

	PE	A1	A2	Sp1	Sp2	Su1	Su2						
Rec	Strand	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills						
Gross motor skills - outdoor													
Y1	Strand	FMS	Dance	FMS	Gymnastics	FMS	Dance	FMS	Gymnastics	Athletics	Gymnastics	FMS	Healthy Heads
	Focus	General		Rolling a ball		Underarm throw		Catching + bouncing a ball				Overarm throw	
Y2	Strand	FMS	Dance	Games	Gymnastics	Games	Dance	Net wall games	OAA	Healthy Heads	Gymnastics	Athletics	FMS
	Focus	Kicking				Playground games							End of KS1 assessment
Y3	Strand	FMS catch up	Dance	FMS catch up	Gymnastics	FMS Catch Up	Dance	Healthy Heads	OAA	Athletics	Gymnastics	Net and Wall	Striking + Fielding Games
	Focus	Kicking		Rolling with accuracy		Underarm Throw							Cricket
Y4	Strand	Healthy Heads	Dance	Fit2Go	Gymnastics	Inv games -	Dance	Net wall games	Gymnastics	Athletics	Gymnastics	Target games	Striking + Fielding Games
	Focus					Touch Ball				Track		Boccia	Rounders
Y5	Strand	Invasion Games 5P	Dance 5W & 5P	OAA - 5P	Gymnastics 5W & 5P	Healthy Heads 5W & 5P	Dance 5P	Net and Wall 5W & 5P	Invasion Games 5W	Gymnastics 5W & 5P	OAA 5W	Athletics 5W & 5P	Striking + Fielding 5W
	Focus	Netball							Netball			Track	Cricket
		Swimming 5W		Swimming 5W		Swimming 5W		Badminton	Swimming 5P		Swimming 5P		Swimming 5P
Y6	Strand	Invasion Games	Dance	Healthy Heads	Gymnastics	Inv games	Dance	Net and Wall	OAA	Athletics	Gymnastics	Creative Games	Striking + Fielding Games
	Focus	Football				Rugby		Tennis					Rounders