



Personal, Social, Health and Economic (PSHE) Education Policy

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1. Summary

This policy sets out the school procedures for Personal, Social, Health & Economic Education. It clearly illustrates our compliance with the Department for Education's requirement that all schools should teach PSHE and contains a sub policy on the statutory elements of Relationships and Sex Education and Health Education. Furthermore, it outlines our comprehensive and developmental program of study for KS3 and KS4.

2. Related Policies:

- Anti-Bullying Policy
- Behaviour Policy
- Child Protection/Safeguarding Policy
- Relationship & Sex Education Policy
- Mental Health and Wellbeing Policy
- Equality and Diversity Policy
- SMSC and British Values Policy
- SEND Policy

3. Introduction

At Willow Bank School, we agree with the Department for Education that Personal, Social, Health and Economic Education is “an important and necessary part of all pupils’ education”. To this end we deliver our PSHE program as part of the core curriculum. We believe it greatly supports the personal development of our students and as such is a highly valued area of the curriculum.

Our PSHE Curriculum is designed to give pupils and students the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, and responsible citizens within the UK. For our most vulnerable students we believe it equips them with the necessary knowledge and skills to keep themselves safe and grow in resilience.

From September 2024 the time allocated to the PSHE curriculum at both KS2 and KS3 is one 45-minute lesson to two 45-minute lessons per teaching group and KS4 will have two lessons.

The curriculum incorporates aspects of the British Values themes, the rule of law, respect and tolerance, individual liberty, and democracy. It also helps to develop and nurture the social, moral, spiritual, and cultural characteristics of our young people.

4. Statutory Requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

KS2:

- We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

KS3 & 4:

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)

- We must teach health education under the same statutory guidance

5. Teaching and learning

Content

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject.

For other aspects of PSHE, including health education, see the curriculum long term plans that are available on our website for more details about what we teach in year group.

How content is taught

- PSHE lessons take place once a week for KS2, Yr7 and Yr8, once every fortnight for Yr9 and twice per week for KS4. Pupils in KS3 and 4 will achieve BTEC qualifications.
- PHSE curriculum is also delivered through assemblies, Preparation for Adulthood lessons, Form Time (Skills Builder) and through Communication and Social Skills lessons.
- Pupils engage in enterprise activities in school and visits in line with their course or qualification.
- Careers Connect will assist with independent careers advice and guidance.
- Staff are aware that views of some of the issues covered within our programs of study may be sensitive or controversial. However, whilst personal views are respected, all topics are taught without bias. If staff feel inexperienced or unable to deliver a topic effectively then more experienced colleagues will assist.
- Topics are presented using a variety of views and beliefs so that students are able to form their own informed opinions but also to respect others that may have different views. Extreme views in any form, on any topic will always be challenged and monitored carefully

A variety of teaching strategies are used to develop relevant skills and knowledge through:

- Developing discussion
- Thinking through debate
- Working in groups
- Investigation
- Real life topical scenarios
- Role play
- Participation
- Learning with simulations
- Reflection

6. Resources

Resources are regularly reviewed, by PSHE lead, for age and content suitability.

7. Community Based Agencies

Outside speakers are encouraged where it is felt their expertise will add to the pupils' learning experience. Special days are highlighted throughout the academic year to raise awareness, focusing on themes connected to RSE, British Values, Human Rights, mental health, wellbeing, and issues of historical importance.

8. Monitoring and Evaluation

The programs of study are evaluated and reviewed at the end of each academic year and in line with new statutory guidelines and with reference to the themes advised by The PSHE Association.

9. Confidentiality

A student's confidentiality is maintained unless there is a safeguarding issue. If this is the case, then the School's Safeguarding and Child Protection policies must be followed, and the Designated Safeguarding Lead (DSL) informed immediately.

The student will be informed that confidentiality is being breached and the reasons why. They will be supported throughout this process and directed to one of the school's mentors.

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