

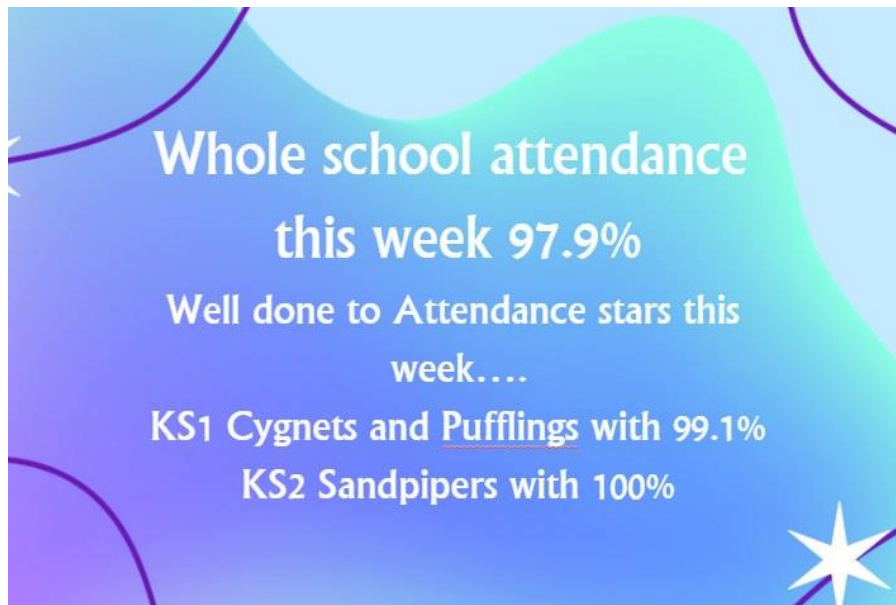
25th September 2026



Wheelock
Primary School



Newsletter



Dates for your Diary

September 2026

28th September – Year 4 Swimming - Kingfishers

October 2026

1st October – Year 5/6 Football Tournament

2nd October – Year 4 Swimming - Lapwings

2nd October – Whole School Break the Rules Day

5th October – Year 4 Swimming – Kingfishers

6th October – Tempest Sibling Photographs

7th October – Visyon Managing Emotions Workshop

9th October – Year 4 Swimming – Lapwings

All this information and more can be found on the School Calendar under Events on our website

<https://www.wheelockprimary.co.uk/>

Pupil Premium – Are You Eligible?

WHEELOCK PRIMARY SCHOOL
PUPIL PREMIUM
Extra funding to help every eligible child thrive.
Supporting every child to achieve their potential.
Aspire
Respect
Responsibility

WHAT IS PUPIL PREMIUM?
Pupil Premium is extra money paid to school for eligible children. It does not affect your benefits and is not paid directly to families.

WHY IT MATTERS
This additional funding helps us to:

- Provide targeted teaching and interventions
- Support children's wellbeing and mental health
- Offer a wider variety of clubs, trips and experiences
- Provide books and learning resources to support progress

OUR PUPIL PREMIUM STATISTICS
At Wheelock Primary School (September 2026):

- 53 pupils receive Pupil Premium funding (13% of our school).
- 43% of our Pupil Premium children are also SEND.
- 13% of our Pupil Premium children are looked after by a local authority (LAC/PLAC).
- 8% of our Pupil Premium children are service children.
- 12% of our school are in receipt of Free School Meals (FSM) (targeted and enhanced).

FREE SCHOOL MEALS UPDATE
From September 2026, all households receiving Universal Credit can apply.
You still need to apply.

HOW TO APPLY

- 1 Go to the Cheshire East Parent Portal using the website below.
- 2 Complete the online form.
- 3 It only takes a few minutes.

Apply for Pupil Premium Funding at:
www.cheshireeast.gov.uk/schools/school-meals/free-school-meals.aspx

Together we can make a big difference!
★ Aspire ♥ Respect ★ Responsibility
Brighter Futures Together

Class News

Cygnets and Pufflings

Another super week in Reception! In Drawing Club, we have loved exploring the story *We're Going on a Bear Hunt*, using our imaginations to draw and write magical codes for the bear character. The children came up with some fantastic ideas!

