## Treetops group provision at Wheelock

Mental Health and Wellbeing

Anxiety
6 week intervention

<u>Self esteem</u> 6 week intervention

<u>Low-mood</u>
6 week intervention

<u>Attachment</u> 6 week intervention

Managing emotions
6 week intervention

Social

Getting along and turn
taking
6 week intervention

## **Friendships**

6 weeks intervention

Building resilience

6 week intervention

Conflict and resolution

6 week intervention

Pupil Premium

Half termly check-ins

Preparing for adulthood SEND children

## SEND children

- Food and diet
- Relationships
- Social interaction
- Accessing services
- Keeping safe
- Self care
- Life skills

## SEND children

- Food and diet
- Relationships
- Social interaction
- Accessing services
- Keeping safe
- Self care
- Life skills