28th November 2025





Newsletter

Dates for your Diary

December 2025

1st December - Year 2 Hope Journey at Wheelock Methodist Church

3rd December – EYFS Nativity at Wheelock Methodist Church (Parents Invited)

5th December – St Luke's Elf Run (Donations)

11th December – FOWS Christmas Merry Market 4-6pm

12th December – Year 1 Nativity Songs at Wheelock Methodist Church (Parents Invited)

15th December - Year 5 Road Safety & Escape to Safety Talks

15th December – KS2 Christmas by Candlelight (Parents Invited)

17th December – EYFS & KS1 Christmas Trip to the New Vic Theatre

17th December – KS2 Christmas Lunch

18th December – KS2 Christmas Trip to the New Vic Theatre

18th December – EYFS & KS1 Christmas Lunch

18th December – Year 2 Crafternoon Tea (Parents Invited)

19th December – Wear a Christmas Jumper Day

19th December – School Closes for the Christmas Holidays

All this information and more can be found under Events on our website

https://www.wheelockprimary.co.uk/

Supporting Parents for Emotional Well-Being

Parenting is rewarding, but it can also feel overwhelming at times. Emotional well-being isn't just important for children, it matters for parents too.

Whether it's managing stress, finding balance, or simply having someone to talk to, support networks help parents feel connected and resilient. Let's work together to create a community where every parent feels heard, supported, and empowered.

Cheshire East Council gives families free access to **Togetherness** resources to support wellbeing. This free online learning is available for parents, carers, grandparents and young people. This fantastic resource of parenting support can be accessed in your own time.

Using exclusive access code: WHEATSHEAF

Cheshire East | Togetherness - Togetherness

Download the free myHappymind app which has activities for the children, mini masterclasses for parents, happy breathing and music to support your child's well-being at home.

Use Wheelock's access code: 142756

Access support from Visyon who are always happy to listen and you don't need a referral from a GP or school, you can call them directly to discuss your concerns and the support they offer you is completely free of charge. They also offer parent courses and webinars.

Parent Workshops | visyon

Or why not find support from your local Family Hub who provide support, advice and guidance for all children aged 0-19.

Family Hubs

Drawing Competition

If your child enjoys drawing then please encourage them to enter this wonderful competition to win great prizes for their classroom.



Festive Dash Fund Raiser

On Sunday 23rd November Emmy put on her reindeer antlers and took part in the Festive Dash at Heaton Park in Manchester to help raise some vital funds for The Christie Charity... and run she did! She was AMAZING! The weather was grim; it was cold, and rained from start to finish but Emmy's determination to run the whole 5K route was inspiring. She completed the course in a fantastic 39 minutes! An amazing achievement for someone that has never ran that far before.

She was part of a team that so far have raised an incredible £1,747 for the charity! Super proud of her, well done Emmy! **

Class News

Cygnets and Pufflings

Another week has flown by in Reception! In Drawing Club, the children have been exploring the story of *The Three Little Pigs*. They enjoyed sketching the wolf, designing different houses, and even planning clever ways they might trap the wolf!

In Maths, we have been learning about parts and wholes. We started by looking at everyday objects that have different parts and had great fun singing *Head*, *Shoulders*, *Knees and Toes* to help us think about the parts of our bodies. This then led us into exploring the parts that make up the numbers 2 and 3.

Our topic work this week has focused on light and dark. The children learnt about nocturnal animals and carried out colour-mixing investigations, discovering how adding black or white paint can make colours darker or lighter.

Well done, Reception, for another super week! We are very much looking forward to our Nativity performance next week and getting into the full Christmas spirit in school as we head into December.

Goldfinches and Woodpeckers

In year 1 the children have been enjoying writing all about how to catch the witch in Rapunzel. They completed some amazing ingredients spells this week, and are looking forward to writing their instructions soon. In Maths, we have started our new unit on 2D and 3D shapes. They are getting very good at recognising the corresponding 2D and 3D shapes. In Whole class read, the children have enjoyed continuing with the book 'How Many Spots has a Cheetah Got?'. They retrieved their favourite facts from the book and enjoyed learning all about the big cats. We are spending lots of time practising for our upcoming nativity. The children are becoming true performers and learning the songs very well. If your child has come home with some lines, please take the time to learn them with them ready for their play. Another great week, the children are so excited for the 1st December next week. It is almost Christmas!

Owls and Robins

A super week in Year 2!

