



Winmarleigh Church of England Primary School

PE

At Winmarleigh Church of England Primary School, we value Physical Education. **WE ARE ALL ATHLETES!** A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way that supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

End Points in Learning in the PE Curriculum		
EYFS	Key Stage 1	Key Stage 2
<p><u>Personal, Social and Emotional (Managing Self)</u> Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge.</p> <ul style="list-style-type: none"> • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing. <p><u>(Building Relationships)</u></p> <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others. <p><u>Physical Development (Gross Motor Skills)</u></p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others. • Demonstrate strength, balance and coordination when playing. • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 	<ul style="list-style-type: none"> • Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities • Participate in team games, developing simple tactics for attacking and defending • Perform dances using simple movement patterns. 	<ul style="list-style-type: none"> • Use running, jumping, throwing and catching in isolation and in combination • Play competitive games, modified where appropriate [for example, badminton, Basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic • Principles suitable for attacking and defending • Develop flexibility, strength, technique, control and balance [for example, through • Athletics and gymnastics] • Perform dances using a range of movement patterns • Take part in outdoor and adventurous activity challenges both individually and within a • team • Compare their performances with previous ones and demonstrate improvement to • Achieve their personal best.

Expressive Arts and Design

(Being Imaginative and Expressive)

- Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.