

ALL ABOUT ME!

My name is...

ELLIE

My role:

MENTAL HEALTH
PRACTITIONER

An interesting fact... I can remember ridiculous random events and people from my school days much to the annoyance/embarrassment of my friends but.....

I struggle to:

Remember day to day things and need a 'to do' list every day!

Things I like:

Reading, watching rubbish TV,
Drawing...with the help of #DrawWithRob,
Running, spending time with my family,
baking... not cooking! Playing games...Uno,
Exploding Kittens, and eating ice Cream!

My favourite quote:

"I'm the important one!"

11 year old with ADHD. He was right, SELF care is really important for all of us.

My Portrait

