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| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast club | Selection of cereals  Toast or bagel  Fresh fruit  Fruit juice, milk or water | Selection of cereals  Toast or crumpet  Fresh fruit  Fruit juice, milk or water | Selection of cereals  Toast or pancake  Fresh fruit  Fruit juice, milk or water | Selection of cereals  Toast or bagel  Fresh fruit  Fruit juice, milk or water | Selection of cereals  Toast or crumpet  Fresh fruit  Fruit juice, milk or water |
| After - School snack | Sausage & chips | Chicken Savoury Rice | Tomato pasta served with ham & cheese | Fish Finger Bap | Pizza Slice |
| Vegetarian option | Vegetarian sausage & chips | Savoury Rice | Tomato pasta served with grated cheese | Veggie Finger Bap | Pizza Slice |
| Accompiniments | Fresh mixed salad | Fresh mixed salad | Fresh mixed salad | Fresh mixed salad | Fresh mixed salad |
| Dessert | Freshly cut fruit or yoghurt | Freshly cut fruit or yoghurt | Freshly cut fruit or yoghurt | Freshly cut fruit or yoghurt | Freshly cut fruit or yoghurt |

