10th October 2025





Newsletter

Dates for your Diary

October 2025

21st & 22nd October - Parents Evening

22nd & 23rd October – Year 5&6 Viking Workshop (In School)

November 2025

10th November – Year 5 Trip to Safety Central Warrington

11th November – Remembrance Day

19th November - Year 3 Trip to Eureka!

22nd November – Year 3 Choir Singing at the Sandbach Christmas Markets & Light Switch On

All this information and more can be found under Events on our website

https://www.wheelockprimary.co.uk/

Safeguarding and Mental Health

Attendance & Morning Drop-Off Reminder

We kindly remind all parents and carers of the following morning routines and attendance expectations:

- Gates open at 8:30am
- Classroom doors open at 8:35am

• The register is taken at 8:45am

Pupils arriving after 8:45am will be marked as late.

Arrivals after 9:15am will be recorded as an unauthorised absence, as in line with our attendance policy.

All absences **must be reported by 9:30am on the day of absence**. Please contact the school office directly to inform us.

Thank you for your continued support in helping us maintain excellent attendance and punctuality.

Mental health and Wellbeing

Today is World Mental Health Day, and in school, the children have been taking time to reflect on the importance of looking after their mental health and emotional wellbeing.

As part of this, they have been learning about the support available to them in school and the different ways they can take care of their feelings and emotions. The children have also been identifying their five trusted adults in school, the people they feel safe with and can go to if they ever have any worries or concerns.

We are proud to promote a culture where every child feels heard, supported, and safe. Mental health and wellbeing are a key part of our school community, and we encourage all children to speak up and seek help whenever they need it.

If you'd like to continue the conversation at home or are looking for ways to support your child's wellbeing, here are some useful resources for parents and carers:

• Parents Mental Health Support | Advice for Your Child | YoungMinds

Advice on supporting your child's mental health, with a free parent helpline.

Mental health support for parents and carers – Place2Be

Tips and guidance on how to support children's emotional wellbeing.

- NHS Every Mind Matters (Children & Young People) NHS-backed support for children's mental health and what to look out for.
 - Mental health and wellbeing

Please don't hesitate to get in touch with us if you have any concerns or would like to speak to someone about your child's wellbeing.

Family Hubs

Just a reminder about our fantastic local **Family Hubs**, which offer support, advice, and guidance for all **Cheshire East residents with children aged 0–19** (or up to 25 for those with **SEND**).

Family Hubs are there to **empower parents and carers** on their journey, offering a friendly space to access services, ask questions, and get signposted to a wide range of partner agencies.

If you're looking for advice or support for a child with **diagnosed or undiagnosed additional needs**, why not pop along to one of the **Little Stars drop-in sessions**? These are a great opportunity to speak to professionals and other families in a relaxed and supportive environment.

To find your nearest Family Hub or see what's on offer, please visit the Cheshire East Family Hubs website Family Hubs

Little Stars

Little Stars runs every week for 0-5 year olds with both diagnosed and undiagnosed additional needs.

Alsager Library Little Stars - Every Wednesday 1:00pm-2:30pm

Monks Coppenhall Family Hub Little Stars - Every Friday 1:00pm-2:30pm

A 0-19 SEND Health professional will be in attendance during the following sessions:

Wed 8th October 1.30-2.30pm Alsager Library (drop in)

Wed 12th November 1.30-2.30pm Alsager Library (drop in)

Wed 17th December 1.30-2.30pm Alsager Library (drop in)

Year 5/6 Winter Football League

Congratulations to our Year 5/6 Group A football team for an outstanding performance in the Winter Football League! Showing incredible resilience, talent, and sportsmanship, they won all three matches yesterday and finished second overall, securing a place in Finals Night. A fantastic achievement—well done, team!





Harvest Food Donation Appeal (6th-20th October)





CAN YOU HELP WITH:

BEANS & SAUSAGES
JUICE/CORDIAL
CEREAL
MEALS IN A TIN
GRAVY GRANUALS
SUGAR
COFFEE
SWEETCORN
TOMATO SAUCE
BROWN SAUCE
PORRIDGE OATS

CEREAL HOT DOGS JAM MARMALADE CORNED BEEF

Please check dates before sending in.

