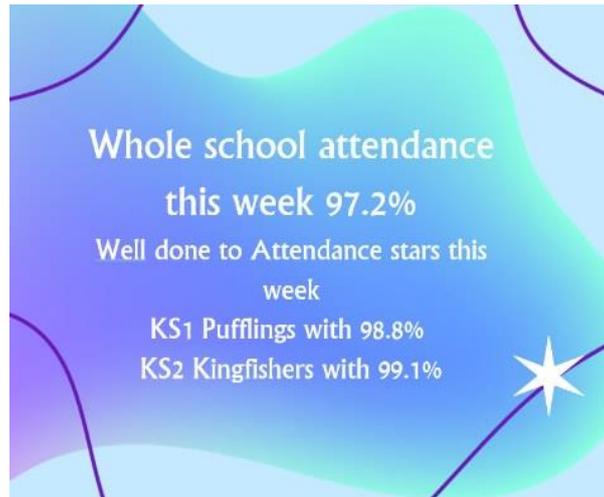


13th March 2026



# Newsletter



## Dates for your Diary

### March 2026

- 16th-20th – Neurodiversity Celebration Week
- 16th-18th – Year 4 Edgmond Hall Residential
- 17th March – Year 2 Library Visit
- 17th March – Year 1 Peak Wildlife Park Trip
- 19th March – Year 3 Grosvenor Museum Trip
- 19th March – FOWS Chocolate Bingo
- 20th March – Wear a Flash of Colour with your Uniform
- 20th March – Year 5 Easter Church Visit
- 20th March – Year 3 Class Assembly (Parents Invited)
- 24th March – Year 4 Library Visit

25th & 26th March – Parents Evening

27th March – School Closes

All this information and more can be found under Events on our website

<https://www.wheelockprimary.co.uk/>

## Neurodiversity Celebration Week 16th - 20th March 2026



Next week, we will be taking part in **Neurodiversity Celebration Week**, a fantastic opportunity to help pupils understand that all brains work differently - and that these differences are something to value, support, and celebrate.

On Monday, we will hold a whole-school assembly exploring what neurodiversity means. Following this, the children will take part in class-based activities focusing on:

- how our brains work in different ways
- celebrating individual strengths
- valuing uniqueness

## Flash of Colour – Friday 20th March

To mark the end of the week, children are invited to wear a flash of colour with their school uniform on Friday in support of celebrating neurodiversity and recognising that every brain is unique. This could be:

- a hair accessory
- a pair of colourful socks
- a badge

We look forward to learning more about how we can recognise everyone's unique strengths and give each child what they need to succeed (Articles 2, 23 & 29).

## Article 12 Squad Assembly – Equality, Equity and Fairness

This week, our Article 12 Squad (School Council) led a thoughtful assembly exploring the theme of **Equity and Equality**. Linking to the UN Convention on the Rights of the Child, the pupils highlighted:

- **Article 2** – Every child has rights, no matter who they are.
- **Article 12** – Every child has the right to express their views and be heard.
- **Article 23** – Children with disabilities have the right to special support so they can live full and independent lives.
- **Article 28/29** – Every child has the right to an education that helps them reach their full potential.



12



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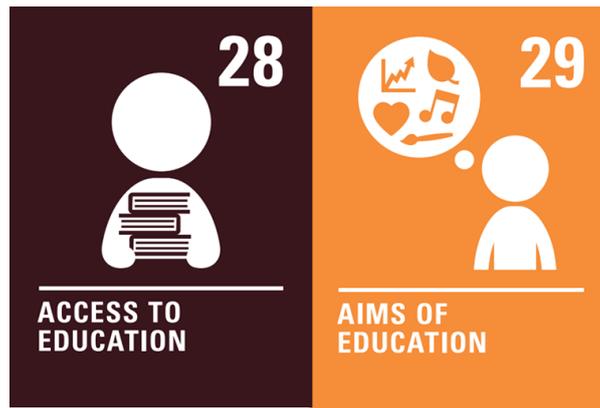
**RESPECT FOR  
CHILDREN'S VIEWS**