In Maths, we have been developing our subitising skills to 3, which means recognising small amounts without having to count them. We were also introduced to some new maths

friends called the Dotlings, who will be helping us on our number journey throughout the term.

Our phonics learning has continued as we learn more Set 1 single letter sounds, alongside lots of fun Fred Talk games to support our early reading skills.

In our topic work, we have been talking about our homes and how every house is special and unique. We have also been learning about our school community, exploring the different jobs people do around school and how they help us every day.

Well done to all our Pufflings and Cygnets for another week of wonderful learning!

Goldfinches and Woodpeckers

The children have worked incredibly hard this week and have continued to settle well into their learning routines.

In Literacy, we have started writing sentences for our *finding story* based on *Old Bear*. The children have worked hard to use their phonics, apply new vocabulary from the story, and write clear sentences about the characters and events.

In Maths, we have been comparing numbers using the greater than and less than symbols. The children particularly enjoyed using the "hungry gator" to help them remember which number is bigger and which is smaller.

In Science, we have been learning to distinguish between an object and the material it is made from. We explored a range of everyday items and discussed the different materials used to make them.

In History, we were delighted to welcome a visitor who spoke to us about the toys they played with when they were young. The children asked thoughtful questions that they had prepared beforehand and enjoyed comparing past toys with the toys they play with today. This helped us to understand how toys have changed over time.

Thank you for your continued support. We hope you all have a wonderful and relaxing weekend, and we look forward to another exciting week of learning next week!

Owls and Robins

The sun has been shining in Year 2 which has helped us to produce some wonderful work this week!

This week in literacy, the children have written their circular narratives for their hot writes. They have tried to describe different locations such as the jungle and city. They have been using expanded noun phrases (like old, wooden boat) and also suffixes with er and est (such

as longest and longer). We have been really impressed with their writing and how they have tries hard to make sure every sentence has a capital letter and full stop.

In maths, we have been estimating and comparing numbers. The children found estimating to be quite tricky. They have been much happier when comparing. We have used the words greater than and less than. See if they can tell you which number is greater!

In RE, we looked at how Jesus was a good friend and forgave his friends when they made the wrong choices. We have continued to learn the Year 1 common exception words in spelling. During art, we have worked on shading and tone. The children have used the pencil at different angles to create different tones. In science, we used the story of the Three Little Pigs to inspire us when investigating materials. We checked which were strong or waterproof. In computing, we have continued to use paint to explore making images. During history, we interviewed Mrs Whitehead and Kev by asking them questions about schools in the past. The children learnt that Mrs Whitehead was well behaved at school but Kev did get the cane when he tripped someone up. It was a great afternoon – thank you to them both for giving up their time to talk to the children.

Another excellent week in Year 2. We have really seen the children apply their learning this week – especially in the literacy. Have a wonderful weekend everyone!

Sandpipers and Moorhens

What a fantastic week we have had in Year 3!

In Literacy, the children have been completing their Hot Write, creating a suspense-filled threat narrative based on *The Iron Man*. We have been incredibly impressed with the effort, creativity and determination shown by everyone. The children worked hard to apply the skills they have been developing over the past few weeks, including ambitious vocabulary, expanded noun phrases and descriptive language. A huge well done to all of the class for producing such excellent first pieces of writing!

In Maths, we have begun our new unit on addition and subtraction. The children have been building on their existing understanding of number bonds and exploring how these can be used to solve calculations more efficiently. We have been focusing on developing confidence with mental strategies and making connections between different number facts.

In French, we have continued learning greetings and are becoming more confident with our spoken language skills. The children can now answer the question “*Comment ça va ?*” (*How are you?*) and have enjoyed practising conversations with their classmates.