Harvest food donation appeal

This year we are again supporting our local food bank to help and support families in our community.

> Our collection window is Monday 6th October -Monday 20th October. Collection trays will be located in the office or send donations into class.

> > PIC.COLLAGE

Class News

Cygnets and Pufflings



What an exciting week we've had in Reception, full of new discoveries, creativity and learning together!

This week in phonics we focused on the sounds e, I, h, r and j. The children have been practising how to say each sound, hear it at the start of words, read it and begin to write it. Many children have started to use these sounds in their play and writing, spotting them in words around the classroom and trying to build simple words independently.

In literacy, the children have been using magnetic boards to explore word building and practice making simple CVC words. We have also been inspired by *The Busy Little Squirrel*, creating our own drawings and stories based on the squirrel's adventures. The children have loved describing characters and events using new vocabulary and beginning to label their pictures with the sounds they know.

In our topic learning about "People Who Help Us," we have been thinking about the roles of paramedics and the lollipop person. We had a special visit and talked about how they help keep us safe in different situations. The children enjoyed asking questions, learning how these helpers do their jobs and reflecting on how they help people in our community.

This week, the children have been developing confidence in expressing their ideas, practising fine motor skills through writing and drawing, and building early reading skills. They have also been learning to observe carefully, think about safety, and show respect for people who help us.

Goldfinches and Woodpeckers



Year one have had another fantastic week this week.

In maths, they have finished their unit of partitioning numbers to 10. They have done a fantastic job of matching the part whole models to number sentences. They are doing a great job at starting to add the numbers together too. They love the song 'number bonds to 10' by Jack Hartmann on YouTube, try and learn it with them at home if you can!

In Literacy, the children have started their second writing outcome for the book 'Old Bear'. They are writing a letter to explain they are stuck in the attic like one of the old toys in our book. They are doing a fantastic job at writing about their feelings in their letter.

The children have continued to enjoy their forest school sessions. We have been a little luckier with the weather this week, meaning the children have had such fun! It's a really important part of their development and they are learning appropriate risk and interactions.

In History, the children have continued to look at timelines of old toys, focusing closely on teddy bears this week. They are excited to have a teddy bears picnic next week!

We have had a strong focus on letter formation and handwriting this week, trying to remind the children to sit their letters on the line, with ascenders being tall and descenders going below the line. They are starting to do a fantastic job at making their letters the right size and beginning to start them from the correct place. Please continue this practise with them at home when you can.

Lots of our year 1 children have had some phonics checks this week, and the progress they have made from the beginning of the year is fantastic. We hope this continues on.

Owls and Robins



Well done this week, Year 2!

This week in Literacy, the children have started to prepare for their second hot-write, a letter! The children have explored new vocabulary, have written a poem about the jungle and have started to think about dangers/solutions that a character might come across on their journey along the river...

This week in Maths, the children started their new topic - "Addition and Subtraction". The children have looked at adding within 10, creating fact-families and understanding how to use their knowledge of adding ones to help them add tens (e.g. 2 + 3 = 5 so 20 + 30 = 50)

We consolidated our learning in Science this week, completing an 'end of topic' test on Everyday Materials. The children impressed us with how much they had recalled.

There was lots of excitement in Geography when the children completed some map work - locating countries on the equator and learning more about what the equator is!

In PSHE, the children considered our Learning Charter, our school behaviours and our school values again. The children then chose someone from our Year who is a good-role model and shows one of our values/behaviours. The children created some thoughtful pictures praising their peer.

In Whole Class Reading, we have continued to look at a new book called "The Proudest Blue". The children have been retrieving information from the text - answering true and false questions. The children have used inference to think about how a character would feel when someone was unkind to them and the children have also explained how they would respond to seeing someone being unkind.

In Art, the children have explored tone and practiced 'tonal shading'. The children concentrated well and demonstrated good skill and control.

In RE, the children created an acrostic poem about kindness!

Have a fabulous weekend Year 2 - keep up the good work!

