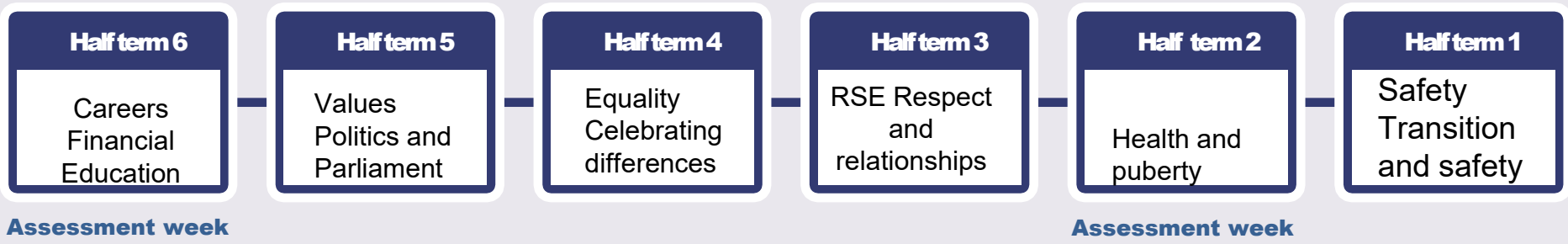


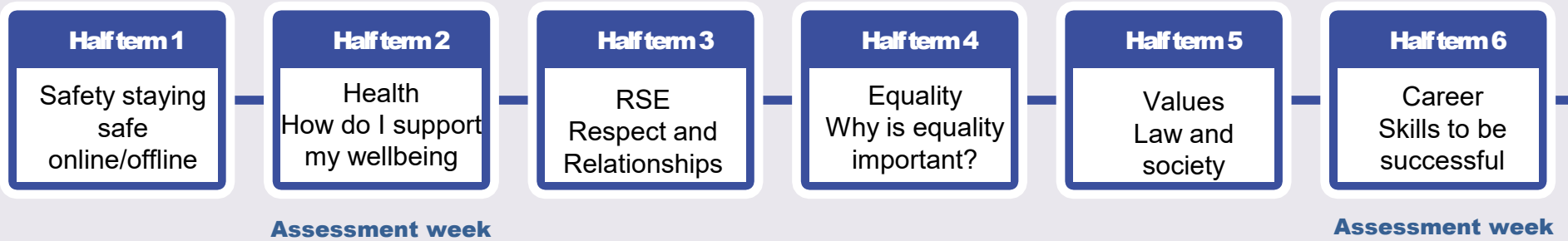
Curriculum Map: Year 7 to Year 11 2025-2026