During Whole Class Reading, we have continued our exciting journey through *James and the Giant Peach*. The children have thoroughly enjoyed meeting the fascinating characters and discussing key events in the story, making predictions about what might happen next.

In Science, we have been learning all about the muscles in our bodies. The children were particularly interested in discovering how the biceps and triceps work together, contracting and relaxing to create movement. There have been lots of thoughtful discussions and opportunities to explore how our bodies help us complete everyday tasks.

In PE, the children have continued to develop their football skills. They have enjoyed practising control, passing and dribbling, while also demonstrating excellent teamwork and sportsmanship throughout each lesson.

It has been another busy and successful week in Year 3. We are incredibly proud of the children's hard work, enthusiasm and positive attitudes towards their learning, and we look forward to another exciting week ahead! ★ 🎉

Kingfishers and Lapwings

Another brilliant week in year 4! The children have enjoyed their second swimming session - definitely a highlight of their week! In maths we have built upon year 3 learning with a focus on rounding to the nearest 10, 100 and 1000 using number lines to support. In Literacy the children have had opportunity to practice their editing and improving skills and have begun to complete their first hot write based on our text The Whale - they have some brilliant ideas and vocabulary as we can't wait to read their final pieces. This week we have finished off our science investigation which made some of us feel a little queasy as we saw the effect of different liquids on our teeth (eggs for our experiment). Hopefully they are all brushing their teeth extra well now! This is just a highlight of our week; there has been so much more! Well done to everyone who has been reading and completing quizzes and those children who have been busy practising their times tables too. Have a great weekend everyone.

Kestrels and Red Kites

What another fantastic week we have had in Year 5!

In Literacy, we have started our hot write, imagining what it must have felt like to be Curiosity as it took off from Florida and began its incredible journey towards Mars. The children have really enjoyed putting themselves in the rover's position and thinking carefully about the sights, sounds, emotions and experiences Curiosity may have encountered along the way. Next week, we will be finishing our hot writes and continuing to explore the rest of Curiosity's amazing journey.

In Maths, we have been developing our understanding of numbers up to 1,000,000. We have been ordering and comparing large numbers and have also been learning how to round numbers to different degrees of accuracy. We finished the week by completing our end-of-unit assessment, giving us a chance to show everything we have learned.

In PSHE, we have been thinking about what it means to be a citizen of our country and exploring the reasons why people may move between different countries. We have enjoyed discussing different perspectives and considering the experiences of people around the world.

In RE, we have been learning about the Puja plate and exploring how Hindus use it when worshipping and celebrating their deities. We have been discovering more about the different objects found on a Puja plate and their significance within Hindu worship.

In Computing, we have now developed all the skills we need to create our very own quizzes. On Wednesday, it was time to put those skills into action as we designed and created our own quizzes! The children have really enjoyed being creative while also thinking carefully about how to make their quizzes work effectively.

In Science, we have been exploring the movement of the Earth and Moon in relation to the Sun. We have been learning about orbits and developing our understanding of how these objects move through space. There have been lots of fascinating questions and discussions as we continue to explore our amazing Solar System!

Our Art learning has also continued to develop. Having created our printing plates, we are now focusing on the design that will appear on top of our print. We have been inspired by the artist Ties Albers, exploring how we can use shapes, lines and patterns to show movement and create futuristic images. We are now getting ready to bring all of these ideas together to create our very own space-themed artwork.

It has been another busy and exciting week in Year 5, and we have been incredibly impressed with the children's enthusiasm, creativity and curiosity. We can't wait to see where our learning takes us next week! 🚀

Eagles and Hawks

It has been another hardworking week in Year 6 as the children continue to build their knowledge and confidence across the curriculum. In Maths, we have been focusing on factors, multiples and prime numbers, using our understanding to solve a range of challenging problems and investigations.

In Literacy, the children completed a hot task piece of writing, creating an exciting narrative based on Charles Darwin discovering a new species of animal. They worked hard to use ambitious vocabulary, descriptive language and effective narrative techniques to bring their ideas to life.