This week, the children completed their "hot write" in Literacy. The children created setting narratives to describe a garden in winter. We were very impressed by the children's creative ideas and their use of adverbs, adjectives and similes!

In Maths, we have looked at: "finding the difference" between numbers, comparing two numbers, solving missing number problems and using the column method!

In Science, the children have been thinking about "nutrition". We discussed each food group and learned how it helps our body. The children then got to design a meal which was balanced! Similarly, in DT we continued to think about balanced nutrition. The children became restaurant owners this week and designed a whole menu of balanced meals!

In PSHE, we thought more about "assumptions". The children then thought about their differences.

Lots of fun was had again in both Art and Music! In Art, the children have been using paint to make pieces they can later collage with and in Art, the children made a soundscape for "Jack and the Beanstalk" working to decide how the dynamics and tempo should be throughout the story!

In History, the children answered our topic question "Would you prefer to go to school in the past or the present?". The children had some thoughtful answers!

In Whole Class Reading, the children have been practicing their retrieval skills and their inference - discussing how a Victorian child might have felt getting a Christmas tree for the first time!

Finally, in RE the children thought about the "gifts" that some Christians believe Jesus gave to the world!

Well done Year 2! Keep up the great work!

Sandpipers and Moorhens

This week in year 3, the children have enjoyed learning all about the 3 and 4 times tables and have impressed in their ability to group and share. In literacy, we have started our new unit on information leaflets where we have explored natural wonders of the world and have decided upon volcanoes to be our focus as it links with our geography learning. In science, the children have continued to explore magnets. This week they have been testing whether a material is magnetic or not. In French, we have been learning the days of the week. The children have had a great week in forest school, making decorations for the school's Christmas tree. In geography, the children have learnt about the different layers of the earth. In Re, we discussed Jesus' birth. The children have been busy learning carols, ready for our KS2 carols by candlelight performance.

Kingfishers and Lapwings

This week has been a fantastic week of learning! In Literacy, we have been writing our narrative all about a polar bear who gets lost. We have used fronted adverbials, prepositions and expanded noun phrases to describe the situations in which our character finds himself. Our imaginations have run wild as we have described our deserted island and how his life is saved! In maths we have continued to learn multiplication and division of different factors. We have focused on our threes, sixes and nines so far and this week have added in our sevens.

In forest school we have continued to create our pavilion structures out of sticks and twigs and leaves and pieces of bark that we have foraged for in the woods. We have also loved exploring the woodland and building dens, relaxing in the hammocks and making imaginative structures from tyres etcetera! In RE we have had a special visitor this week, who came to talk to us about the nativity story and how symbolic it is to Christians. She talked us through all the different parts of the Christmas story and showed us the ornaments that tell the story within the church. In geography, we have been learning more about rivers focusing on rivers around the world and the importance to us. We have talked about how rivers transport goods and people and how they are vital to life in many countries.

In science, we have helped Willy Wonka work out how to melt his solid river of chocolates, by carrying out an experiment to see how chocolate can be melted quickly and effectively. Ask us all about our experiment! We just about managed to resist eating the chocolate! This experiment allowed us to give us a deeper understanding of how substances can change state, from solid to liquid, or from liquid to gas, when heat is applied. We also discussed how cooling a substance can cause it to change state from gas to liquid, or from liquid to solid.

Thank you to everybody who attended our residential meeting this week, we hope the children are excited about our upcoming residential next year. The PowerPoint will be made available on our school website, but please don't hesitate to contact us if you have any questions.

Kestrels and Red Kites

This week in maths, we have completed our first fractions unit. The children have been ordering and comparing fractions. They have had to look at the numerator and denominator as well as finding equivalent fractions. They have also started their autumn term NFER assessments. We have been really proud of their efforts.

In literacy, after completing our descriptive narrative, we have moved on the look at letter writing. The children have used conjunctions and new vocabulary to generate interesting

sentences. They have also thought how the characters feel at different points in the story. During spelling, we have continued to focus on the year 3 and 4 common exception words.

In geography, we have looked at our local area and how we can use OS maps to help find places of interest. We discussed the activities which we can do in Sandbach. In RE, we had the church visit us to discuss the validity of the Christmas story. The children looked at it from a Christian point of view. In computing, we have continued to look at spreadsheets and how we can record data on them. In French, the children used directions to get to different places such as left, right and straight ahead. In science, we have been learning how useful friction is and how this helps us to grip on different surfaces. The children are enjoying using the online keyboards to play 'blues' music. In PSHE, we have discussed being kind and using kind words.

