



WHITEFIELD PRIMARY SCHOOL
HEALTHY HEARTS; HEALTHY BODIES; HEALTHY MINDS

SEX AND RELATIONSHIPS POLICY

The Governing Board of *Whitefield Primary School* adopted this policy - November 2020
This policy will be reviewed on an annual basis by the Headteacher.

Signed by:

_____ Headteacher Date: _____

_____ Chair of governors Date: _____

OVERVIEW

The school's approach to, and the content of, its sex and relationships teaching will be differentiated appropriately to reflect the different ages and levels of maturity of the pupils being taught. In this school effective sex and relationship education is seen to be essential if young people are to make responsible and well-informed decisions about their lives. It will not be delivered in isolation. It will be firmly rooted within PSHE, RE, Science and other relevant parts of the curriculum. It will be part of lifelong learning about physical, moral and emotional development. It will be about the understanding of the importance of family life, stable and loving relationships, respect, love and care. It is not concerned with the promotion of sexual orientation or sexual activity.

OBJECTIVES

1. To help and support young people through their physical, emotional and moral development.
2. To help young people learn to respect themselves and others and move with confidence from childhood, through adolescence, into adulthood.
3. To help learners develop the skills and understanding they need to live confident, healthy and independent lives.
4. To help learners understand and deal with difficult moral and social questions. ,
5. To teach sensitively, and when appropriate for learners, about sex, sexuality, and sexual health.
6. To help learners understand the importance of family life, stable and loving relationships, respect, love and care.

STRATEGIES

1. The governing body and head teacher will develop and review this Sex and Relationship Education policy to ensure that this policy reflects the culture of the community we serve.
2. Learners will be taught about the nature and importance of marriage for family life and bringing up children.
3. Learners will be taught the significance of marriage and stable relationships as key building blocks of community and society.
4. Care will be taken to ensure that there is no stigmatisation of children based on their home circumstances.
5. Learners will be given accurate information. This will help when developing skills to enable them to understand difference, respect for themselves and others. This process is also essential in preventing and removing prejudice
6. Sex and relationship education will contribute to the promotion of the spiritual, moral, cultural, mental and physical development of pupils at school and of society. It will prepare pupils to meet the opportunities, responsibilities and experiences of adult life.
7. Sex and relationship education will not encourage early sexual experimentation. It should teach young people to understand human sexuality and to respect themselves and others.
8. It will help them to acquire the knowledge and skills which are so vital in preparing them to face the many conflicting pressures on young people in today's society.
9. There will be a graduated, age-appropriate, programme of sex and relationship education. Teaching methods will take account of the developmental differences of children.
10. Parents will be consulted as and when appropriate if there are to be significant changes to the policy.

OUTCOMES

Effective sex and relationship education will be achieved through a whole-school approach which will ensure that the school's policy and educational programme is tailored to the age and physical and emotional maturity of the children. Staff will be given appropriate training and support to carry out their work sensitively. Parents have a right to withdraw their child from Sex and Relationships education.

Revised and adopted by the Governing Body November 2020

Programme of Learning for Sex & Education 2020/21:

Year 6 – Being aware of their own self-image. Children to be able to explain how their bodies change during puberty and the importance of looking after themselves physically and emotionally. Describe how a baby develops during pregnancy and how they are born. How relationships can change (boyfriends and girlfriends). Being a ware of the importance of a positive self-esteem. Transition to high school.

Year 5 – Being aware of self-image and body image. Understanding how boy's and girl's bodies change during puberty and the importance of looking after themselves physically and emotionally. Understanding that sexual intercourse can lead to conception. Looking ahead to becoming a teenager.

Year 4 – Understanding that they are unique and their characteristics come from their birth parents because a sperm and egg join. Being able to correctly identify internal and external body parts. Understand that a girl's body changes during puberty (having periods). Accepting change and who to talk to if they are worried.

Year 3 – Learning about how babies grow and what they need to live and grow. Understand how babies develop in the mother's uterus. Learning that boy's and girl's bodies need to change, so their bodies are ready to have babies when they are adults. Discussing stereotypes about parenting and family roles.

Year 2 – Learning about life cycles in nature. Growing from young to old. Recognise that that their bodies have changed from being a baby. Differences in boy's and girl's bodies.

Year 1 – Learning about life cycles of animals and humans. Children will understand that somethings have changes as they've grown and somethings stay the same. Children will understand that as they learn something new, they change a little.

Reception – Naming body parts. What your body can do and the importance of healthy foods. Understanding that we grow from babies to adults. Fun and Fears – moving to Year 1. Celebration – sharing memories of the best bits of Reception.

Links with Other Policies

This Policy should be cross-referenced with policies on:

PSHE
Science
Child Protection

Assessment
Teaching and
Learning

Homework