Sandpipers and Moorhens



Year 3 have had a fantastic week full of hands-on learning and thoughtful discussions. In science, we explored the tones and textures of seeds and bulbs, sketching detailed examples to observe their unique features. We also revisited our initial prompts from the beginning of the unit and annotated them to show how much we've learned—children were confidently labelling the bones of the skeleton and explaining what makes a balanced diet. In history, we had great fun playing a game called "Would You Survive?" where the children bartered for tools and equipment that would have helped them survive in the Iron Age. This activity sparked some brilliant conversations and teamwork. In literacy, we have been analysing texts, identifying key features such as headings, paragraphs, and captions, and practising using them in our own writing. In maths, we successfully completed our unit on addition and subtraction, with a focus on exchanging hundreds for tens during subtraction. It's been wonderful to see the children so engaged and making strong progress across all subjects.

Kingfishers and Lapwings



Year 4 have had another fantastic week of learning! In Literacy, we focused on writing speech sentences, carefully using inverted commas and punctuation to bring our dialogue to life. The children really enjoyed experimenting with different reporting clauses to make their writing more exciting and varied. In Maths, we began using column addition and tackled more complex exchanges — the children showed brilliant focus and enthusiasm as they solved tricky problems and explained their reasoning.

Science was a real highlight this week as we completed our STEM digestive system experiment! Using food bags, tights, milk and bread, we simulated the journey of food through the body — it was messy, fascinating, and full of "wow" moments! In History, we explored how children's leisure time has changed through the ages, comparing toys, games and hobbies from the past to our own favourites today.

In Art, we've started creating our very own Christmas cards, which will soon be sent home for you to see (and even purchase, if you wish!). French lessons have been full of fun as we learned the names of different rooms in our school — from *la cantine* (the dining hall) to *la salle de classe* (the classroom). In PSHE, we worked together to design our own class charter,

thinking about the rights and responsibilities we all share, and created colourful posters to display our ideas.

To finish the week, our Number Sense sessions have helped us get to grips with the 3 times table — there's even some homework to help us keep practising those multiplication skills! It's been another week of curiosity, creativity and teamwork in Lapwings and Kingfishers — well done, Year 4!

Kestrels and Red Kites



We have been busy in maths this week adding and subtraction. The children have been ensuring their written methods are accurate especially when exchanging or carrying numbers over. They have started to apply these methods to problem solving too.

In literacy, we have moved on to our hot write- a formal log. It is quite challenging as they have to remember to be formal and not descriptive. We are trying to keep it fact based. This is something which has proved to be quite tricky. We will continue to persevere.

In science, we explored how the Earth and moon move in relation to the sun. We tried to use accurate terminology such as orbit, rotate and satellite. In French, the children learnt to write sentences saying which subjects they like and why. During RE, we have been showing what we know about commitments which Sanatanis make such as pilgrimages and worship. In PSHE, the children explored scenarios about consequences and responsibility. We have continued to code in computing. We have made bubbles disappear, monkeys collect bananas and footballs score goals. In art, we have been building up our final pieces for the half term. The children have created images that have been duplicated to go into their printed backgrounds. During reading, Red Kites have enjoyed the Boy in The Tower whilst Kestrels have focussed on a non-fiction text called I am not a label.

Another successful week in year 5. Well done for completing your homework each week too- the books seem very popular! Have a lovely weekend everyone!

Eagles and Hawks



It has been another hard-working week in Year 6! This week we have had a big focus on division methods in maths, including beginning to divide 4-digit numbers by 2-digit numbers, including division calculations with remainders. The application and attitude of both Hawks and Eagles in trying these challenging methods has been excellent – it has been great to see the increase in confidence as the week has gone on.

In our literacy lessons, we have been planning our formal mission log based around different Apollo missions to the moon – we are looking forward to reading their final pieces at the end of next week. In science, we have used our computing skills to create bar charts to show

the results from our science investigation. In history, we have learned about different versions of Viking sagas and created storyboards to tell the story of sagas involving Leif Erikson. In computing, we have continued to explore different coding methods. We have also held elections for Article 12 and Eco Councillors – **congratulations** to those who were elected by their classes and chosen to represent the views of Year 6 in these incredibly important jobs.