Our Science lessons continued our learning about evolution and natural selection. This week, we explored how species adapt to their environments, using the example of the peppered moth to understand how camouflage can help animals survive and reproduce over time.

In Music, we have been improvising musical ideas while experimenting with pitch and dynamics, developing our understanding of how these elements can be used to create different moods and effects.

Meanwhile, in History, we examined Victorian census records to investigate the wide range of jobs people carried out during the Victorian era. The children were fascinated to discover how working life was very different from today.

Another hardworking week in Year 6. Well done, everyone, for your continued effort, enthusiasm and resilience!

Praise

Reception & Key Stage One

Class	Name	Reason
Pufflings	Mollie	For always showing our Wheelock behaviours - a role model to her peers.
Pufflings	Robbie	For trying really hard with his letter formation this week.
Cygnets	Esme	For great ideas and careful drawings this week.
Cygnets	Kit	For fantastic ideas and drawings in drawing club.
Goldfinches	Mia	For working super hard on their writing at the moment, keep it up!
Goldfinches	Page	For working super hard on their writing at the moment, keep it up!
Woodpeckers	Isla	For being enthusiastic in phonics and always trying your very best. Your positive attitude, effort and determination to learn new sounds is fantastic.
Woodpeckers	Seb	For showing wonderful fluency and expression when reading. You read with confidence, accuracy and great enthusiasm.
Owls	Isla	For her use of fantastic vocabulary – you are a natural writer! I really enjoyed reading your narrative. Well done!!
Owls	Harper	For always wanting to work hard and try her best – she is so keen and ready to learn. I love your enthusiasm! Well done!
Robins	Orla	For consistently making sensible choices and following instructions with care and maturity.
Robins	Dottie	For bringing happiness, enthusiasm to everything she does.

Key Stage Two

Sandpipers	Amelia	For a superb learning attitude every day, showing kindness to everyone and always being the best version of herself.
Sandpipers	Freya	For working so hard during her hot write to include subordination, expanded noun phrases and similes.
Moorhens	Edie	For outstanding effort in your Iron Man Hot Write.
Moorhens	Hattie	For outstanding effort in your Iron Man Hot Write.
Kingfishers	Maisie	For her excellent contributions to lessons, I love hearing your wonderful ideas!
Kingfishers	Vinnie	For being a wonderful friend to others, always showing kindness and consideration to those around him.
Lapwings	Teddie	For always being a responsible member of our class & aspiring with all of his learning!
Lapwings	Ellie	For fantastic work in Literacy - working more independently and aspiring to do her best!
Kestrels	Matilda	For everything good a pupil can do. Hard work, kindness, great listening, wonderful manners.
Kestrels	Elias	Maths wizardry - absolutely beasted rounding this week. Not an easy skill but Elias made it look just that.
Red Kites	Bonga	For his excellent and aspirational work in his literacy group, showing beautiful handwriting and using expanded noun phrases and fronted adverbs to write a fantastic journey to space narrative. Well done Bonga!
Red Kites	Grace	For showing a kind and caring attitude, and respect to our classroom environment, for always wanting to help maintain a lovely space to make it a nicer place to be. This doesn't go unnoticed! Thank you!
Hawks	Jacob	For always making me smile with his fantastic sense of humour and for demonstrating excellent proofreading and editing skills in his hot write.
Hawks	Ethan	For growing in confidence this week and showing everyone what he is truly capable of. Keep up the fantastic effort, and happy birthday!
Eagles	Oisin	For fantastic writing ideas and excellent focus in all lessons.
Eagles	Juan	For fantastic vocabulary choices in his narrative writing.

The Hive

The children have had a fantastic time at afterschool club this week! They have enjoyed getting creative with the Lego, taking part in fun role-play library games, and making some lovely pieces of artwork.

We are especially proud of the beautiful creations the children have made for our new Proud Display. It has been wonderful to see their creativity, imagination and enthusiasm shine through.

