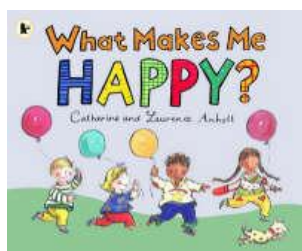


## Stories about fears

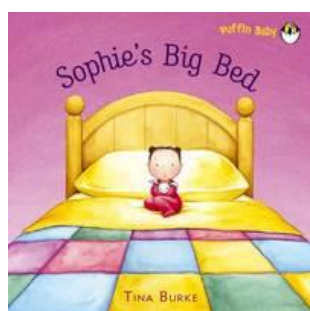
Stories mainly for children exploring the emotions and feelings associated with different fears.

Clicking on individual titles will take you to the library catalogue where you can find out more about the book, find out which library has a copy, or reserve a copy for collection at your local library.



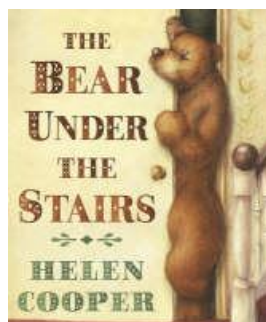
### [What Makes Me Happy?](#)

Catherine Anholt  
Picture book



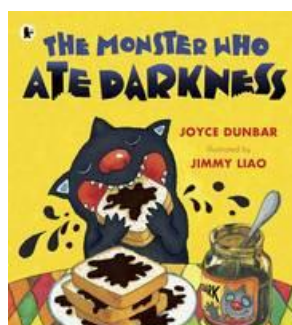
### [Sophie's Big Bed](#)

Tina Burke  
Picture book



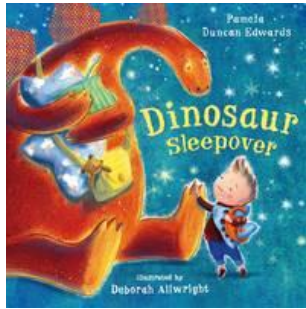
### [Bear Under the Stairs](#)

Helen Cooper  
Picture book

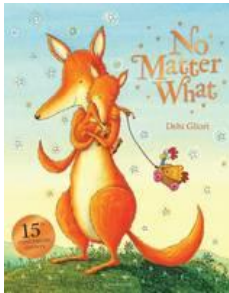


### [Monster Who Ate Darkness](#)

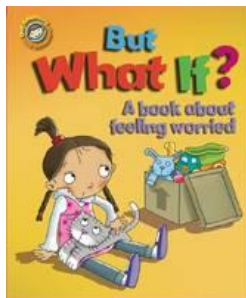
Joyce Dunbar  
Picture book



[Dinosaur Sleepover](#)  
Pamela Duncan Edwards  
Picture book



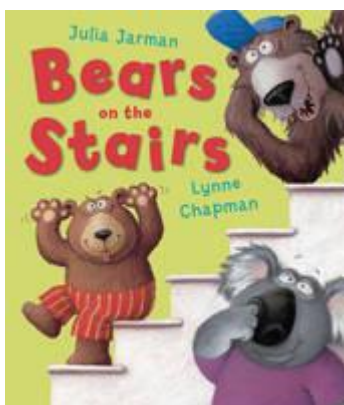
[No Matter What](#)  
Debi Gliori  
Picture book



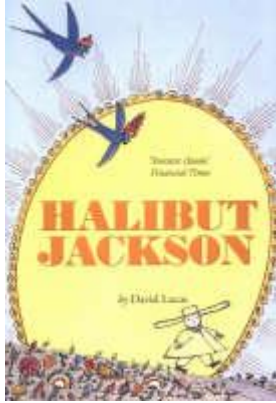
[But What if? A Book About Feeling Worried](#)  
Sue Graves  
Information book, J152.46



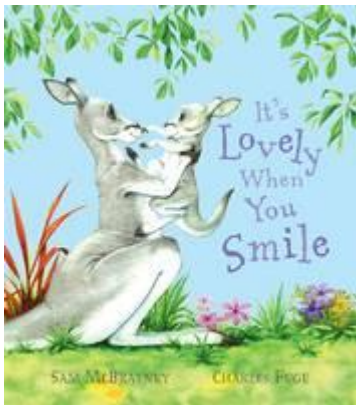
[Huge Bag of Worries](#)  
Virginia Ironside  
Picture book



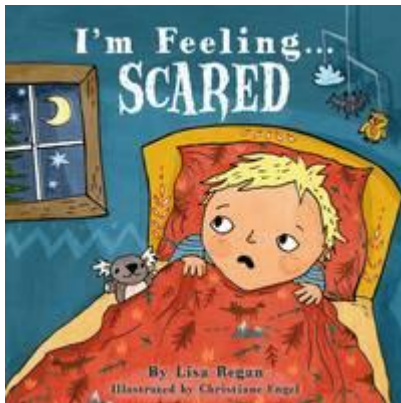
[Bear On the Stairs](#)  
Julia Jarman  
Picture book



[Halibut Jackson](#)  
David Lucas  
Picture book



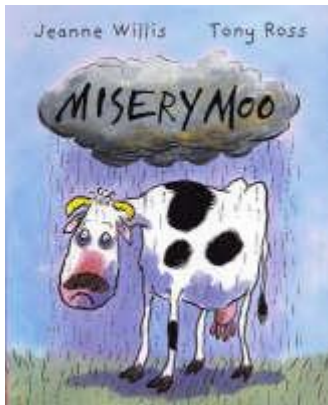
[It's Lovely When You Smile](#)  
Sam McBratney  
Picture book



[I'm Feeling Scared](#)  
Lisa Regan  
Information book J152.46



[Can't You Sleep Little Bear](#)  
Martin Waddell  
Picture book



[Misery Moo](#)  
Jeanne Willis  
Picture book