Praise



Reception & Key Stage One

Class	Name	Reason
Reception	Evelyn	For super imagination in drawing club!
Reception	Samira	For super name writing!
Goldfinches	Jasper	for a great attitude to learning this week. Keep it up!
Goldfinches	Millie	For making great progress in phonics. Well done!
Goldfinches	Omar	For making great progress in phonics. Well done!
Woodpeckers	Seb	For making lots of progress in his learning.
Woodpeckers	Alfie	For being really enthusiastic and engaged in phonics lessons.
Owls	Harry	For showing our school behaviours of 'respect' and 'aspire' this week!
Owls	Amelia	For being 'aspirational' in everything she does!
Robins	Eva	For great rhythm and team work in music this week.
Robins	Etta	For great rhythm and team work in music this week.

Key Stage Two

Sandpipers	Grace	For a fantastic attitude in lessons and being respectful, following instructions every time.
Sandpipers	Alfie	For growing confidence in lessons and sharing more ideas during discussions.
Moorhens	Mason	For taking more responsibility for an improved attitude to learning.
Moorhens	Piper	For always listening carefully and trying her best.
Kingfishers	Jack	For showing the class how to add two 4-digit numbers with an exchange.
Kingfishers	William	For showing great enthusiasm when researching the Great White Shark in our Literacy topic.
Lapwings	Olivia	For excellent work in Science, and for clearly and accurately sharing her brilliant knowledge and learning with the rest of her table during 'talk to your table' to help her table understand and check their knowledge. I loved how animated and accurate Olivia was, and it was a joy to see! Well done Olivia!
Lapwings	Oscar	For an incredible amount of reading, and completing 250,000 words on accelerated reader! Not only that, you have clearly understood the book, and been able to answer comprehension questions accurately. Well done!
Kestrels	Emily	For having a positive working attitude. I've seen a big change since September, and it hasn't gone unnoticed- keep it up and well done!
Kestrels	George	For having great enthusiasm in the classroom and always been willing to have a go regardless of the task. Well done!
Red Kites	Holly	For an excellent attitude towards learning.
Red Kites	Aurora	For excellent work in her writing.
Hawks	Indie	For showing incredible determination in maths this week - she didn't give up until she cracked it! What a brilliant example of perseverance.
Hawks	Lowen	For consistent effort which is really paying off in his work. Keep it up, Lowen!
Eagles	Phoebe	For an outstanding attitude to improving her work in all lessons (and at home!).
Eagles	Dexter	For being a fantastic talk partner and making great contributions to class discussions

The Hive

This week at the Hive the children have enjoyed many role-play games outdoors with their friends. The Sports Coaching team have led ball games and activities with groups of children.

Indoors the children have been crafting, playing card games and learning new drawing skills.

Please can we remind you that Breakfast finishes at 8.15am due to the school day starting 20 minutes earlier.

The Hive Praise this week is awarded to Ava and Eva for being a respectful and kind member of the Hive Team.

Have a lovely weekend.

FOWS NEWSLETTER



🛠 Friends of Wheelock School – Weekly Update 🛠

A huge thank you to everyone who joined us for last night's FOWS meeting! It was wonderful to see some new faces, and we're especially delighted to officially welcome two members of staff as fully fledged FOWS members. Your enthusiasm and support make such a difference!



Save the Date!

We're thrilled to announce that this year's Christmas Fair will take place after school on **Thursday 11th December**. Expect festive fun for the whole family — with **Santa's Grotto**, crafts, games, delicious food and drink, and our famous Rainbow Raffle!



Can You Help Us Make It Happen?

To bring this magical event to life, we need as much help as possible.

That's why we've launched a brand new FOWS 'Willing Volunteers' WhatsApp group open to anyone who'd like to lend a hand now and then, without needing to attend regular meetings.

Joining is easy — and there's absolutely no pressure or endless chat!

It's simply a quick way to stay updated and let us know when you might be able to help out at an event.