FOWS NEWSLETTER



SEND Information

This is a great padlet for parents from CEAT (Cheshire East Autism Team), please find the link below.

[CEAT Parent/Carer Padlet](#)



SEND 0-19 Advice sessions

SEND 0-19+ health practitioners (On behalf of health visitor/school nursing services Cheshire East) bookable appointments for parents for support, signposting and guidance with all SEND related issues and helping to understand why your child may be struggling and ideas that may help. Think your child may have SEND and not sure where to go or what to do? Need support around toileting, sleep, behaviour or development – feel free to book an appointment for some advice. You will be seen on a 1-1 basis and there is no need to bring your child.

September 2026

Tues 1st September 9.15-12.15am Nantwich Children's Centre
Thurs 10th September 9.15 -12.15am Monks ~~Coppenhall~~ SEND Hub
Mon 14th September 9-11am Ash Grove Family Hub
Fri 18th September 9-11am Congleton family Hub
Thurs 24th September 1.30-4.30pm Wesley Place Methodist Church, Alsager
Tues 29th September 9.30am-11.30am ~~Oakenclough~~ Family Hub

October 2026

Thurs 1st October 9.15-12.15 Monks ~~Coppenhall~~ SEND Hub
Tues 6th October 9.15-12.15am Nantwich Children's Centre
Friday 9th October 9-11am Knutsford Children's Centre
Monday 12th October 9-11am Ash Grove Family Hub
Friday 16th October 9am-11am Congleton Family hub
Tuesday 27th October 9.30am-11.30am ~~Oakenclough~~ Family Hub
Thurs 29th October 1.30-4.30pm Wesley Place Methodist Church, Alsager

November 2026

Tuesday 3rd November 9.15-12.15am Nantwich Children's Centre
Monday 9th November 9-11am Ash Grove Family Hub

OFFICIAL

Thurs 12th November 1.30-4.30pm Wesley Place Methodist Church, Alsager
Friday 13th November 9-11am Congleton Family Hub
Thurs 26th November 9.15-12.15am Monks ~~Coppenhall~~ SEND Hub
Tuesday 27th November 9.30am-11.30am ~~Oakenclough~~ Family Hub

December 2026

Tuesday 1st December 9.15-12.15am Nantwich Children's Centre
Thurs 3rd December 9.15-12.15am Monks ~~Coppenhall~~ SEND Hub
Friday 4th December 9am-11am Knutsford Children's Centre
Monday 7th December 9am-11am Ash Grove, Macclesfield Family Hub
Thurs 10th December 1.30-4.30pm Wesley Place Methodist Church, Alsager
Friday 11th December 9am – 11am Congleton Family hub
Friday 15th December 9.30am-11.30am ~~Oakenclough~~ Family Hub

To book an appointment:

At Congleton, Knutsford, Ash Grove or ~~Oakenclough~~;
Email startforlifeforth@cheshireeast.gov.uk.
At Monks ~~Coppenhall~~, Nantwich and Alsager call 01270 371240 or
Email startforlifefouth@cheshireeast.gov.uk

Venues and contact numbers

Wesley Place Methodist Church, 30 Lawton Rd, Alsager, ST7 2RU
Ash Grove Family Hub, Macclesfield, SK11 7TD Tel: 01625 374484
Congleton Family Hub, Congleton, CW12 3AH Tel: 01260 371061
Knutsford Children's Centre, Manor Park North, Knutsford, WA16 8DB
Monks ~~Coppenhall~~ SEND Centre of Excellence, Crewe, CW1 4LY Tel: 01270 371240
Nantwich Children's Centre, Nantwich, CW5 5GX Tel: 01270 371240
~~Oakenclough~~ Family Hub, Wilmslow, SK9 2PZ Tel: 01625 374180

For future dates please see –

[Special Educational Needs and Disability \(SEND\) - drop-in sessions in Cheshire East - Wirral Community Health and Care NHS Foundation Trust](#)

OFFICIAL

Safeguarding and Parenting Support



You Are Not Alone - A supportive community for parents and carers

You Are Not Alone is an online support service for parents and carers who have a child diagnosed (or suspected) with autism and/or PDA. They are offering a **whole month free** access to a warm, understanding community for parents and carers seeking support, connection and practical guidance. This safe, welcoming space offers help with meltdowns, emotional regulation, education and everyday challenges, right from the start.

