**Travelling into the UK summary – brief summery**

**Full guidance** [**https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england**](https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england)

There are some jobs that are exempt from the need to quarantine: list of [jobs that are exempt](https://www.gov.uk/government/publications/coronavirus-covid-19-travellers-exempt-from-uk-border-rules/coronavirus-covid-19-travellers-exempt-from-uk-border-rules).

* quarantine for 10 days
* take a coronavirus (COVID-19) test on day 2 and day 8 of quarantining unless your job permits exemption
* follow the [national lockdown rules](https://www.gov.uk/guidance/national-lockdown-stay-at-home)

**Quarantine for 10 days after arriving in England**

When arriving in England, you must travel directly to the place you’re staying and not leave until 10 days have passed.

**What to do if you get coronavirus symptoms**

You should [order a test](https://www.gov.uk/get-coronavirus-test) if you develop one of 3 coronavirus symptoms at any point

### **After arriving in the UK**

### Day-2 test

You will need to take a COVID-19 test on or before day 2 of your quarantine period. The day of arrival in England will be treated as day zero. This first test is designed to help identify any potentially harmful variants of COVID-19 at the earliest opportunity. Tests will be taken in your own accommodation.

If you get a positive result from your day-2 test, you must quarantine for 10 days beginning the day after the test is taken. If you get a positive result from your day-2 test, you do not need to take a test on day 8.

### Day-8 test

You need to take a COVID-19 test on or after day 8, unless you got a positive result from your day-2 test.

If you get a positive test result from your day-8 test you will need to quarantine until day 19. Your household will also need to quarantine until day 19

## Ending your quarantine early: Test to Release

You can still use the [Test to Release for international travel scheme](https://www.gov.uk/guidance/coronavirus-covid-19-test-to-release-for-international-travel). The scheme lets you choose to pay for a private COVID-19 test. If the result is negative, you can stop quarantining.

You cannot take a test to release test until you have been in England for 5 full days.

You cannot use the Test to Release scheme if you have been in or through any country that is on the [travel ban red list](https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19)

To take part in the scheme you need to:

* book a test with one of these [private test providers](https://www.gov.uk/government/publications/list-of-private-providers-of-coronavirus-testing/list-of-private-providers-of-coronavirus-testing)
* choose to opt into the scheme on the [passenger locator form](https://www.gov.uk/provide-journey-contact-details-before-travel-uk)

You should book your test before you travel to England.

You will have to pay the private test provider for your test. You will need to book an individual test for each person opting into Test to Release, **including children.**

You cannot use tests provided by NHS Test and Trace under this scheme. Use one of [listed private test providers](https://www.gov.uk/government/publications/list-of-private-providers-of-coronavirus-testing/list-of-private-providers-of-coronavirus-testing). You can be fined if you use a negative NHS test result to end your self-isolation period early.

You still need to take the coronavirus test on or after day 8.