23



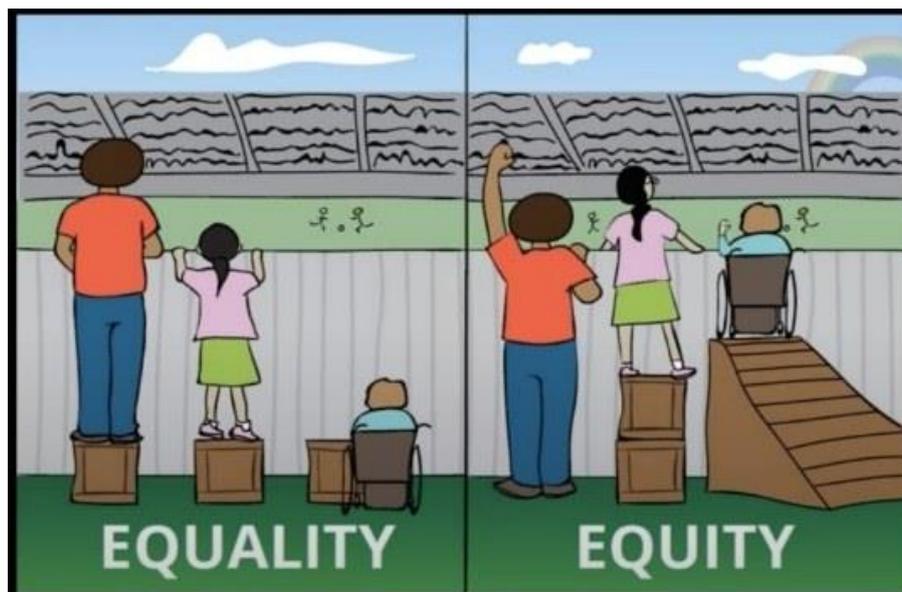
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**CHILDREN WITH  
DISABILITIES**



During the assembly, pupils discussed how the words *equity* and *equality* may sound similar but have different meanings. Using the image below, they explored the idea of **fairness**, explaining that:

- **Equality** is when everyone gets the same.
- **Equity** is when everyone gets what *they* need to succeed.



We are encouraging families to continue this conversation at home. This week, you might talk together about:

A time when everyone in your home got the same thing (**equality**).

- A time when someone needed something different to be successful or comfortable (**equity**).

These discussions help children deepen their understanding of fairness and recognise that everyone's needs are different.

**Thank you to our Article 12 Squad for leading such an engaging and thoughtprovoking assembly. It was wonderful to see our pupils actively linking their learning to the UNCRC and thinking deeply about what fairness looks like in everyday situations.**

Miss Hough & Article 12 Squad.

## Sports Praise

Our recent cross-country event was a fantastic success, with every child showing determination, sportsmanship and a brilliant team spirit. Many pupils achieved new personal bests, it was wonderful to see everyone representing the school so proudly and, most importantly, enjoying themselves throughout the day. A special welldone goes to Henry Johnson, who secured first place in the boys' race and earned a welldeserved gold medal. **Congratulations** also to Fearne Halliday, who finished an impressive fourth in the girls' race, narrowly missing out on a medal by just one place.



## Class News

### Cygnets and Pufflings

Another week has flown by in Reception, filled with lots of learning, creativity and fun.

Drawing Club this week has focused on the book 'Mixed' - the children have enjoyed drawing lots of colourful pictures and continue to impress us with using their phonics to write their codes.

In Maths we have revisited sorting and moved our learning on to sorting odd and even numbers, using the Numberblocks to help us explore this.

As part of Science week this week in our topic work we have looked at what plants need to grow and investigated whether plants would grow on the moon! We have also learnt about Mother's Day and wish all our amazing Mums a lovely day on Sunday - check your child's bookbag for a special something from them!

## Goldfinches and Woodpeckers

The children have had a wonderfully busy week of learning! In Literacy, we have been exploring kenning poems, and the children created their own imaginative kennings to describe a *Wild Thing*—we were so impressed with their creative vocabulary and descriptive ideas.

In Maths, the class has been developing their measuring skills. They began by comparing objects using cubes and then moved on to using rulers, carefully reading the numbers to measure length more accurately.