Another lovely week in Year 5. Have a fantastic weekend all!

Eagles and Hawks

Year 6 have had a wonderfully busy week of learning. In maths, the children have been working with fractions, learning how to multiply them by whole numbers, multiply fractions by fractions, and divide fractions by whole numbers. In literacy, they have begun exploring letter writing through the role of Farther, using role play to act out illustrations from the book to deepen their understanding of character and voice. Science lessons have focused on electricity, with investigations into what happens to bulbs when the voltage in a circuit is increased. In computing, pupils have been discovering how delimiters can be used to separate information in a spreadsheet, helping them organise data more effectively. Religious Education has encouraged thoughtful discussion as the class explored Christianity by considering the question of why it is significant that Mary was Jesus' mother. Finally, in French, the children have been practising the use of adjectives to describe different rooms in the house, building both vocabulary and confidence.

We are delighted to be able to invite Year 6 to a residential in London in May 2026 – details of which parents have received by email. If you have any questions about this trip, please speak to Mr Owen before or after school.

Praise

Reception & Key Stage One

Class	Name	Reason
Reception	Harry	For super imagination and drawings ③
Reception	Austin	For showing great independent Maths skills this week.
Goldfinches	Ember	For being independent with her writing. Well done!
Goldfinches	Phoebe	For being a helpful member of the class.
Woodpeckers	Harriet	For a great job using bossy verbs in literacy.
Woodpeckers	Amelie	For brilliant work exploring 3D shapes.
Owls	Clara	For a fantastic setting narrative in Literacy!
Owls	Maddison	For being resilient with her Maths learning!
Robins	The Whole Class	For a wonderful hot write. Well done Robins!

Key Stage Two

Sandpipers	Alfie	For his amazing attitude and positivity towards the first school sessions. It has been amazing watching your confidence grow!
Sandpipers	Eliza	For her fantastic effort during Christmas carol practice for our end of term concert.
Moorhens	Sylvie	For super effort in supporting others in learning carols for our end of term concert.
Moorhens	Ava	For super effort in supporting others in learning carols for our end of term concert.
Kingfishers	Billy	For sharing great ideas and fantastic explanations in Science. Keep being a superstar, Billy!
Kingfishers	Leo	For writing creative sentences with fronted adverbials and expanded noun phrases in Literacy. Well done!
Lapwings	Jenson	For trying really hard this week to form his letters clearly and correctly and writing sentences using capital letters and full stops! Well done Jenson, I can see you are trying really hard to present your work more neatly, and write more clearly!
Lapwings	Louie	For really immersing himself in our quality text Leaf and having some fantastic ideas to share in his group for his hot write! I also wanted to praise Louie for his kindness to others, as last week he drew a picture for each child in our class, that was personal to them and linked to something he knew about them, which was thoughtful and kind!
Kestrels	Frankie	For an excellent hot write - your description was detailed and flowed beautifully. Well done!
Kestrels	Mabel	For being a caring, thoughtful and funny member of the class. You are a wonderful example of a year 5 student! Well done!
Red Kites	Teddy	For performing excellently in his Maths assessments.
Red Kites	Daniel	For his efforts in writing.
Hawks	Bella	For always being a kind and responsible member of the class. Well done Bella!
Hawks	Freya	For her effort and determination with her hot write. Well done Freya!
Eagles	Harrison	For fantastic work dividing fractions by whole numbers.
Eagles	Mia	For super writing ideas in her setting narrative.

The Hive

This week in our Before and After School Club the children have had a great time playing games with their friends and sharing stories of family adventures with others.

The movies and cartoons are becoming more Christmas based, as is the excitement grows in their voices and littles faces.

The Hive Praise this week is awarded to Benjamin for aspiring others with his conduct and respect to others. The second Praise is awarded to Emily for being an aspirational team player. \P

Please can I remind you all to inform the office if your child is not attending a Hive session, thank you.

Have a lovely weekend 🔔

FOWS NEWSLETTER

Hello Parents and Carers,



Thursday 11 December

4 to 6 in the afternoon

Our festive favourite is back. Expect **Santa in his cosy grotto**, Christmas crafts, games to bring out your competitive side, and plenty of tasty festive treats.

SANTA GROTTO BOOKINGS

The big man is very popular so his slots open for booking this Friday at 7pm.

