



Inclusion Bulletin



**WHITELANDS
ACADEMY**
SHARED AMBITION. SHARED SUCCESS

Issue 1

October 2024

Dear Parents and Carers, Welcome to the first issue of our new Inclusion Bulletin from Whitelands Academy! The Inclusion Bulletin will be sent out every half term with information that is coming up and success that has already happened.

If there is anything that you would like advice, information or training on then please email: inclusion@whitelandsacademy.org

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Mental Health Awareness Sessions

Please see some information for parents attached from CAMHS:

5 week fully funded course on supporting people who self-harm, starting in November. Parent webinars on many topics affecting young people today.



Dyslexia Awareness Week – 7 October

We have been focusing on Dyslexia this week in our assemblies and tutor programme for years 7-10 creating awareness and celebrating neurodiversity. Students have experienced a simulation on what it may be like for a person with Dyslexia when they are trying to read. They have also been encouraged to take part in a 'Create my Story' task through the British Dyslexia Association – please see the link to resources below. Any student that takes part will be rewarded with merits – so please do encourage this. We are also hoping to set up a Dyslexia Ambassador group and have started this week with a weekly drop-in to discuss strengths, difficulties and strategies. Dyslexia Awareness Week - British Dyslexia Association: <https://www.bdadyslexia.org.uk/support-us/awareness-events>



Uniform Expectations

We are very aware that some students can find wearing a school uniform difficult due to sensory difficulties, which includes the tucking in of shirts. As this is an expectation at Whitelands Academy, we have found a provider that makes shirts that are sensory friendly and specifically made to overcome this problem. These shirts have been added to the Whitelands uniform so if your children have sensory issues - these may be the solution.

[Easy On Boys White Short Sleeve School Shirt 2 Pack | School | George at ASDA2](#)



New staff updates

We are delighted to welcome to the Inclusion team:

- Mrs Noyes – Learning Support Assistant
- Mr Downer – Learning Support Assistant

Key dates

- **Year 10 SEND Reviews – wc. 07/10/24**
- **Year 7 SEND Reviews – wc. 14/10/24**
- **Year 9 SEND Reviews – wc. 11/11/24**
- **Year 8 SEND Reviews - wc. 25/11/24**
- **Year 9 Parents Evening – 28/11/24**

Do you support a young person who self harms?



WEST OXFORDSHIRE
DISTRICT COUNCIL

Join our **fully funded**, 5 week programme that's specifically designed by **experts with lived and learned experience** for **parents carers and professionals** who **support** young people struggling with **self harming behaviours**.

- Understand more about why the young people we care for engage in self-harming behaviours
- Develop knowledge of alternative strategies to support our young people
- Be part of a safe and supportive group

Wednesdays - 10.00 am to 12:00 pm
Witney Starting 6th November 2024



**SUPPORTIVE &
INFORMATIVE**



FIND OUT MORE

Join us for a coffee, chat and introduction to Discovery College on

Wed 9th Oct
10am- 12pm

Mary & Martha Room,
High street Methodist
Church, Witney

hello@oxfordshirediscovery.co.uk

www.oxfordshirediscovery.co.uk



PARENT WEBINAR

Parents are the most important part of young people's lives and hold the key to helping them. Let us help you, to help them.



CAMHS

Child and Adolescent
Mental Health Service

MENTAL HEALTH AWARENESS SESSIONS FOR
PARENTS AND CARERS



SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS