uk/course/index.php?categoryid=42>

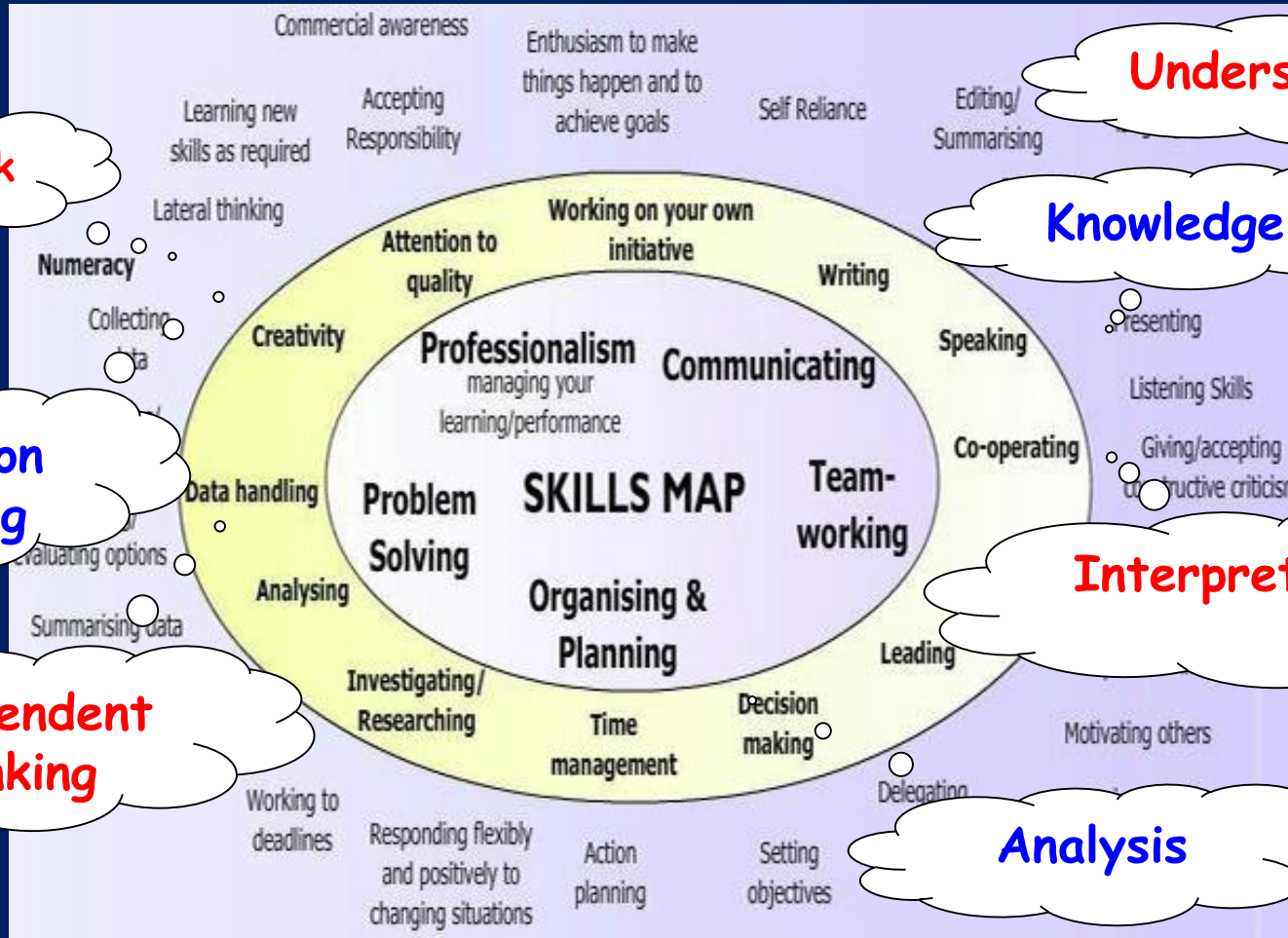
<https://www.ocr.org.uk/Images/221133-resources-links.pdf>



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Skills developed



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Careers/Next steps

- PE TEACHER
- PHYSIOTHERAPIST
- PERSONAL TRAINER
- SPORTS PERFORMER
- COACH/INSTRUCTOR
- SPORTS LAWYER
- JOURNALIST
- COMMENTATOR
- SPORTS ANALYST
- BROADCAST PRESENTER
- SPORTS SCIENTIST
- SPORTS PSYCHOLOGIST
- LEISURE OPERATIONS AND MANAGEMENT
- SPORT MARKETING, PR & COMMUNICATIONS
- SPORTS DEVELOPMENT
- ARMED FORCES
- SPORTS AGENT



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Where can you find more information

- PE department Twitter: @WesthillPE
- <https://www.westhillschool.co.uk/curriculum/subject-areas/pe>
- <https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/>
- <https://www.ucas.com/job-subjects/physical-education>
- <https://www.ocr.org.uk/Images/82069-summary-brochure.pdf>



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Extra-curricular

<https://www.westhillschool.co.uk/curriculum/extra-curricular/sporting-opportunities> - this will obviously change as and when Covid restrictions are lifted.



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