Join the group here:

https://chat.whatsapp.com/CqwDjj3nxUB8KHp2FZuzn7?mode=wwc

Next FOWS Meeting:

Thursday 6th November at 8pm

(Join us for chat and drinks from 7.30pm!)

Thank you as always for being part of our wonderful school community — together, we make such a difference for the children of Wheelock!

Warmly,

Lisa

Chair of FOWS

fowscontact@gmail.com

Free School Meals

Please find below the link to apply for Free School Meals. If you do qualify for this it covers lots more than just the school meals therefore it may be worth taking a look.

https://www.cheshireeast.gov.uk/schools/school-meals/free school meals.aspx

Autumn Term Menu

Dates	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 01.09.2025, 15.09.2025, 29.09.2025,	Main Choice	Hot Dog served with Wedges & Vegetables		Roast Turkey served with Roast Potatoes, Yorkshire Pudding, Vegetables & Gravy	Spaghetti & Meatballs in Tomato Sauce served with Garlic Bread	Cheese & Tomato Panini served with Chips & Vegetables
13.10.2025, 03.11.2025, 17.11.2025,	Vegetarian Choice	Vegan Dog served with Wedges & Vegetables	Vegan Dippers served with Wedges & Vegetables	Vegan Fillet served with Roast Potatoes, Vegetables & Gravy	Spaghetti & Vegan Meatballs in Tomato Sauce with Garlic Bread	Veggie Burger served with Chips & Vegetables
01.12.2025,	Jacket Potato	Beans	Cheese	Tuna	Beans	Cheese & Beans
15.12.2025.	Sandwich	Ham Sandwich	Tuna Sandwich	Cheese Wrap	Tuna Sandwich	Chicken Wrap
	Dessert	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit

Dates	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 08.09.2025,	Main Choice	Fish Fingers served with Mash & Beans	Beef Burger served with Chips & Vegetables	Sausage Roll served with Mash, Vegetables & Gravy	Sausage & Tomato Pasta served with Garlic Bread & Vegetables	Cheese & Tomato Pizza served with Wedges & Vegetables
22.09.2025, 06.10.2025, 20.10.2025, 10.11.2025,	Vegetarian Choice	Veggie Fingers served with Mash & Beans	Veggie Burger served with Chips & Vegetables	Vegan Sausage Roll served with Mash, Vegetables & Gravy	Vegan Sausage & Tomato Pasta served with Garlic Bread & Vegetables	Vegan Pizza served with Wedges & Vegetables
24.11.2025,	Jacket Potato	Cheese	Tuna	Cheese	Beans	Cheese
08.12.2025.	Sandwich	Ham Wrap	Cheese Sandwich	Tuna Wrap	Cheese Sandwich	Ham Sandwich
	Dessert	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit

All cakes, biscuits and pizza bases are homemade on the premises
All meat and poultry products are supplied fresh by Anderton's Butchers

Community News



Fancy Dress Competition | Street Dance | Arts & Crafts | Face Painting | and more!!

Funded by Sandbach Town Council and Sandbach Partnership





Football

Tuesday Yr 1/2 09.09.25 - 21.10.25 3:15 - 4:15 £42 (7 weeks)

Football

Friday Yr 3-6 11.09.25 - 23.10.25 3:15 - 4:15 £42 (7 weeks)

Click HERE to book HT1

info@sportscoachinggroup.co.uk

(01270 449770

sportscoachinggroup.co.uk











CAN YOU HELP WITH:

BEANS & SAUSAGES CEREAL MEALS IN A TIN GRAVY GRANUALS SUGAR COFFEE

SWEETCORN TOMATO SAUCE BROWN SAUCE PORRIDGE OATS CEREAL HOT DOGS

JAM MARMALADE CORNED BEEF

Please check dates before sending in.

Harvest food donation appeal

This year we are again supporting our local food bank to help and support families in our community.

> Our collection window is Monday 6th October -Monday 20th October. Collection trays will be located in the office or send donations into class.

