

Westleigh Edge



**Form Time
Programme**

Year 10

2025-2026

Year 10 Edge Overview

'Building for the future'

Pledge: Planning my pathway to success

Autumn 1

W/C 8 th September	Introduction to the Edge programme. Edge Captain campaign/vote
W/C 15 th September	Introduction to Unifrog: Explore the platform and set up profiles. Update Profile and complete new quizzes
W/C 22 nd September	CV Updates: Add new experiences and skills. Use Work Experience section to research and log potential placements.
W/C 29 th September	Work Experience Planning: Research opportunities. Use CV Builder; start tailoring for work experience
W/C 6 th October	Skills Builder: Problem-solving module Use Personal Statement tool for brainstorming and drafts
W/C 13 th October	Mock Interview Preparation Use Career Pathways and Post-16 Options tools. Track progress in Skills Builder profile
W/C 20 th October	Reflection & Goal Setting Pledge Use Goals Tool and save pledges in Journal or Locker

Autumn 2

W/C 3 rd November	Post-16 Pathways Research: College, Apprenticeships, Sixth Form. Use Unifrog's Post-16 Options and Career Pathways
W/C 10 th November	Labour Market Information (LMI): Understand job market trends. Use Unifrog's Labour Market Information (LMI) section
W/C 17 th November	Personal Branding: Online presence and reputation. Reflect in Unifrog Journal or create an action plan
W/C 24 th November	Mock Interviews: Practice with feedback. Record feedback and improvements in Unifrog Journal
W/C 1 st December	Cover Letter Basics: Learn to write effective letters. Use Unifrog Cover Letter tool
W/C 8 th December	Review & reflect Update Locker, CV, and Goals
W/C 15 th December	Pledge Save pledges in Journal or Locker

Spring 1

W/C 5 th January	Work Rights: Understand employee rights and responsibilities. Record reflections in Unifrog Journal
W/C 12 th January	CV Revisions: Refine and improve. Use CV Builder to update and polish
W/C 19 th January	Skills Builder: Leadership and initiative. Track progress in Skills Builder
W/C 26 th January	Guest Speaker: Listen and question. Reflect and summarize in Journal
W/C 2 nd February	Career Goal Updates. Use Goals Tool for updates
W/C 9 th February	Reflection Pledge Save pledges in Journal or Locker

Spring 2

W/C 23 rd February	Sixth Form/College Research: Look into courses and entry requirements. Use Unifrog Post-16 Options and Course Search
W/C 2 nd March	Cover Letter Writing Workshop. Use Unifrog Cover Letter tool for drafting
W/C 9 th March	Career Goals Update. Use Unifrog Goals Tool
W/C 16 th March	Application Skills: Filling forms and online applications. Use examples and save drafts in Journal or Locker
W/C 23 rd March	Statement Drafting: Personal statement basics. Use Unifrog Personal Statement tool
W/C 30 th March	Peer Review and Feedback. Save feedback and pledges in Journal or Locker Pledge

Summer 1

W/C 20 th April	Careers project Aspirations Day Preparation. Plan and save ideas in Unifrog Journal
W/C 27 th April	Employer Interaction: Q&A and networking skills (unifrog). Use Unifrog Employer Interaction resources
W/C 4 th May	Personal Statement Draft. Work on draft using Unifrog Personal Statement tool
W/C 11 th May	Career Goal Finalisation. Update goals in Unifrog Goals Tool
W/C 18 th May	Skills Audit: Reflect on strengths and areas to develop. Complete Skills Audit in Unifrog; save pledge in Journal Pledge

Summer 2

W/C 1 st June	Skills Audit Continued. Use Unifrog Skills and Journal tools.
W/C 8 th June	Final Unifrog Update. Update CV Builder, Goals, Locker, and Journal
W/C 15 th June	Career Bingo or Quiz. Optional quiz using Unifrog resources or custom game
W/C 22 nd June	Presentation of Showcases. Refer to saved work in Locker or export PDFs
W/C 29 th June	Reflection and Feedback. Use Unifrog Journal and submit feedback forms
W/C 6 th July	End-of-Year Celebration. Showcase top Unifrog profiles or pledges
W/C 13 th July	Pledge Save in Journal or display in class