

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

CLASSIC BEEF LASAGNE
With Garlic Bread 

HOT WOK CHICKEN NOODLES

BUTCHERS SAUSAGE & MASH
with Onion Gravy

SPICE & RICE


CHICKEN KORMA
with 50/50 Rice 

BATTERED FILLET OF FISH
served with Chips & Tartare Sauce

OPTION #2

QUORN AND BLACK BEAN FAJITAS
with Rice 

CAJUN SWEET POTATO & SPINACH TART
with New Potatoes

VEGGIE SAUSAGE & MASH
with Onion Gravy 

SWEET POTATO, CHICKPEA & SPINACH TIKKA
with 50/50 Rice  

GREEK SPINACH & FILO PARCELS
and Chips

ON THE SIDE

Green Beans
Carrots

Sweetcorn
Roasted Broccoli

Red Cabbage
Peas

Roasted
Cauliflower &
Sambals

Peas
Coleslaw

DESSERT OF THE DAY

LEMON DRIZZLE SPONGE

BLONDIE WITH BERRIES

APPLE & CHERRY OATY CRUMBLE
with Custard 

FRUIT MUFFIN

PINEAPPLE UPSIDE DOWN CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

 **ADDED PLANT PROTEIN**
 **SOURCE OF WHOLEMEAL**
 **VEGAN OPTION**

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

CHEESE AND ONION QUICHE

With New Potatoes

STREET FOOD

SPICY CHICKEN

With Khobez and Tabbouleh Salad

THE CLASSIC ROAST DINNER

with all the trimmings

BEEF MEATBALLS IN TOMATO SAUCE

with 50/50 Rice

FISHFINGERS OR SALMON FISHCAKES

with Chips

OPTION #2

GREEN THAI VEGETABLE CURRY

with Rice



HOUMOUS AND FALAFEL

With Khobez and Tabbouleh Salad



BUTTERNUT & BEETROOT WELLINGTON

with Roast Potatoes & Gravy



TOFU AND BROCCOLI WOK FRIED RICE



LOADED HOUND DOG

with Chips

ON THE SIDE

Roasted Butternut Squash Cauliflower

Red Cabbage Slaw and Roasted Chickpea Salad

Broccoli Sweetcorn

Carrots Green Beans

Baked Beans Garden Peas

DESSERT OF THE DAY

CINNAMON APPLE TURNOVER

SYRUP SPONGE

PLUM & VANILLA CRUMBLE with Custard

VANILLA SPONGE

CARROT CAKE

ALSO AVAILABLE!

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OPTION #1

STICKY SOY AND HONEY NOODLES

THE MEXICAN KITCHEN

MEXICAN BEEF CHILLI

with 50/50 Rice or Soft Tacos

CREAMY CHICKEN PIE
with Crispy Roasties & Gravy

CHICKEN KATSU CURRY
with Rice

BATTERED FISH
with Chips & Tartare Sauce

OPTION #2

VEGETABLE PLAIT
with New Potatoes and Gravy

MEXICAN VEGETABLE RICE

ROAST QUORN & YORKSHIRE PUDDING,
Crispy Roasties and Gravy

SMOKEY BBQ PLANT BALLS
with Couscous/Spaghetti

THE BIG PLANT BURGER
with Chips

ON THE SIDE

Green Beans Sweetcorn

Pineapple Salsa & Slaw

Roasted Carrots Swede

Broccoli Roasted Vegetables

Garden Peas Baked Beans

DESSERT OF THE DAY

WARM BANANA FLAPJACK

SCHOOL CAKE

CHOCOLATE SHORTBREAD CAKE

STICKY TOFFEE APPLE CRUMBLE
with Custard

PANCAKES & CHERRY SAUCE

ALSO AVAILABLE!

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