



Master Rationales for sequencing: PE/Sport

Year 6 PE planning placed in context of long term knowledge and growth

| Year 6                     | Substantive Subject Specific Content:                                                                                                                                                                                                                                                                                                                                              | Recurring substantive themes, ideas and language (The ultimate role of the content)                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Subject rationale: What is this section DOING within the pupils' What later content is it preparing for? (The proximal role of the content)                                                                                                                                                                                                                                                                                                                       | Elementary Disciplinary training in PE/Sport Key questions pupils should be asking...                                                                                                                                                                                                                                                                                                                                                                |
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| Year 6<br>Autumn<br>term 1 |  <p>Children will be learning the sport of tag rugby in the autumn term.<br/>There are some local competitions in these sports and some children may be chosen to represent WDY to compete in them.<br/>In PE lessons children will be encouraged to compare their performances with previous</p> | <p><b>Children will be taught:</b></p> <p><b>To use running, jumping, throwing and catching in isolation and in combination</b></p> <ul style="list-style-type: none"> <li>• <b>Develop flexibility, strength, technique, control and balance e.g. through a small sided game</b></li> <li>• <b>(enjoy) communicating, collaborating with each other</b></li> <li>• <b>...and within a team</b></li> <li>• <b>(enjoy) competing with each other</b></li> <li>• <b>Play competitive games, modified where appropriate</b></li> </ul> | <p>Children will have achieved by end of Key Stage 2:</p> <p>Learned how to use (skills) them in different ways and to link them to make actions and sequences of movement</p> <p>Developed an understanding of how to improve in different physical activities and sports</p> <p>Learned how to evaluate and recognise their own success</p> <p>They will do this through:<br/><i>Developing competence to excel in a broad range of physical activities</i></p> | <ul style="list-style-type: none"> <li>• How do sports men and women achieve a good level of Health and Fitness?</li> <li>• Remain physically active for sustained periods of time?</li> <li>• Lead healthy, active lives?</li> <li>• Understand and apply the long-term health benefits of physical activity?</li> <li>• Get involved in a range of activities that develops personal fitness and promotes an active, healthy lifestyle?</li> </ul> |

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|  | <p>ones and demonstrate improvement to achieve their personal best.</p> |  | <p><i>Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect</i></p> <p><i>A high quality physical education curriculum inspires all pupils to succeed and excel in competitive sport...</i></p> <p><i>Engage in competitive sports and activities</i></p> <p><i>Challenge -</i></p> <p><i>....succeed and excel (in competitive sport) and other physically demanding activities</i></p> <p><i>Provide opportunities for pupils to become physically confident in a way, which supports their health and fitness</i></p> <p><i>Pupils are physically active for sustained periods of time</i></p> <p><i>Lead healthy, active lives</i></p> |  |
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| Year 6<br>Autumn<br>term 2 | <p>Children will be learning the sport/small sided game of Dodge ball – preparation for Intgra-school competition</p> <ul style="list-style-type: none"> <li>• Throwing and Catching</li> <li>• “Tactics”</li> <li>• Team Selection</li> <li>• Justifying choices</li> </ul> | <p>Children will be taught:</p> <p>To use running, jumping, throwing and catching in isolation and in combination</p> <ul style="list-style-type: none"> <li>• Develop flexibility, strength, technique, control and balance e.g. through a small sided game</li> <li>• (enjoy) communicating, collaborating with each other</li> <li>• ...and within a team</li> <li>• (enjoy) competing with each other</li> <li>• Play competitive games, modified where appropriate</li> </ul> | As above |  |

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| Year 6<br>Spring 1 | <p>Netball skills will be taught and practised in preparation for intra-school competition to include:</p> <ul style="list-style-type: none"> <li>• Throwing and catching</li> <li>• Running to receive</li> <li>• Spatial awareness</li> <li>• Small sided game strategic awareness</li> </ul>                                                                                      | <ul style="list-style-type: none"> <li>• Develop flexibility, strength, technique, control and balance</li> </ul>                                                                                                                                              | <p>Children will have achieved by end of Key Stage 2:</p> <p>Learned how to use (skills) them in different ways and to link them to make actions and sequences of movement</p> <p>Developed an understanding of how to improve in different physical activities and sports</p> <p>Learned how to evaluate and recognise their own success</p> |  |
| Year 6<br>Spring 2 | <p>Children will be taught the skill of long distance running in the spring term, in preparation for competitions in these sports. Some children may be chosen to represent WDY to compete in competitions. children will be encouraged to:</p> <ul style="list-style-type: none"> <li>• Compare their performances with previous ones</li> <li>• demonstrate improvement</li> </ul> | <ul style="list-style-type: none"> <li>• Develop perseverance, improve levels of personal fitness and flexibility</li> <li>• Compare performances and evaluate that of their own and others</li> <li>• Refine and improve own performance over time</li> </ul> | As above                                                                                                                                                                                                                                                                                                                                      |  |

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|                    | <ul style="list-style-type: none"> <li>• Achieve their personal best</li> </ul>                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                   |  |
| Year 6<br>Summer 1 | <p>The Children will be taught the skills and concepts of the game of Cricket and Rounders.</p> <p>In PE lessons children will:</p> <ul style="list-style-type: none"> <li>• Be encouraged to compare their performances with previous performances</li> <li>• Demonstrate improvement and refinement of skill</li> <li>• Justify team choices and tactics implemented</li> <li>• Achieve their personal best.</li> </ul> | <ul style="list-style-type: none"> <li>• Use running, jumping, throwing and catching in isolation and in combination</li> <li>• Develop flexibility, strength, technique, control and balance e.g. through a small sided game</li> <li>• (enjoy) communicating, collaborating with each other</li> <li>• ...and within a team</li> <li>• (enjoy) competing with each other</li> <li>• Play competitive games, modified where appropriate</li> </ul> | <p>Children will have achieved by the end of Key Stage 2:</p> <p>Learned how to use (skills) them in different ways and to link them to make actions and sequences of movement</p> <p>Developed an understanding of how to improve in different</p> <p>Learned how to evaluate and recognise their own success</p> <p>Learned how to evaluate and recognise their own success</p> |  |
| Year 6<br>Summer 2 | <p>Athletics skills and techniques will be taught in preparation for the The annual sports day.</p> <p>The A1 Sports day also takes place in the summer term and children may be chosen to represent WDY to compete in a variety of athletic events.</p>                                                                                                                                                                  | <ul style="list-style-type: none"> <li>• Use running, jumping, throwing and catching in isolation and in combination</li> <li>• Develop flexibility, strength, technique, control and balance e.g. through a small sided game</li> <li>• (enjoy) communicating,</li> </ul>                                                                                                                                                                          | As above                                                                                                                                                                                                                                                                                                                                                                          |  |

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|  |  | <p>collaborating with each other</p> <ul style="list-style-type: none"> <li>• ...and within a team</li> <li>• (enjoy) competing with each other</li> <li>• Competitive races and games, modified where appropriate</li> </ul> |  |  |
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