Key Stage 3 Personal Development

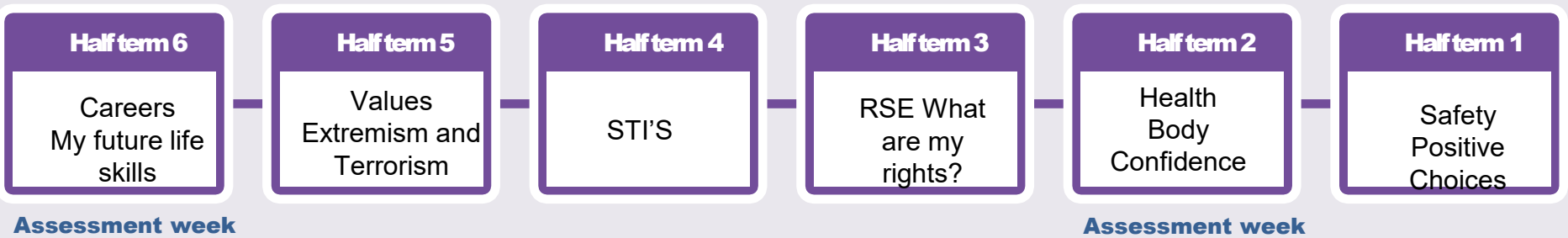
Year Seven



Year Eight

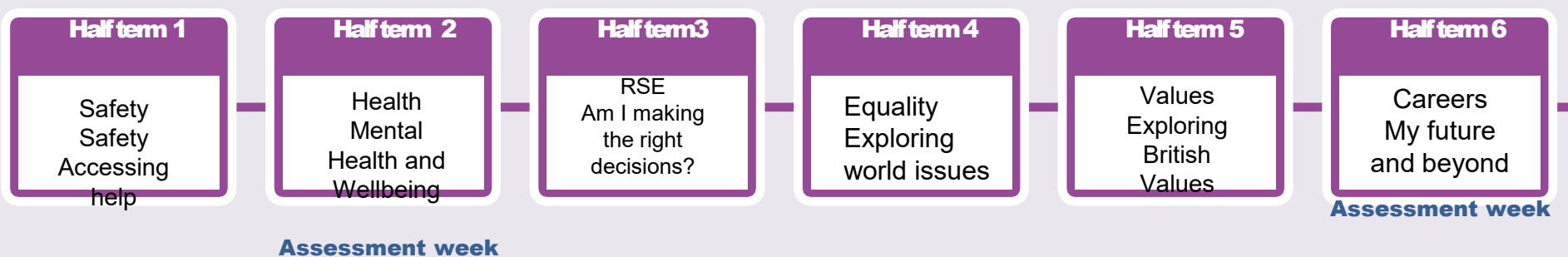


Year Nine

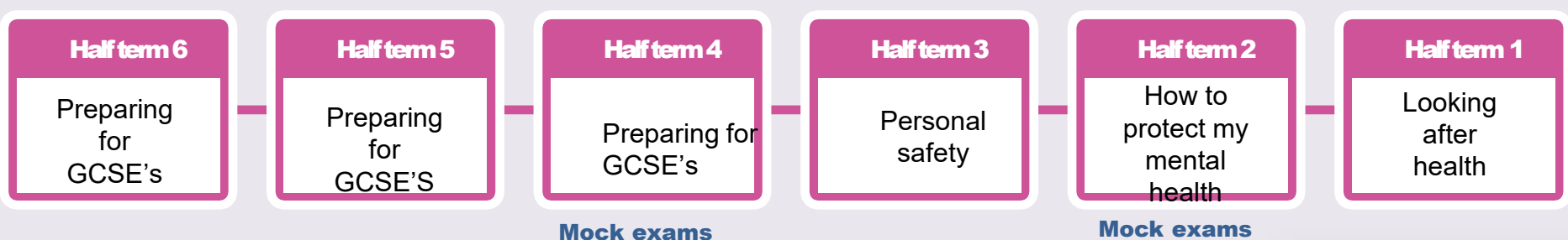


Year Ten

Key Stage 4 – Personal Development



Year Eleven



Further Education/Employment

Curriculum 2025 – 2026

Rationale

The Westleigh School's Personal Development Programme is rooted in the belief that education extends beyond academic achievement. We prepare our students for life in modern Britain, and nurture their personal, social, moral, and cultural development. This approach acknowledges that young people face a range of complex challenges, including those related to mental health, relationships, identity, digital safety, and social responsibility. The programme therefore seeks to equip students with the knowledge, skills, and values they need to navigate these challenges effectively and to make informed, responsible decisions. By fostering a sense of belonging, resilience, and self-worth, The Westleigh School aims to develop well-rounded individuals who are confident, compassionate, and ready to contribute positively to society. The rationale also aligns with statutory expectations for PSHE (Personal, Social, Health and Economic education), RSE (Relationships and Sex Education), and the promotion of British Values, ensuring that every student receives a comprehensive and balanced personal education as part of their entitlement.

Intent

The Personal Development Programme provides a holistic and inclusive curriculum that supports the growth of every student. The programme is designed to ensure that all learners, regardless of background or ability, can access meaningful opportunities to develop their character, aspirations, and independence. It seeks to build students' understanding of themselves, their relationships with others, and their place in the wider world. Central to its intent is the ambition that students will know more, remember more, and understand more about the key concepts that underpin personal development, including health, wellbeing, equality, and citizenship. The curriculum also aims to instil the core British Values of democracy, mutual respect, tolerance, individual liberty, and the rule of law. By the end of their time at Westleigh, students should not only have a strong academic foundation but also the moral and emotional maturity to thrive in further education, employment, and adult life. The programme's intent is therefore both academic and aspirational: to develop confident, resilient, and socially responsible young people who can make a positive contribution to the community and the wider world.

Implementation

The Personal Development Programme at The Westleigh School is delivered through a carefully sequenced and competency-based structure that runs across all key stages from Year 7 to Year 11. The curriculum is organised around five key themes which includes safety, Health, RSE, Equality, Values and Careers. Each theme encompasses a range of age-appropriate themes, such as relationships and sex education, physical and mental health, financial literacy, careers guidance, online safety, and moral decision-making. Lessons are designed to build knowledge and skills progressively, allowing students to revisit and deepen their understanding over time.

The programme is not confined to discrete lessons but is embedded throughout the school's ethos and wider curriculum. Personal development is reinforced through assemblies, tutor periods, enrichment activities, and cross-curricular links with subjects such as Religious Education, Science, and Physical Education. Teachers are supported through training to deliver lessons sensitively and confidently, especially when addressing complex or challenging topics. While there are no formal data captures for personal development, progress is monitored continuously through discussion, reflection, and observation. Student voice, behaviour data, attendance records, and wellbeing indicators are also used to evaluate the effectiveness of delivery and to inform improvements. This comprehensive approach ensures that personal development is not a stand-alone subject but an integral part of the school's culture.

Impact

The impact of The Westleigh School's Personal Development Programme is seen in the way students demonstrate maturity, empathy, and understanding in their daily interactions and decision-making. By the end of Key Stage 4, students are expected to have developed a secure understanding of key life skills and values, enabling them to manage risk, maintain healthy relationships, and make informed choices about their future. The programme contributes to improved wellbeing, resilience, attendance, and behaviour, as students feel more confident and supported in their personal and academic lives.

Furthermore, students emerge from the programme with a stronger sense of identity and belonging. They are equipped to engage respectfully with diversity, appreciate different perspectives, and uphold the British Values of democracy, tolerance, mutual respect, liberty, and the rule of law. The school also benefits from a more positive culture and climate, where students demonstrate responsibility, leadership, and pride in their community. In the longer term, the programme's impact extends beyond school life, as students carry these skills and attitudes into further education, employment, and adulthood. The success of the Personal Development Programme therefore lies not only in measurable outcomes but also in the lived experiences of students who are prepared to lead fulfilling, responsible, and purposeful lives.