

Online Workshops

Separation and Anxiety

Thursday 16 Sep
1pm - 2pm

The Separation and Anxiety workshop is going to look at how to help children separate from care givers and how nurseries and children's centres can support this important transition, taking into account the current situation (Covid19). There will be an opportunity during this workshop for parents and carers to ask questions.

Behaviour and Boundary setting

Thursday 30 Sep
1pm - 2pm

A workshop that aims to help with understanding your child's behaviour in relation to their age and stage of development and how to introduce boundaries and positive discipline, using empathy and praise. There will be an opportunity during this workshop for parents and carers to ask questions.

Communication and Language part 1

Friday 15 Oct,
1pm - 2pm

This workshop looks at speech and language development, how to support your children's development, developing listening and attention skills and the importance of interaction and play. There will be an opportunity during this workshop for parents and carers to ask questions

Communication and Language part 2

Friday 22 Oct
1pm - 2pm

This workshop looks at speech and language development, understanding words and sentences, using words and building sentences. There will be an opportunity during this workshop for parents and carers to ask questions.

Oral Health

Thursday 28 Oct
1pm - 2pm

A workshop run by Ghalia, our Oral Health promotor, to help give you knowledge and ideas on how to make healthier choices for your children and family.

To book please call:

020 8583 5601, 020 8583 5602 or 020 8583 5762

Monday to Friday, between 10am - 2pm



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Dates/ Times	Course details
<p>Wednesday 23 Sep to 14 October 10 to 11.30am <i>Closing date to sign up is Friday 9 Sep</i></p>	<p>Knowing Your Money (Face-to-face) A 4-week course run by Early Intervention Practitioners, aimed to support families with managing their finances. This includes how to save efficiently, saving tips, how to budget and more! <i>If you have any queries regarding this group, please contact Lisa.mcqueen@hounslow.gov.uk</i> To book please call 020 8583 5601, 020 8583 5602 or 020 8583 5762</p>
<p>Wednesday 15 Sep to 13 Oct 12.30 to 2.30pm <i>Closing date to sign up is 8 September</i></p>	<p>Postnatal Course (Face-to-face) A 5-week postnatal peer-support group for mums with babies under 4 months, covering baby massage, weaning, relationships after birth, safety in the home and more! This workshop will be taking place face-to-face at South Isleworth Children's Centre. To sign up, please call 020 8583 5762</p>
<p>Tuesday 21 September to 19 Oct 10 - 11am <i>Closing date to refer to this group is Wednesday 8 Sep</i></p>	<p>Online Practical Parenting group 0-18 Months - 5 week, Free parenting group by referral only. This 5-week parenting group covers; understanding your child's ages and stages of development, the ways in which we communicate, the importance of play and how to set boundaries and routines. There will be opportunities every week to ask parenting questions. To self-refer please complete an online referral form. <i>If you have any queries regarding this group, please contact Jennie.pipe@hounslow.gov.uk</i></p>
<p>Wednesday 6 October to 27 Oct 10 - 11.30am <i>Closing date to sign up is 29 Sep</i></p>	<p>Online Healthy Lifestyles (4 week course) A 4-week course, covering: being active, family time, routines & guidelines, eating on a budget & meal planning, portion sizes & food labels, parenting styles and looking after ourselves. <i>If you have any queries regarding this group, please contact Lydia.desouza@hounslow.gov.uk</i> To book please call 020 8583 5601, 020 8583 5602 or 020 8583 5762</p>

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