

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY


MAIN #1


Crunchy Crouton
Mac & Cheese

Pork, Beef or Chicken
Enchilada (choose one)
with Rice



Roast Gammon, Roast Beef
or Roast Turkey (choose
one), New Potatoes,
Seasonal Vegetables &
Gravy


Jerk Chicken with Rice
and Peas and Pineapple
Slaw

Chip Shop Fish or
Sausage with Chips,
Mushy Peas and
Gravy/ Curry Sauce

MAIN #2


Bang Bang
Cauliflower Mac &
Cheese

Quorn Chilli Loaded
Wedges



Roasted Vegetable
Filo Pastry Tart with
New Potatoes &
Seasonal
Vegetables




Curried Squash,
Sweet Potato &
Butterbean Stew with
Rice and Peas &
Pineapple Slaw



Chip Shop Vegan
Sausage with Chips,
Mushy Peas and
Gravy/ Curry Sauce



HANDHELD

Chicken Wings

Sausage Roll

Chicken Wrap

Bacon & Cheese
Flatbread

Veggie Pitta Pizza

BOWLED OVER

Rice Bowl

Pasta Kitchen

Vegetarian
Noodle Street

Loaded Nachos

Pasta Kitchen

MODERN BAKERY

Pineapple Upside
Down Cake

Chocolate Crunch
Cake

Summer Fruit Crumble
with Custard

Warmed Jamaican
Ginger Cake with Ice
Cream or Custard

Iced Sponge Cake

SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED
POTATOES WITH A VARIETY OF TOPPING
FOR YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR HOME-
MADE SOUPS, AVAILABLE DAILY!

MENU KEY



- IM VEGAN!



- ADDED PLANT
POWER

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Vegetable Chow Mein


Chicken Souvlaki with
Greek Salads


Sausage and Red Onion
Chutney Hot Baguette
with Roasted New
Potatoes


Chicken Tikka Masala with
Rice

Breaded Fish, Chips &
Garden Peas

MAIN #2

Sweet and Sour
Vegetables with Rice


Feta, Honey and
Spinach Parcel with
Greek Salads

Vegan Sausage and Red
Onion Chutney Hot
Baguette with Roasted
New Potatoes 


Sweet Potato, Chickpea &
Spinach Curry with Rice 

Cheese and Leek
Frittata with Chips and
Garden Peas

HANDHELD

Selection of Paninis

Sausage Roll

Chicken Wrap

Bagel Pizza

Chicken Quesadilla

BOWLED OVER

Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

Loaded Nachos

MODERN BAKERY

Chocolate Sponge
Pudding

Custard Tart with Mixed
Berry Compote

Sticky Toffee Apple
Crumble and Custard

Jam and Coconut Sponge

Oaty Flapjack 

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WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Crunchy Topped
Tomato Pasta Bake with
Roasted Vegetables



THE MEXICAN KITCHEN
Spicy Mexican Chicken
with Rice and Sides

Beef Lasagne with
Garlic Bread
and Salad



**FIESTA
ESPANOL**
Chicken Paella with
Patatas Bravas and Salads

Fish and Chips with
Garden Peas or Baked
Beans

MAIN #2

Vegetarian Toad in the
Hole with Mashed
Potatoes & Gravy

THE MEXICAN KITCHEN
Vegan Chilli with Rice
and Sides



Vegetable Ragu with
Garlic Bread and
Spaghetti



**FIESTA
ESPANOL**
Spanish Tortilla with
Patatas Bravas and Salads

Vegetarian Burger and
Chips with Garden Peas
or Baked Beans



HANDHELD

Selection of Wraps

Pitta Pizza

Chicken Wrap

Selection of Paninis

Sausage Roll

BOWLED OVER

Rice Bowl

Pasta Kitchen

Rice Bowl

Noodle Street

Pasta Kitchen

MODERN BAKERY

Chocolate Orange Cookie



Apple Pie
with Cream

Fruit Muffins

Peach Cake

Chocolate Brownie

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