



At Willow Bank School we provide an ambitious curriculum in a nurturing and safe environment for pupils to develop:

- Independence
- Emotional intelligence and resilience
- Appropriate communication skills
- The ability to contribute to society through good citizenship skills and preparedness for work

## Intent

At Willow Bank School, our mission is to cultivate a vibrant learning environment where every student flourishes. We are committed to nurturing their growth in key areas:

**Independence:** Empowering students to take ownership of their learning journey and develop self-reliance. Through personalized learning experiences, we encourage students to set goals, make decisions, and take responsibility for their academic and personal development.

**Emotional Intelligence and Resilience:** Equipping students with the emotional skills necessary to navigate challenges with strength and adaptability. Our comprehensive sports curriculum provides support and guidance to help students develop self-awareness, empathy, and coping strategies throughout.

**Communication Skills:** Fostering effective communication abilities is essential for personal and academic success. Through collaborative sporting activities, small - sided games, and competitive sporting opportunities, we empower students to express themselves confidently within a sporting environment.

**Preparation for Future Success:** Instilling values of responsibility, sportsmanship, and respect of others helps to ready our pupils for the demands of the future workplace. Our curriculum integrates real-world learning experiences, career exploration, and opportunities for community sport, preparing students to be active and engaged citizens in an ever-changing sporting society.

## Implementation

We aim to enrich our students' physical abilities by offering a diverse array of sporting activities, including team sports, fitness training, swimming, and sports from around the world. Our goal is to instill a love for physical activity, promoting lifelong health and well-being. Through regular physical education classes, extracurricular sports clubs, and participation in out of school competitions, students have ample opportunities to develop their skills, build teamwork, and foster a sense of camaraderie.



During PE classes, students are encouraged to take on diverse roles, such as leading warm-ups, organizing equipment, and supporting their peers. These experiences foster teamwork, communication, and leadership skills. Furthermore, we offer opportunities for students to earn qualifications in physical education, providing recognition for their achievements and fostering a sense of accomplishment. Through these initiatives, we aim to create a positive and inclusive environment where every student can thrive physically, emotionally, and academically.

## **Impact**

Physical education within Willow Bank School is crucial as it enables us to have a positive impact on the development of pupils' skills while promoting an active lifestyle. Within the PE curriculum, pupils develop their independence through taking on different roles within their activities, while also promoting emotional resilience and intelligence through intra-competitions and within the PE lessons. Additionally, communication skills are at the forefront of all PE lessons, with a great emphasis placed upon communicating appropriately and effectively to both staff and peers.

Moreover, the school utilizes its KS2 Sport Premium fund to provide pupils with access to new experiences through purchasing new equipment, staff training, and school trips. KS4 pupils are given the opportunity to complete theory PE lessons to work towards their BTEC qualifications. Through these initiatives, we aim to have a positive and lasting impact on our students' physical, emotional, and academic development, ensuring they are well-prepared for future challenges and opportunities.