

YEAR 7 RESIDENTIAL



THE WESTLEIGH SCHOOL
Aspiring & Achieving Together



WHY NOW?

- Shed the "new starter" anxieties and begin to feel at home in their new school community.
- Bond with peers outside their immediate tutor group, creating a wider support network across the whole year group.
- Sharing meals and facing challenges together helps foster a more inclusive year group culture.
- Completing challenges gives students an early sense of achievement, which translates into an increased "appetite for learning" and higher motivation back in the classroom.
- For many, this is their first major step into the independence secondary school requires - such as managing their own timetable, equipment, and personal belongings.





ABOUT PGL

PGL is the UK's leading provider of school activity courses and adventure holidays for children. Founded in 1957 by Peter Gordon Lawrence, the company operates numerous residential centres across the UK, France, and Australia.

Their focus is teambuilding and personal development through outdoor activity. While its official name is the initials of its founder, it is widely and jokingly known among generations of schoolchildren as "Parents Get Lost".



WINMARLEIGH HALL

- Victorian country house and estate near Preston, only a one-hour drive from school.
- The centre features over 50 activities on land and water including high ropes, zip wire, floodlit activity area, football pitch, quad biking track, climbing walls, and an archery range.
- Private lake - used for raft building, canoeing, and giant stand-up paddleboarding.

50 Acres of multi-activity adventure!



STAFF

Students will be accompanied by our own staff from The Westleigh School, including trained First Aiders.

This is a great opportunity for students to get to know their new teachers.

Activities will be led by extensively trained PGL staff.

Training includes job-specific skills for instructors (ropes, water sports, etc.), safeguarding, and health and safety.



Archery



High Ropes



Trapeze



Orienteering

ACTIVITIES

A selection of the activities the pupils may take part in during their visit.



Abseiling



Buggy Building



Challenge Course



Raft Building



Zip Wire



Giant Swing



Climbing

ACTIVITIES

A selection of the activities the pupils may take part in during their visit.




Canoeing



Problem Solving



Jacob's Ladder



| | |
|---------------|--|
| 07.00 - 08.50 | Get up, get ready and fuel up for the day ahead with a hearty breakfast. |
| 08.50 - 12.00 | Morning activities - 2 sessions with a 10-minute break in-between. |
| 12.00 - 13.50 | Enjoy a fresh and tasty two-course hot lunch and some free time. |
| 13.50 - 17.00 | Afternoon activities - 2 sessions with a 10-minute break in-between. |
| 17.00 - 19.00 | Time to eat again - a different dinner menu each day. |
| 19.00 - 21.00 | Evening entertainment - discos, campfires, quizzes and more. |
| 21.00 / 21.30 | Bedtime. Catch up on some sleep ready to do it all again tomorrow! |

SAMPLE DAY

ACCOMMODATION & MEALS

Pupils will be in small, same sex dormitories, all with ensembles.

Students will enjoy three tasty meals a day – all nutritionally balanced to provide plenty of energy to keep them going all day long!

- A mix of hot and cold meals with vegetarian options.
- Self-service salad bar.
- Fresh fruit with every meal.
- Allergies, intolerances and special diets catered for.
- Support for fussy eaters.



EQUIPMENT

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ✓ Old trainers
- ✓ Warm clothing
- ✓ Layers
- ✓ Old clothes
- ✓ Swimwear (for some water activities)

- ✗ Electrical devices
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables

Specialized gear for water, land, and rope activities will be provided by PGL.

A detailed kit list will be provided nearer the time.





COST

We understand that £230 may feel like a significant commitment. However, this cost includes the two-night residential stay, all activities, meals, and transport.

Please be assured that payment plans will be available, allowing families to spread the cost over time. We truly believe this experience will be worth every penny and will provide an invaluable start to your child's secondary school journey.

KEY DATES

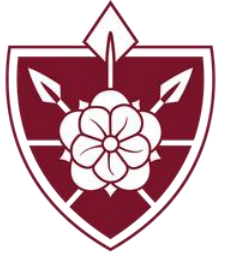
TRIP:

Monday 21st September to
Wednesday 23rd September 2026

PAYMENT PLAN:

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|-----------------------------|-----|
| 8 th May 2026 | £55 |
| 12 th June 2026 | £55 |
| 10 th July 2026 | £55 |
| 7 th August 2026 | £65 |





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**WE WOULD
LOVE YOUR
CHILD TO
JOIN US!**