During Computing, the children followed a step-by-step algorithm to paint a picture on Purple Mash. They showed fantastic focus and loved seeing their digital artwork come to life.

As part of Science Week, we have been learning about birds and their habitats. The children worked collaboratively to design and build their own bird nests using natural materials—great teamwork and problemsolving all round!

In Whole Class Read, we continued our nonfiction text *Human Body Odyssey*. This week we looked closely at the human skeleton and discussed what makes something alive. The children were especially amused by our new scientific word *excretion*!

Well done, Year 1, for another fantastic week of learning!

## Owls and Robins

It's been a busy but brilliant week in Year 2!

This week in Literacy, the children have started their Hot Write inspired by our environmental narrative - Tidy!

In Maths, the children have continued to show resilience learning to multiply and divide by 2s and 10s.

In Whole Class Reading, the children completed their final lessons on Revolting Rhymes & made predictions about our new text - Big City Atlas!

We continued our topic on "Seasons" in Science - this week focusing on Summer. The children demonstrated an excellent understanding of how to stay safe in the sun! The children also had lots of fun creating their own Bird Feeders as part of their Science Week Activities!

In RE, the children learned about Palm Sunday.

Of course, for many the highlight of the week was the visit to Lower Moss Wood! The children had a fantastic time on the woodland walk being nature detectives, learning to sing like birds, spotting signs of animals using the motto "poo is a clue" and seeing the biggest tree in the world! In the afternoon, the children showed lots of enthusiasm whilst pond dipping! The children found lots of creatures that lived in the habitat - dragonfly nymphs, water louse, pond skaters and even fish! The children had lots of fun, their behaviour was exemplary, they demonstrated their scientific knowledge impressively. Well done for representing our school so well Year 2 - you demonstrated our Wheelock Behaviours fantastically and should be very proud of yourselves!

Enjoy the weekend and get ready for another busy week - library visits, more hot writing & year group assemblies await!

## Sandpipers and Moorhens

In year 3 this week, we have had a great time celebrating science week by entering the British Science week competition, creating our own fossil moulds and building our own volcanoes linking to topics learnt previously this year. We also made a whole class model and squealed with excitement as we watch them explode high in the air. The children will be bringing their volcanoes home soon with instructions on how to create their own mini eruption at home.

In literacy, the children have been working extremely hard on writing narrative about a Wisp that lights up a lonely town and brings hope for a brighter future. The children have impressed in their use of similes, expanded noun phrases and emotive language.

We started a new unit in Maths- Mass. Children have been learning to read mass on scales, find equivalent masses and making comparisons.

In Geography, the children learnt how to describe the location and physical features of Antarctica. A varied and enjoyable week of learning!

## Kingfishers and Lapwings

This week in Literacy, we have moved on to preparing an information guide for a monster hunter about a creature from Arthur and the Golden Rope. The children explored technical language and practised using it in their own sentences. We also looked closely at the structure and language features in the WAGOLL and built our writer's knowledge before applying this to write an informative paragraph about their chosen monster.

In Maths, we have been learning about improper fractions and mixed numbers, as well as exploring equivalent fractions. The children have been practising how to recognise and convert between these forms.

In History, we learned about Ancient Maya gods and the roles they each played. The children created their own Top Trumps-style cards to compare the different gods and their powers.

In Music, we explored how to create sounds with different instruments linked to trees and nature, such as rustling leaves, birds chirping and the wind whistling through branches.

In Computing, we continued learning about effective searching and practised using key words to help us find accurate information online.

In French, the children wrote sentences describing an alien, including the number of body parts it had and their different colours.

In PSHE, we discussed the dangers and negative effects of cigarettes and alcohol. The children had some very sensible discussions, explored different scenarios and even created a song about healthier alternatives.

In RE, we looked at the Easter story from the Bible, focusing on the two thieves beside Jesus on the cross and the theme of forgiveness.

There is also lots of excitement building as we prepare for our residential trip next week, so we hope everyone has a restful weekend ahead!

## Kestrels and Red Kites

This week, in maths, year 5 have been exploring finding the perimeter of rectangles, squares, polygons and rectilinear shapes. We have been finding shortcuts by using known information to help us such as doubling sides and seeing if the shape is regular or irregular.

