**Parent/Guardian: COVID testing and isolation for those with and without symptoms**

1. **No symptoms - you should still take part in regular testing**

**NEGATIVE**

Upload results on the [national portal](https://www.gov.uk/report-covid19-result)

Collect test kits [Find a test centre (test-and-trace.nhs.uk)](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffind-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk%2Ffindatestcenter.html&data=04%7C01%7CClare.McKenzie%40hounslow.gov.uk%7C966e62d56e284867382608d8e7d1562f%7C5b62666662464c9bacc7716a5a94bd03%7C0%7C0%7C637514233565117153%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=TDfRZqYt1THUPLO%2FkqtEgTgERlj72ttIQJI%2FdXXHB%2BY%3D&reserved=0)

Parent/guardian childcare support bubble member has no symptoms

Take part in home testing **twice a week**

**COVID-19 Isolation Support**

If you need support to isolate contact Hounslow Hub, they can help you access a range of support including

* Finance
* Food
* Mental Health Support
* Medical support or getting your prescription delivered

Find out more at <https://www.hounslow.gov.uk/hub> or call 020 7084 9647

Your child only needs to have one symptom to stay home and seek a COVID-19 test. Some people present with other symptoms including fatigue …..

**YES**

If your child is well, they can attend school

**NO**

**NEGATIVE**

**POSITIVE**

**Did not test**

**3. Had contact with someone with symptoms**

**YES**

**POSITIVE**

**Your child must not attend school**

**Book a confirmatory test** via the [NHS testing website](https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/) or by calling 119

**You need to:**

* Inform the school
* Make sure **everyone in your household stays at home** and follows guidance for [households with possible coronavirus infection.](https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection)

After 10 days, if your child is well, they can return to school

**NO**

**The person who has been asked to isolate must stay at home for at least 10 days.**

**No-one else needs to isolate**

**If they develop symptoms while isolating return to the start of this flowchart**

follow guidance for [contacts of people with possible or confirmed coronavirus who do not live with the person](https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person)

**NO**

Have you or anyone in your household been asked to self-isolate by NHS test and trace because they have had close contact with someone who has tested positive for COVID-19?

Has your child been in contact with another child at school with symptoms or who has tested positive for COVID-19?

**YES**

Has your child been asked to self-isolate by the school or by NHS test and trace?

**Your child must continue to stay at home, and you must return to the start of this flowchart**

**YES**

Has your child developed symptoms of COVID-19?

**Your child must not attend school and must stay at home for at least 10 days.**

**You need to:**

* Inform the school if they are not already aware
* Make sure your child stays at home and follows guidance for [contacts of people with possible or confirmed coronavirus who do not live with the person](https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person)

After 10 days, if your child is well, they can return to school

If your child is well (no fever or vomiting for 48 hours) they can return to school

* You should inform the school the person with symptoms tested negative
* All household members can end isolation

**Your child must continue to stay at home for at least 10 days from when the symptoms started (child’s or other household members symptoms)** **or the day of test if there were no symptoms.**

**You need to:**

* Inform the school immediately
* If you are concerned about symptoms or need advice, call 111 or your GP
* Make sure everyone in your household stays at home and follows guidance for [households with possible coronavirus infection.](https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection)
* Prepare to be contacted by NHS Test and Trace and to provide details of anyone your household member has had close contact with.

Household isolates while awaiting the results

**YES**

Do **you or anyone in your household have symptoms** of COVID-19? (A high temperature, a new continuous cough, or a loss or change in taste or smell)?

**Your child must not attend school.**

**You need to:**

* Inform the school immediately
* Arrange for the **person with symptoms to get tested** as soon as possible for COVID-19 via the [NHS testing website](https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/) or by calling 119 for a PCR test
* If you are concerned about symptoms or need advice, call 111
* Make sure **everyone in your household stays at home** and follows guidance for [households with possible coronavirus infection.](https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection)

**NO**

**YES**

Does your **child have any of the symptoms** of COVID-19? (A high temperature, a new continuous cough, or a loss or change in taste or smell)?

**2. Concerned about covid-19 symptoms**

Order [home test kits](https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests)