





DISHES AND THEIR ALLERGEN CONTENT – BUTTY BAR

DISHES			T _i			upin Flour	Milk		MUSTARD				£ 2	INE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Baguette		WHEAT												
Jacket Potato														
Beans														
Cheese							X							
Chicken Tikka Mayo				X										
Ham														
Tuna Mayo				Х	X									







DISHES AND THEIR ALLERGEN CONTENT – CAKES AND BISCUITS

DISHES			T _i			upin Flour	Milk		MUSTARD	2			£	une une
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Carrot Cake		WHEAT		Х										
Plain or Chocolate Muffin		WHEAT		X			X							
Flapjack		OATS												
Jam Rock bun		WHEAT		X										
Brownie		WHEAT		Х										
Iced Vanilla Sponge		WHEAT		Х										
Iced Chocolate Sponge		WHEAT		X										
Chocolate Cookie		WHEAT		X			X						MAY CONTAIN	
Shortbread Biscuit		WHEAT												
Ginger Biscuit		WHEAT												







DISHES AND THEIR ALLERGEN CONTENT – CURRYS AND PASTA

DISHES						jupin Flour	Milk		MUSTARD					UNE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pasta		WHEAT												
Rice														
Balti Sauce									X					
Korma Sauce							Х							
Tikka Sauce							X							
Tomato & Basil Sauce														







DISHES AND THEIR ALLERGEN CONTENT – GRAB AND GO

DISHES			T			upin Flour	Milk		MUSTARD			EMAN DE LA CONTRACTION DE LA C		O WE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Baguette or Wrap		WHEAT												
BBQ Chicken	X	WHEAT BARLEY											X	
Cajun Chicken														
Chicken Tikka														
Jerk Chicken														
Tandoori Chicken														
Cheese Pizza		WHEAT					X							
Hot & Spicy Chicken Burger		WHEAT												
Chips														
Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	







DISHES AND THEIR ALLERGEN CONTENT – WEEK 1 MAIN SERVE

				I				1			-		I	
DISHES			T		A.S.	Lepin Flour	Milk		(MUSTARD)				£	COUNTE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Chilli, Rice & Chopped Salad														
Vegetarian Chilli, Rice & Chopped Salad		BARLEY		X										
Vegan Sausage, Mash & Mixed Vegetables		WHEAT		MAY CONTAIN										
Sausage, Mash & Mixed Vegetables		WHEAT												X
Quorn Nugget Wrap, Wedges & Sweetcorn		WHEAT												
Salt & Pepper Chicken Wrap, Wedges & Sweetcorn		WHEAT												
Cajun Chicken, Pasta, Chopped Salad & Crusty Bread		WHEAT					X							
Quorn Cajun Chicken, Pasta, Chopped Salad & Crusty Bread		WHEAT		X			X							
Fish, Chips & Mushy Peas		WHEAT			X		X							
Cheese Pizza, Chips & Beans		WHEAT					X							







Gravy	X	WHEAT BARLEY	MAY CONTAIN		X	MAY CONTAIN		MAY CONTAIN	
Salmon Fish Fillet in Batter		WHEAT BARLEY		Х					

DISHES AND THEIR ALLERGEN CONTENT – WEEK 2 MAIN SERVE

DISHES			T			Lipin Flour	Milk		MUSTARD			Rest 0		ure
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Meatballs in Arrabbiata Sauce, Pasta & Sweetcorn		WHEAT					X							
Veganballs in Arrabbiatta Sauce, Pasta & Sweetcorn		WHEAT BARLEY												
Meat Pie, Mash, Peas & Carrots	X	WHEAT BARLEY		MAY CONTAIN	Х		X		MAY CONTAIN				MAY CONTAIN	
Cheese & Onion Quiche, Diced Potatoes & Chopped Salad		WHEAT		X			X							
Southern Fried Chicken Burger, Curly Fries & Beans	X	WHEAT		X			X		X					
Spicy Bean Burger, Curly Fries & Beans		WHEAT												
Lasagne, Chopped Salad & Crusty Bread		WHEAT					X							







Vegetarian Lasagne, Chopped Salad & Crusty Bread		WHEAT BARLEY	Х		X				
Fish, Chips & Mushy Peas		WHEAT		X	X				
Cheese Pizza & Chips		WHEAT			X				
Salmon Fillet in Batter		WHEAT BARLEY		X					
Gravy	X	WHEAT BARLEY	MAY CONTAIN		X	MAY CONTAIN		MAY CONTAIN	

DISHES AND THEIR ALLERGEN CONTENT - WEEK 3 MAIN SERVE

DISHES			T			Lupin Flour	Milk		MUSTARD				18	- INE
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Bolognese, Spaghetti & Mixed Vegetables		WHEAT												
Vegetarian Bolognese, Spaghetti & Mixed Vegetables		WHEAT												
Roast Chicken, Mash, Broccoli & Carrots	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	
Quorn Fillet, Mash, Broccoli & Carrots	X	WHEAT		X			X		MAY CONTAIN				MAY CONTAIN	







Beef Burger, Curly Fries & Beans		WHEAT						X	X
Onion Bhaji Burger, Curly Fries & Beans		WHEAT							
Chicken Enchiladas, Vegetable Rice & Chopped Salad		WHEAT							
Vegetarian Enchiladas, Vegetable Rice & Chopped Salad		WHEAT	X						
Fish, Chips & Mushy Peas		WHEAT		X					
Cheese pizza, Chips & Beans		WHEAT			X				
Salmon Fillet in Batter		WHEAT BARLEY		X					
Gravy	X	WHEAT BARLEY	MAY CONTAIN		X	MAY CONTAIN		MAY CONTAIN	