> > PIC.COLLAGE

Crewe Football



At The Oaks Academy (Sports Hall) Buchan Grove, Crewe, CW2 7NQ Starting on Monday 29th September 2025

In association with First Kick Football

School years - Reception & Year 1 5:30pm - 6:15pm School years - Year 1 & Year 2 School years - Year 3 & Year 4 School years - Year 5 & Year 6 6:15pm - 7:00pm 7:00pm - 7:45pm 7:45pm - 8:30pm

Dear parents,
Places are now available to join a new 12-week football course every Monday at The Oaks Academy
which is open to both boys and girls.

Our courses teach children correct football techniques by FA qualified coaches who have full DBS (CRB) clearance to work with children. The structure for the course is FUN through Football, building confidence for total beginners and moving contemos complex sessions for experienced players.

We provide a **ball per player** for the majority of our drills ensuring children get more touches of the ball and improve quicker than conventional coaching where children are waiting around to have a tun. The sessions are held in the fantastic sports hall so trainers should be worn. Players are also advised to bring a still drink for the session.

The club has links to local junior teams of which players will be able to play for at the weekend. Players who show advanced ability on the course will be recommended for frials at professional academies. Players who have previous attended courses are currently playing for Preston North End, Blackburn Rovers, Manchester United, Liverpool, Blackpool, Everton, Burnley, Bolton, Oldham, Rochdale and Wigan.

The cost of the course is just £6.25 per week, which is payable in two instalments. The first payment of £25 is due when booking your child on and the second payment of £50 due at the first session. Parents are encouraged to watch the sessions but are welcome to leave children, as every session is fully supervised.

NEW TOURNAMENT FORMAT

Every four weeks we have a tournament in order for the children to put their new-found skills into practice with medals awarded at the end of the course for various categories.

ALL PLAYERS WILL RECEIVE A TROPHY AND MEDAL at the presentation, which is held on the final week of the course. Additional trophies will also be awarded in each group from categories including. Best Attitude, Star Player, Most Improved Player, Most Promising Player and Hardest Working Player.

To book a place for your child please telephone:



Conrad 0151 363 6503 or 07514 316534 www.firstkick.co.uk









- 🕦 Parties Hands-on fun for animal-loving kids
- Care Homes Gentle visits that spark smiles
- Clubs Brownies, Cubs, Scouts & after-school groups
- Events A wild feature for fetes and fairs

From reptiles and bugs to fluffy mammals and birds -Zoo2U delivers unforgettable experiences for all ages.

Our friendly outreach team brings amazing animals and engaging presenters to you!





Pharmacists can now provide treatment or some prescription medicine, if needed, for seven common conditions, without having to see a GP.

Each condition is subject to age eligibility when providing prescription medicine:

Condition	Age eligibility		
UTI	16-64 years		
Sinusitis	12 years and over		
Earache	1-17 years		
Sore throat	5 years and over		
Shingles	18 years and over		
Impetigo 1 year and over			
Infected Insect Bite 1 year and over			

Find out more, nhs.uk/thinkpharmacyfirst





Logistica Training proudly offers Fully funded online Level 2 short courses. We have designed courses to support adults upskill and to assist their professional development. Learner will need to be 19 plus and live in a non-devolved Post Code area and not on any other funded course to be Eligible for Funding. You have 3 months to complete the course; Tutors are also available to support. Please check your postcode on this link below:

https://skillspostcodecheck.com/tool/

- · Certificate in understanding Challenging behaviour
- Level 2 Certificate in Advice and Guidance
- · Level 2 Certificate in Mental health Awareness
- Certificate in understanding Mental Health First Aid and Advocacy in the workplace
- Award in awareness of Dementia Care
- Certificate introducing caring for Children and Young People
- Certificate in principles of medication handling and administration for care settings

For more information on how to apply please contact – Julia Chiapparrone



We teach water safety and lifesaving skills, in a fun and safe way!

Why not join us (age 7+)?

ind out more Enquire for a free taster session!

Saturday mornings 07:45 to 08:45am at Crewe Lifestyle Centre

Contact: creweneptune@gmail.com facebook.com/creweneptuneslifesavingclub









