



At Willow Bank School we provide an ambitious curriculum in a nurturing and safe environment for pupils to develop:

- Independence
- Emotional intelligence and resilience
- Appropriate communication skills
- The ability to contribute to society through good citizenship skills and preparedness for work

Intent

'PSHE education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.' PSHE Association 2019

Willow Bank School aims to provide a coherent programme of personal, health, social, citizenship and careers education. We aim to encourage high aspirations so as to maximise progress and to enable all pupils to experience the joy of success.

Our aims for PSHE also reflect the PSHE Association syllabus which is to equip pupils to live healthy, safe productive, capable, responsible and balanced lives through core themes of health and wellbeing, relationships and living in the wider world.

Our intent is to provide an academic PSHE curriculum that provides opportunities for pupils to reflect on and clarify their own values and attitudes and explore complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

PSHE aims to help pupils to:

- Identify their personal qualities, attitudes, skills, attributes and achievements and what influences these.
- Explore their attitudes, values and beliefs about them and develop the skills, language and strategies needed to manage any issues should they encounter them in their lives.
- Apply academic skills such as critical thinking and resilience, to their approach to the study of PSHE.
- Promote pupils' spiritual, moral, social and cultural development.
- Equip all pupils with the knowledge and skills they need to stay safe and be able to communicate when they do not feel safe
- Provide expert independent, up-to-date careers guidance that gives our pupils the best information and opportunities available and helps them progress into further education, training and employment.

PSHE promotes personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It provokes challenging questions about health and wellbeing, relationships and living in the wider world.



PSHE provides great opportunities for the pupils to learn in order to be successful in the world of work, in relationships forged throughout life and as a valued contributor to society as a whole. These tools consist of knowledge gained, behaviours learned and skills mastered and it is our job to ensure that all learners have the opportunity to develop these attributes through their school experience.

Programmes of study, for PSHE have a clear plan for what pupils should know and be able to do in PSHE by the end of KS3 and KS4. It takes the 'learning opportunities' outlined within the three core themes and helps develop the pupils' concepts, skills and attributes and engage in respectful discussions about these issues

Implementation:

In KS2 and KS3 pupils have one lesson of PSHE every week or every other week for year 9. In Key Stage 3, curriculum planning and delivery is in line with the PSHE Association guidelines and builds on the skills, attitudes, values, knowledge and understanding the have acquired throughout their school . Year 9 pupils will also complete a BTEC in Pre-Vocational Studies, with module in line with the statutory PSD. It acknowledges and addresses the changes young people are experiences, beginning with transition to secondary school, the challenges of adolescence and their increasing independence.

In KS4 pupils have two 45 minute lessons per week, pupils in Year 10 complete a BTEC Qualification in Personal Growth and Wellbeing, modules chosen follow that Statutory PSHE curriculum with SRE forming part of the module on relationship. Pupils cover modules on Improving Physical Health and Wellbeing, Understanding Emotional Wellbeing, Understanding the Role of Relationships in Social Health and Wellbeing, Finding Ways to be Resilient and Financial Commitment. In year 11 pupils will complete a BTEC Qualification in Vocational Studies including modules in Being Organised, Developing a Personal Progression Plan, Exploring Local Visitor Attractions, Keeping Active and Healthy and Contribute to Running an Event.

Pupils will learn about being confident in addressing the challenges of effective learning and making a full and active contribution to society but will have opportunities to revisit their learning about Health and Wellbeing, Relationships and Living in the wider world in order to build on and deepen prior knowledge and understanding.

Impact

The impact of PSHE in Willow Bank School is:

- Pupils can understand how to improve their physical and mental wellbeing and are given opportunities and strategies to help this.
- Pupils will be shown what makes a respectful relationship and look at unhealthy relationships on and offline.
- Pupils will know how to be safe in their day to day lives on and offline.
- Pupils will know what opportunities are available for them when they leave school.
- Pupils will have careers lessons and assemblies.
- They will explore skills they need for adulthood.



The curriculum aims to help pupils to leave school with the knowledge to keep themselves safe, to ask for relevant help when needed, to have the emotional resilience to deal with issues when they arise and to acquire skills they will need for adulthood.