Online only at:

https://www.pta-events.co.uk/wheelock

Set an alarm, a reminder, or stick a note on the fridge. They always disappear quicker than the last chocolate in the Celebrations tub.

RAINBOW RAFFLE

Raffle tickets are also available through the link above.

We have **fourteen** fantastic hampers waiting for their new homes. Fourteen! Your chances have never looked so exciting.

WE NEED YOU (AND YOUR SUPERPOWERS)

We truly cannot run these events without you. Thank you for everything you already do.

You do not have to join the PTA or run a stall. There are lots of tiny, very doable, very painless ways to help and our posters make it nice and clear.

THE RETURN OF THE CAKE STALL

Time for some honesty. Two years ago, the cake donations were so tiny we could fit them on one plate. A member of the team had to sprint to the shop for emergency mince pies and we all nodded politely as if it had been carefully planned.

But this year our wonderful 'willing volunteers' WhatsApp group has more than fifty members and we are feeling hopeful.

So please get those baking tins ready next week or pop some mince pies into your basket. Let us bring back a cake stall worthy of Wheelock Primary School.

Thank you, as always, for your amazing support and good humour.

FOWS Team 🧥



fowscontact@gmail.com





We can't do it without you!

- Donate preloved but good quality Christmas jumpers, books and toys to the school office before the fair
- Buy Rainbow Raffle tickets and book your Santa's grotto slot online: https://www.pta-events.co.uk/wheelock
- Bake/buy some nut-free cakes ready for the fair! These
 can be dropped at the school office on the 11th December.
- Attend and enjoy our Christmas fair on Thursday 11th December 4-6pm!





Free School Meals

Please find below the link to apply for Free School Meals. If you do qualify for this it covers lots more than just the school meals therefore it may be worth taking a look.

https://www.cheshireeast.gov.uk/schools/school-meals/free school meals.aspx

Autumn Term Menu

Dates	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 01.09.2025, 15.09.2025, 29.09.2025, 13.10.2025, 03.11.2025, 17.11.2025,	Main Choice	Hot Dog served with Wedges & Vegetables	Chicken Goujon served with Wedges & Vegetables	Roast Turkey served with Roast Potatoes, Yorkshire Pudding, Vegetables & Gravy	Spaghetti & Meatballs in Tomato Sauce served with Garlic Bread	Cheese & Tomato Panini served with Chips & Vegetables
	Vegetarian Choice	Vegan Dog served with Wedges & Vegetables	Vegan Dippers served with Wedges & Vegetables	Vegan Fillet served with Roast Potatoes, Vegetables & Gravy	Spaghetti & Vegan Meatballs in Tomato Sauce with Garlic Bread	Veggie Burger served with Chips & Vegetables
01.12.2025,	Jacket Potato	Beans	Cheese	Tuna	Beans	Cheese & Beans
15.12.2025.	Sandwich	Ham Sandwich	Tuna Sandwich	Cheese Wrap	Tuna Sandwich	Chicken Wrap
	Dessert	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit	Homemade Cake or Fresh Fruit	Homemade Biscuit or Fresh Fruit
Dates	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
W/C: 08.09.2025,	Week 2 Main Choice	Monday Fish Fingers served with Mash & Beans	Tuesday Beef Burger served with Chips & Vegetables	Wednesday Sausage Roll served with Mash, Vegetables & Gravy	Thursday Sausage & Tomato Pasta served with Garlic Bread & Vegetables	Friday Cheese & Tomato Pizza served with Wedges & Vegetables
W/C: 08.09.2025, 22.09.2025, 06.10.2025, 20.10.2025, 10.11.2025,		Fish Fingers served with	Beef Burger served with	Sausage Roll served with Mash, Vegetables &	Sausage & Tomato Pasta served with Garlic Bread &	Cheese & Tomato Pizza served with Wedges &
w/c: 08.09.2025, 22.09.2025, 06.10.2025, 20.10.2025, 10.11.2025, 24.11.2025,	Main Choice Vegetarian	Fish Fingers served with Mash & Beans Veggie Fingers served	Beef Burger served with Chips & Vegetables Veggie Burger served with	Sausage Roll served with Mash, Vegetables & Gravy Vegan Sausage Roll served with Mash,	Sausage & Tomato Pasta served with Garlic Bread & Vegetables Vegan Sausage & Tomato Pasta served with Garlic	Cheese & Tomato Pizza served with Wedges & Vegetables
W/C: 08.09.2025, 22.09.2025, 06.10.2025, 20.10.2025, 10.11.2025,	Main Choice Vegetarian Choice	Fish Fingers served with Mash & Beans Veggie Fingers served with Mash & Beans	Beef Burger served with Chips & Vegetables Veggie Burger served with Chips & Vegetables	Sausage Roll served with Mash, Vegetables & Gravy Vegan Sausage Roll served with Mash, Vegetables & Gravy	Sausage & Tomato Pasta served with Garlic Bread & Vegetables Vegan Sausage & Tomato Pasta served with Garlic Bread & Vegetables	Cheese & Tomato Pizza served with Wedges & Vegetables Vegan Pizza served with Wedges & Vegetables