During literacy, we have started our hot write linked to Greta and the giants. The children have written two paragraphs about the woods and how they have now been damaged. We are trying hard to use features linked to year 5 such as relative clauses and parenthesis.

As it is science week, we looked at the length of a shark compared to our ages and also if dropped toast always lands butter side down. We can confirm that toast lands butter side

down more often than it lands butter side up! Year 5 also helped to support the gadget shop. We manage to sell everything in three days, so well done to those who supported our science fair!

In French, we discussed clothing and how to say I wear. During RE, we continued on our journey for the Easter story. We discussed how Jesus and Judas might have felt during this time. In D&T, we made templates ready for our stuffed toys sewing unit. In computing, we enjoyed adding additional layers to our games on purple mash. During geography, we explored how the ocean is suffering because of humans. We discussed how overfishing, plastics, coral bleaching and climate change all have a devastating impact on the oceans.

We have also started our Spring term assessments this week. We completed the SPaG and reading test this week. Next week, we will look at the arithmetic and two reasoning papers. The children have worked well so far, and we are proud of their efforts.

Have a lovely weekend everyone.

## Eagles and Hawks

It's been a wonderfully busy week in Year 6, filled with curiosity, creativity, and plenty of scientific thinking. As part of Science Week, the children have thrown themselves into a range of investigations linked to our Light topic. One of the highlights was exploring the *Magic of Colour*: using spinning colour wheels, pupils discovered how rapidly moving colours blend together because the eye can no longer separate them. This hands-on experiment helped deepen their understanding of how light behaves and how we perceive colour.

In Maths, we've continued our journey into algebra, working with equations that allow for more than one possible solution. The children have shown great perseverance as they practise substituting values and reasoning through different outcomes.

Meanwhile, in Literacy, Year 6 have been crafting their own blog posts about Olympians they have researched. They've been busy proofreading, editing, and refining their writing, ready to publish their final versions next week. Their enthusiasm for sharing the stories of these inspiring athletes has been fantastic to see. Lastly, we all like to congratulate our fantastic cross-country runners, with particular recognition needed for Henry, who incredibly came first in the race! All of Year 6 are incredibly proud of this truly fantastic achievement.

## Praise

### Reception & Key Stage One

<b>Class</b>	<b>Name</b>	<b>Reason</b>
<b>Reception</b>	<b>Page</b>	<b>For always arriving at school with a smile and showing lots of enthusiasm for her learning.</b>
<b>Reception</b>	<b>Luna</b>	<b>For trying different activities when in provision this week.</b>
<b>Goldfinches</b>	<b>Alfie</b>	<b>For being an excellent friend and talk partner.</b>
<b>Goldfinches</b>	<b>Phoebe</b>	<b>For showing excellent effort in afternoon phonics.</b>
<b>Woodpeckers</b>	<b>Theo</b>	<b>For showing outstanding engagement in his learning all week.</b>
<b>Woodpeckers</b>	<b>Nancy</b>	<b>For brilliant measuring with a ruler!</b>
<b>Owls</b>	<b>Clara</b>	<b>For being aspirational in her literacy work and resilient when developing her cursive handwriting.</b>
<b>Owls</b>	<b>Rita</b>	<b>For being aspirational in her literacy work and resilient when developing her handwriting.</b>
<b>Robins</b>	<b>The Whole Class</b>	<b>For their amazing behaviour on the school trip to Lower Moss Woods.</b>

