



PARENT WORKSHOPS AND PROBLEM-SOLVING SESSIONS

Targeted Education Support Service (TESS) Building and Nurturing Connections

**SUCCESS IS BEST
WHEN IT'S SHARED**

“Relationships are the agents of change, and the most powerful therapy is human love. People, not programmes, change people”.
Dr Bruce Perry

Building positive relationships is supported by understanding how those connections are created, starting with the theory of attachment and what can affect them, for example Adverse Childhood Experiences.

These sessions then look at supporting self-regulation, resources and activities that can help to nurture our connections.

The Targeted Education Support Service has delivered this training to over half the schools in the Local Authority, these sessions will be adapted to make the information relevant to the home but will allow families to work in partnership with schools to nurture positive relationships. We will look at some of the interventions used within a nurturing approach so there will be a mix of theory and practical ideas.

Venue: The Westleigh School

Dates:

Wednesday 8th May 4 – 6pm
Wednesday 12th June 4 – 6pm
Wednesday 3rd July 4 – 6pm

Contact details: Mrs G. Ashton, SENDCo and Assistant Headteacher

