

ARE YOU WORRIED ABOUT SOMETHING?

Often when one person in a family has a problem, it can affect other people in the family

"My child is always angry and refuses to attend school"

"My partner and I are always arguing"

"I am worried about a family member's alcohol or drug misuse"

"I am worried that my child has to care for me"

"My child is finding it difficult to cope with a death in the family"

"A family member has depression or other mental health issues"

"I am struggling to cope with the bills"

"My baby has developmental delays"

"My child / teenager is being bullied"

"I want to support my family to have a healthier lifestyle"

"My teenager is out of control and getting into all sorts of trouble"

EARLY HELP IS DELIVERED HERE

The Hounslow Early Help Offer is a collection of services which aim to provide effective support to families as soon as difficulties start, to prevent them from getting worse.

These services cover a range of areas: from parenting, to health, to learning, to support for teenagers. Services are free and voluntary to receive.

If you would like to explore the extra support available for families, please speak to

or go online at www.hounslow.gov.uk/earlyhelpoffer



London Borough
of Hounslow



EARLYHelp
Support when you need it