

CASHER

The Child & Adolescent Support
& Help Enhanced Response Team

URGENT SUPPORT DURING CORONAVIRUS PERIOD

Available 7 days a
week

Please ring the CASHER
team to arrange where to
meet.
07810 696565

**During the current period, as an
alternative/addition to our groups,
1:1 URGENT Support will be
offered. Please ring the CASHER
mobile to book an appointment**

Suitable for:

Children and young people aged 18 and under
who present with:

Anxiety/Depression

Feeling worried or upset

Low self-esteem/Low confidence

Need Advice/Someone to talk to?

**Please go online to 111.nhs.uk for
advice about any Coronavirus
symptoms. If you have symptoms
and would like support around
anxiety and your emotional health
and wellbeing you can ring the
CASHER phone number.**



To book a place at this clinic, please contact the **CASHER** Team within their
duty hours (please leave a msg if necessary & we will contact you asap):

**07810 696565 Mon-Fri 5pm-10pm or Sat/Sun 10am-8pm. (Bank holiday times
can vary) please email :**

bfnh.casher.team@nhs.net