You'll have full access to weekly live dropins, a rich library of videos, articles and podcasts, and a supportive WhatsApp group to connect throughout the week. Even one month of steady support can help you feel less isolated, more confident, and better equipped to advocate for your child.

Follow the link for further information <https://www.youarenotalone.community/>

Free School Meals

Please find below the link to apply for Free School Meals. If you do qualify for this it covers lots more than just the school meals therefore it may be worth taking a look.

https://www.cheshireeast.gov.uk/schools/school-meals/free_school_meals.aspx

Autumn Term Menu

Dates	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 31.08.2026, 14.09.2026, 28.09.2026, 12.10.2026.	Main Choice	Chicken Goujon served with Wedges & Vegetables	Spaghetti & Meatballs served with Garlic Bread	Sausage Roll served with Mash, Vegetables & Gravy	Fish Fingers served with Chips & Vegetables	Chicken Burger served with Wedges & Vegetables
	Vegetarian Choice	Vegan Dippers served with Wedges & Vegetables	Spaghetti & Vegan Meatballs served with Garlic Bread	Vegan Sausage Roll served with Mash, Vegetables & Gravy	Veggie Fingers served with Chips & Vegetables	Southern Fried Vegan Burger served with Wedges & Vegetables
	Jacket Potato	Beans	Tuna	Cheese & Beans	Beans	Cheese
	Sandwich	Ham Sandwich	Cheese Wrap	Tuna Sandwich	Cheese Sandwich	Chicken Wrap
	Dessert	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit

Dates	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 07.09.2026, 21.09.2026, 05.10.2026, 19.10.2026.	Main Choice	Chicken Curry served with Rice & Naan Bread	Spaghetti Bolognese served with Garlic Bread	Roast Turkey served with Roast Potatoes, Vegetables & Gravy	Hot Dog served with Wedges & Vegetables	Cheese & Tomato Pizza served with Chips & Vegetables
	Vegetarian Choice	Vegetable Curry served with Rice & Naan Bread	Quorn Spaghetti Bolognese served with Garlic Bread	Vegan Fillet served with Roast Potatoes, Vegetables & Gravy	Vegan Dog served with Wedges & Vegetables	Vegan Pizza served with Chips & Vegetables
	Jacket Potato	Cheese	Tuna	Cheese & Beans	Cheese	Beans
	Sandwich	Tuna Wrap	Cheese Sandwich	Tuna Sandwich	Ham Wrap	Chicken Sandwich
	Dessert	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit

All cakes, biscuits and pizza bases are homemade on the premises
All meat and poultry products are supplied fresh by Anderton's Butchers

Community News



Crewe Football Development

At The Oaks Academy (Sports Hall)
Buchan Grove, Crewe, CW2 7NQ
Starting on Monday 28th September 2026



In association with First Kick Football

School years - Reception & Year 1	5:30pm - 6:15pm
School years - Year 1 & Year 2	6:15pm - 7:00pm
School years - Year 3 & Year 4	7:00pm - 7:45pm
School years - Year 5 & Year 6	7:45pm - 8:30pm

Dear parents,
Places are now available to join a new 12-week football course every Monday at The Oaks Academy, which is open to both boys and girls.

Our courses teach children correct football techniques by FA qualified coaches who have full DBS (CRB) clearance to work with children. The structure for the course is 'FUN through Football', building confidence for total beginners and moving onto more complex sessions for experienced players.

We provide a **ball per player** for the majority of our drills ensuring children get more touches of the ball and improve quicker than conventional coaching where children are waiting around to have a turn. The sessions are held in the fantastic sports hall so trainers should be worn. Players are also advised to bring a still drink for the session.