Key Stage Two

Sandpipers	Harper	For being a helpful and supportive partner during lessons this week by helping to make sure that your partner is confident with the task.
Sandpipers	Rhea	For using fantastic imagery in your writing for our promise narrative hot write this week.
Moorhens	Jakub	For super dedication to improving the content of his writing.
Moorhens	Olivia	For showing kindness and being helpful to others.
Kingfishers	Lucas	For always going above and beyond with his learning. Well done on the fantastic effort you always put in!
Kingfishers	Edith	For your creative ideas and descriptive sentences about a monster in Literacy. It is lovely to see your confidence improving with your writing.
Lapwings	Reuben	For being focused, engaged and showing willingness to learn, as well as exceptional manners in reading fluency. Keep up the great work Reuben!
Lapwings	Saffi	For giving 110% to Miss Lowe's reading challenge and for exceeding all expectations, with 206,000 words read from 18 books in just 4 weeks! WOW! You have blown my socks off Saffi. Well done!
Kestrels	Isaac	For trying really hard with his hot write this week. You selected some excellent language choices to help describe Greta and the woods. Well done!
Kestrels	Neve	For making a huge effort in maths this week when working on area and perimeter. You have really tried hard. Well done!
Red Kites	Harley	For showing a fantastic improvement in both his attitude towards his learning and his Literacy!
Red Kites	Holly	For always being a brilliant role model to our class and always being ready to learn!
Hawks	Freya	For taking on responsibilities with confidence. You have been a wonderful member of this year's School Council. I love your ideas and how truly caring you are.
Hawks	Henry	For demonstrating great responsibility within your roles. It has been lovely to see the bond you've developed with your
		Reception buddy this year and the care you have shown towards them.
Eagles	Chloe	For great enthusiasm in her practical investigations during Science Week.
Eagles	Sam	For using his initiative to do extra independent research to support his blog about an Olympian.

## The Hive

In the Hive this week the children have enjoying playing with their friends and sharing stories of their talents and achievements.

Indoors crafts, puzzle games and Lego have been a firm favourite. Mr Sutton has led different sporting games, thank you Mr Sutton the children really enjoy their time outdoors.

Please can I remind you all the importance of the gate code, this needs to be for adult eyes only soon we will be able to use the outdoor space, sharing this code impacts the safety of the children.

The Hive Praise this week is awarded to Ewan and Daisy for sharing their drawing techniques with others.

## FOWS NEWSLETTER

Thank you all SO much for the amazing chocolate donations this morning! As always, this school has done us so proud with such a fantastic bounty! We are now almost ready for Chocolate Bingo next Thursday which promises to be so much fun! The chips are ordered; the booze is on route... we are almost good to go!

I'm afraid tickets are all sold out now for this event - as always, we rely on the capacity of the hall for how many we can fit in and we've tried to squeeze in more than ever this year! PLEASE make sure to help the FOWS team out as much as possible by picking up your litter and helping tidy before leaving. Thank you!

See you there!

The PTA Team 📱

[fowscontact@gmail.com](mailto:fowscontact@gmail.com)



## Free School Meals

Please find below the link to apply for Free School Meals. If you do qualify for this it covers lots more than just the school meals therefore it may be worth taking a look.

[https://www.cheshireeast.gov.uk/schools/school-meals/free\\_school\\_meals.aspx](https://www.cheshireeast.gov.uk/schools/school-meals/free_school_meals.aspx)

## Spring Term Menu

Dates	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 23.02.2026, 09.03.2026, 23.03.2026.	<b>Main Choice</b>	Chicken Curry served with Rice & Naan Bread	Lasagne served with Garlic Bread	Roast Chicken Breast served with Roast Potatoes, Vegetables & Gravy	Sausage Roll served with Mash, Vegetables & Gravy	Cheese & Tomato Pizza served with Chips & Vegetables
	<b>Vegetarian Choice</b>	Vegetable Curry served with Rice & Naan Bread	Vegetable Lasagne served with Garlic Bread	Vegan Fillet served with Roast Potatoes, Vegetables & Gravy	Vegan Sausage Roll served with Mash, Vegetables & Gravy	Vegan Pizza served with Chips & Vegetables
	<b>Jacket Potato</b>	Cheese	Tuna	Beans	Cheese	Beans
	<b>Sandwich</b>	Tuna Wrap	Chicken Sandwich	Tuna Sandwich	Ham Wrap	Cheese Sandwich
	<b>Dessert</b>	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit
Dates	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 02.03.2026, 16.03.2026.	<b>Main Choice</b>	Chicken Goujon served with Wedges & Vegetables	Mac & Cheese served with Garlic Bread & Vegetables	Cottage Pie served with Vegetables	Fish Goujons served with Chips & Vegetables	Beef Burger served with Wedges & Vegetables
	<b>Vegetarian Choice</b>	Vegan Dippers served with Wedges & Vegetables	Tomato Pasta served with Garlic Bread & Vegetables	Quorn Cottage Pie served with Vegetables	Veggie Fingers served with Chips & Vegetables	Southern Fried Vegan Burger served with Wedges & Vegetables
	<b>Jacket Potato</b>	Beans	Tuna	Cheese & Beans	Beans	Cheese
	<b>Sandwich</b>	Ham Sandwich	Cheese Wrap	Tuna Sandwich	Cheese Sandwich	Chicken Wrap
	<b>Dessert</b>	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit

All cakes, biscuits and pizza bases are homemade on the premises  
All meat and poultry products are supplied fresh by Anderton's Butchers

## Attendance & Morning Drop-Off Reminder

We kindly remind all parents and carers of the following morning routines and attendance expectations:

- **Gates open at 8:30am**
- **Classroom doors open at 8:35am**
- **The register is taken at 8:45am**

Pupils arriving **after 8:45am** will be marked as **late**.

Arrivals **after 9:15am** will be recorded as an **unauthorised absence**, as in line with our attendance policy.

All absences **must be reported by 9:30am on the day of absence**. Please contact the school office directly to inform us.

Thank you for your continued support in helping us maintain excellent attendance and punctuality.

**Please note that the school car park is designated for staff and deliveries only. It should not be used for dropping off children who arrive late. This helps ensure safety and smooth operations during school hours.**

**Thank you for your cooperation and understanding.**



# Every Day At School Counts



More days in school =  
more friends, more learning

**90%** attendance =  
19 days missed

**80%** attendance =  
38 days missed

**27%** of primary pupils  
miss 10+ days of school

**6** days absence = **drop in**  
reading and maths



# SPRING INTO ACTION



EASTER MULTI - SPORTS AND ACTIVITIES HOLIDAY CLUBS

MOVE



PLAY



EXPLORE



30<sup>TH</sup> MARCH TO 10<sup>TH</sup> APRIL | 8:45AM - 3:15PM

WRAPAROUND AVAILABLE | CHILDCARE VOUCHERS AND TAX FREE SCHEME ACCEPTED | SIBLING DISCOUNT

**VENUES:**

- CHELFORD PRIMARY SCHOOL
- EDLESTON PRIMARY SCHOOL
- HOLMES CHAPEL PRIMARY SCHOOL
- MIDDLEWICH HIGH SCHOOL
- PEAR TREE PRIMARY SCHOOL
- SANDBACH BOYS SCHOOL
- WESTON PRIMARY SCHOOL
- WORTH PRIMARY SCHOOL

THEME DAYS

AVAILABLE

SCAN TO BOOK





# FREE HAF HOLIDAY CLUB





EASTER MULTI - SPORTS AND ACTIVITIES HOLIDAY CLUBS

Monday 30<sup>th</sup> March to Friday 10<sup>th</sup> April  
8:45AM - 3:15PM

**WHAT IS HAF?**

The **Holiday and Activities Food (HAF)** is a national programme by the Department of Education. It provides **free access to holiday clubs** with **enriching activities and nutritious meals** during Easter, summer, and Christmas holidays. This opportunity is available to children who receive **income-based free school meals**.

**HAF AVAILABILITY**

- ✓ CHELFORD PRIMARY SCHOOL
- ✓ EDLESTON PRIMARY SCHOOL
- ✓ HOLMES CHAPEL PRIMARY SCHOOL
- ✓ MIDDLEWICH PRIMARY SCHOOL
- ✓ PEAR TREE PRIMARY SCHOOL
- ✓ SANDBACH BOYS SCHOOL
- ✓ WESTON PRIMARY SCHOOL
- ✓ WORTH PRIMARY SCHOOL

FREE HOT LUNCH INCLUDED

SCAN TO BOOK







MON 30/03 - WED 01/04 & TUES 07/04 - WED 08/04

# EASTER FOOTBALL CAMP

**Age Groups:**  
Age 6-13 years

**Venue:**  
Crewe FC, Sports Pavilion, West Street, Crewe, CW2 8SJ

**Cost:**  
£25 per day: Client  
£30 per day: Non-clients  
(10% discount when booking all 5 days)



**Camp Time:**  
09:00-15:00

**Optional Extras:**  
08:00 Early Drop-off: £5 per day  
16:00 Late Pick-up: £5 per day



**Contact:** coachbarksfootball@gmail.com



West Cheshire  
Museums

CHILDRENS FREE

# CRAFTS

THIS SPRING BREAK!