All cakes, biscuits and pizza bases are homemade on the premises All meat and poultry products are supplied fresh by Anderton's Butchers

Attendance & Morning Drop-Off Reminder

We kindly remind all parents and carers of the following morning routines and attendance expectations:

- Gates open at 8:30am
- Classroom doors open at 8:35am
- The register is taken at 8:45am

Pupils arriving after 8:45am will be marked as late.

Arrivals after 9:15am will be recorded as an unauthorised absence, as in line with our attendance policy.

All absences **must be reported by 9:30am on the day of absence**. Please contact the school office directly to inform us.

Thank you for your continued support in helping us maintain excellent attendance and punctuality.

Please note that the school car park is designated for staff and deliveries only. It should not be used for dropping off children who arrive late. This helps ensure safety and smooth operations during school hours.

Thank you for your cooperation and understanding.

Community News



A FREE FAMILY EVENT FROM GRACE CHURCH SANDBACH

Come and join us at Sandbach
Town Hall for your trail instructions
before you head off around
Sandbach on a Christmas word
hunt!

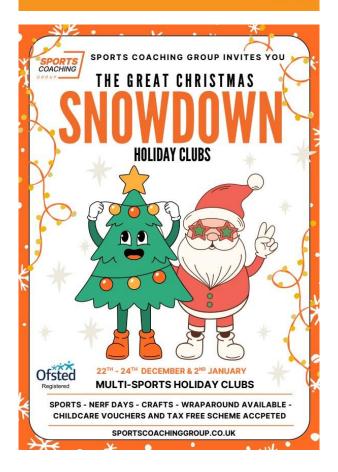
Once you finish the trail then make your way back to the Town Hall for more fun, including crafts and refreshments.

Every child will receive a chocolate treat and a Christmas book when they leave.

(Please note that all children must be accompanied by an adult)

EMAIL: FAMILY@GRACE-SANDBACH.CO.UK WEBSITE: WWW.GRACE-SANDBACH.CO.UK











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Pharmacists can now provide treatment or some prescription medicine, if needed, for seven common conditions, without having to see a GP.

Each condition is subject to age eligibility when providing prescription medicine:

Condition	Age eligibility		
UTI	16-64 years		
Sinusitis	12 years and over		
Earache	1-17 years		
Sore throat	5 years and over		
Shingles	18 years and over		
Impetigo	1 year and over		
Infected Insect Bite	1 year and over		

Find out more, nhs.uk/thinkpharmacyfirst





Logistica Training proudly offers Fully funded online Level 2 short courses. We have designed courses to support adults upskill and to assist their professional development. Learner will need to be 19 plus and live in a non-devolved Post Code area and not on any other funded course to be Eligible for Funding. You have 3 months to complete the course; Tutors are also available to support. Please check your postcode on this link below:

https://skillspostcodecheck.com/tool/

- Certificate in understanding Challenging behaviour
- Level 2 Certificate in Advice and Guidance
- Level 2 Certificate in Mental health Awareness
- Certificate in understanding Mental Health First Aid and Advocacy in the workplace
- Award in awareness of Dementia Care
- Certificate introducing caring for Children and Young People
- Certificate in principles of medication handling and administration for care settings

For more information on how to apply please contact – Julia Chiapparrone $\underline{\mathsf{juliac@acaciatraining.co.uk}}$



We teach water safety and lifesaving skills, in a fun and safe way!

Why not join us (age 7+)?

Find out more Enquire for a free taster session!

Saturday mornings 07:45 to 08:45am at Crewe Lifestyle Centre

Contact: creweneptune@gmail.com facebook.com/creweneptuneslifesavingclub