The club has links to local junior teams of which players will be able to play for at the weekend. Players who show advanced ability on the course will be recommended for trials at professional academies. Players who have previously attended courses are currently playing for Preston North End, Blackburn Rovers, Manchester United, Liverpool, Blackpool, Everton, Burnley, Bolton, Oldham, Rochdale and Wigan.

The cost of the course is just £6.67 per week, which is payable in two instalments. The first payment of £30 is due when booking your child on and the second payment of £50 due at the first session. Parents are encouraged to watch the sessions but are welcome to leave children, as every session is fully supervised.

****NEW TOURNAMENT FORMAT****
Every four weeks we have a tournament in order for the children to put their new-found skills into practice with medals awarded at the end of the course for various categories.

ALL PLAYERS WILL RECEIVE A TROPHY AND MEDAL at the presentation, which is held on the final week of the course. Additional trophies will also be awarded in each group from categories including: Best Attitude, Star Player, Most Improved Player, Most Promising Player and Hardest Working Player.

To book a place for your child please telephone:

Henry
0151 363 6503 or 07514 316534
www.firstkick.co.uk

We cannot guarantee that the course will run in consecutive weeks
Please note we have a strict no refund policy once the course has been booked




BACK TO SCHOOL,

BACK TO SWIM



Join from
£38.50
per month

No Joining Fee!
Save £21.99

**BOOK
TODAY!**

Ts&Cs and pro-rata apply.

After School Clubs



Football

Tuesday
Yr 3-6
08.09.26-20.10.26
3:15 - 4:15
£42 (7 weeks)

Multi-Sports

Thursday
Rec - Yr 2
10.09.26-22.10.26
3:15 - 4:15
£42 (7 weeks)

Click **HERE** to book Autumn 1

Bookings go live during the summer holidays

 info@sportscoachinggroup.co.uk

 01270 449770

 sportscoachinggroup.co.uk

**SPORTS
COACHING**
GROUP



MIDDLEWICH JUDO CLUB

READY STEADY JUDO

Looking for a fun, active, and confidence-building activity for your 5-7 year old child?

Come and try JUDO! A fantastic way to learn new skills, make friends, and burn off energy! Judo helps children grow in confidence, improve coordination, and learn respect, all in a safe, structured environment with fully qualified, DBS-checked coaches.



TUESDAY
18:15PM - 19:15PM
AT MIDDLEWICH VICTORIA HALL

Want to be a Judo Superstar?

Come and join the fun at Middlewich Judo Club where you can jump, roll, balance, and learn awesome moves!

No experience needed! Just bring energy and a big smile!

★ **Come and Have a go!**
Wear comfy clothes, bring a drink, and get ready to have LOTS of fun!

WHAT WILL YOU DO?

- Learn cool judo throws & rolls (safely, of course!)
- Play fun games while getting stronger
- Earn belts & badges
- Make new friends every week
- Feel like a real-life ninja!



FIRST SESSION FREE
LESS THAN £5 PER SESSION

TRY JUDO... YOU MIGHT JUST LOVE IT!

CALL JARED: +44 7949 922795
MIDDLEWICHJUDOCLUB2@OUTLOOK.COM
WWW.MIDDLEWICHJUDOCLUB.CO.UK



Hampton Dental Care

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- ☒ No registration required
- ☒ Online booking
- ☒ New patients welcome



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Think pharmacy first

Boots UK, 7 High Street, Sandbach, CW11 1AH
Tel: 01223 76 2226

Pharmacists can now provide treatment or some prescription medicine, if needed, for seven common conditions, without having to see a GP.

Each condition is subject to age eligibility when providing prescription medicine:

Condition	Age eligibility
UTI	16-64 years
Sinusitis	12 years and over
Earache	1-17 years
Sore throat	5 years and over
Shingles	18 years and over
Impetigo	1 year and over
Infected Insect Bite	1 year and over

Find out more, nhs.uk/thinkpharmacyfirst

See your
pharmacist
Help us
help you