SAVE THE DATE

Tuesday 7<sup>th</sup> & Wednesday 8<sup>th</sup> - Owl Masks @ Grosvenor Museum, Chester

Wednesday 8<sup>th</sup> & Thursday 9<sup>th</sup> - Easter baskets @ Lion Salt Works, Northwich

Thursday 9<sup>th</sup> & Friday 10<sup>th</sup> - Miniature hobby horse @ Weaver Hall Museum & Workhouse, Northwich

Tuesday 14<sup>th</sup> & Wednesday 15<sup>th</sup> - Story Cubes @ Grosvenor Museum, Chester

Wednesday 15<sup>th</sup> & Thursday 16<sup>th</sup> - Rainbows @ Lion Salt Works, Northwich

Thursday 16<sup>th</sup> & Friday 17<sup>th</sup> - Spring wreaths @ Weaver Hall Museum & Workhouse, Northwich



Explore Nature, Art, Science and Technology across West Cheshire Museums at **Museum Explorers club!** Come and make some exciting discoveries with us this Spring!

**Victorian Toys:** 8<sup>th</sup> April  
**Aboriginal Art:** 15<sup>th</sup> April  
11am-12pm & 12pm-1pm



**Weaver Hall**  
Museum & Workhouse

**Outstanding Owls:** 9<sup>th</sup> April  
**Art Discover Day:** 16<sup>th</sup> April  
11am-12pm & 12pm-1pm



**Grosvenor Museum**

**Eggy Experiments:** 10<sup>th</sup> April  
**Investigating Seasons:** 17<sup>th</sup> April  
11am-12pm & 12pm-1pm



**Lion Salt Works**

Booking necessary, £5 per session. To book, pop in to see us or call:  
Weaver Hall Museum: 01606 271646  
Lion Salt Works: 01606 275066  
Grosvenor Museum: 01244 972197

**Fill Stars**  
**EASTER HOLIDAYS**  
**CAMP**

**30<sup>TH</sup> MARCH - 10<sup>TH</sup> APRIL 2026**  
**9AM - 3.15PM**  
EXTENDED CARE AVAILABLE

**BOOK ONLINE**  
[WWW.ALLSTARS-SANDBACH.CO.UK](http://WWW.ALLSTARS-SANDBACH.CO.UK)

**COLOUR RUN ☆ RETRO GAMES ☆ EASTER CRAFTS**  
**GLADIATORS ☆ KICK STREET ☆ DODGEBALL**  
**MINUTE TO WIN IT ☆ EASTER EGG HUNT**  
**RIDE & GLIDE ☆ FOOTBALL ☆ STREET DANCE**  
**& MUCH MORE...**

# ELWORTH CC UNDER 9'S GIRLS

## CRICKET SKILLS TRAINING

An opportunity to learn new skills, develop your cricket & make new friends.

**STARTING 1ST MARCH**  
1ST MARCH / 15TH MARCH / 29TH MARCH /  
12TH APRIL

Sandbach Boys School  
Sports Hall  
3-4pm

All sessions will be FREE  
All levels welcome



### Contact Us

Get in contact with Matt  
Buckley via @Elworthcc IG  
Page.

HM Government **NHS**

# Think pharmacy first

Boots UK, 7 High Street, Sandbach, CW11 1AH  
Tel: 01220 767226

Pharmacists can now provide treatment or some prescription medicine, if needed, for seven common conditions, without having to see a GP.

Each condition is subject to age eligibility when providing prescription medicine:

Condition	Age eligibility
UTI	16-64 years
Sinusitis	12 years and over
Earache	1-17 years
Sore throat	5 years and over
Shingles	18 years and over
Impetigo	1 year and over
Infected Insect Bite	1 year and over

Find out more, [nhs.uk/thinkpharmacyfirst](https://nhs.uk/thinkpharmacyfirst)

See your pharmacist  
Help us help you