



## **Under 10's Domestic Violence Support Programme**

### **What is the Under 10's Domestic Violence Support Programme?**

The programme offers therapeutic, practical and emotional support for children affected by domestic abuse/ domestic violence and their non-abusive parents. The programme is delivered by the Domestic and Sexual Violence Outreach Service (HDVSOS) as part of our response to the COVID-19 Pandemic.

### **Who is the programme for?**

The programme is for families with children under 10 who have been affected by domestic abuse/ domestic violence and are living in Hounslow.

### **How is the programme delivered?**

The programme is delivered remotely by phone and video-enabled programmes and applications.

### **What support will the children and parents receive?**

The programme will help parents and children keep safe, well and supported during the time of the COVID-19 pandemic.

#### **Support for non-abusive parents includes:**

- Safety planning
- Empowerment, emotional support and advocacy
- Practical support and signposting to community and online resources
- Space to learn about ways to support your children's wellbeing and keep them safe
- Help to explore options and choices to make informed decisions

#### **Support for children includes:**

- Reassurance and emotional support
- Safety planning
- Daily routines
- Kindness
- Space to learn ways to keep calm and happy when dealing with feelings of stress and anger
- Improve self-esteem and wellbeing

### **How can a family access the programme?**



**London Borough  
of Hounslow**

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Please email the completed referral form to [Joanna.Szuryn@hounslow.gov.uk](mailto:Joanna.Szuryn@hounslow.gov.uk) or [community.safety@hounslow.gov.uk](mailto:community.safety@hounslow.gov.uk)

### **Questions?**

If you have any questions, please contact Joanna Szuryn on 02085836142 or email [Joanna.Szuryn@hounslow.gov.uk](mailto:Joanna.Szuryn@hounslow.gov.uk).