





























DISHES AND THEIR ALLERGEN CONTENT – GRAB AND GO

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Baguette or Wrap		WHEAT												
BBQ Chicken	X	WHEAT BARLEY											X	
Cajun Chicken														
Chicken Tikka														
Jerk Chicken														
Tandoori Chicken														
Cheese Pizza		WHEAT					X							
Hot & Spicy Chicken Burger		WHEAT												
Chips														
Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	

















DISHES AND THEIR ALLERGEN CONTENT – WEEK 1 MAIN SERVE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Chilli, Rice & Chopped Salad														
Vegetarian Chilli, Rice & Chopped Salad		BARLEY		X										
Vegan Sausage, Mash & Mixed Vegetables		WHEAT		MAY CONTAIN										
Sausage, Mash & Mixed Vegetables		WHEAT												X
Quorn Nugget Wrap, Wedges & Sweetcorn		WHEAT												
Salt & Pepper Chicken Wrap, Wedges & Sweetcorn		WHEAT												
Cajun Chicken, Pasta, Chopped Salad & Crusty Bread		WHEAT					X							
Quorn Cajun Chicken, Pasta, Chopped Salad & Crusty Bread		WHEAT		X			X							
Fish, Chips & Mushy Peas		WHEAT			X		X							
Cheese Pizza, Chips & Beans		WHEAT					X							



Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	
Salmon Fish Fillet in Batter		WHEAT BARLEY			X									















DISHES AND THEIR ALLERGEN CONTENT – WEEK 2 MAIN SERVE

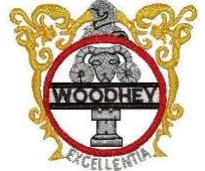
DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Meatballs in Arrabbiata Sauce, Pasta & Sweetcorn		WHEAT					X							
Veganballs in Arrabbiatta Sauce, Pasta & Sweetcorn		WHEAT BARLEY												
Meat Pie, Mash, Peas & Carrots	X	WHEAT BARLEY		MAY CONTAIN	X		X		MAY CONTAIN				MAY CONTAIN	
Cheese & Onion Quiche, Diced Potatoes & Chopped Salad		WHEAT		X			X							
Southern Fried Chicken Burger, Curly Fries & Beans	X	WHEAT		X			X		X					
Spicy Bean Burger, Curly Fries & Beans		WHEAT												
Lasagne, Chopped Salad & Crusty Bread		WHEAT					X							



Vegetarian Lasagne, Chopped Salad & Crusty Bread		WHEAT BARLEY		X			X							
Fish, Chips & Mushy Peas		WHEAT			X		X							
Cheese Pizza & Chips		WHEAT					X							
Salmon Fillet in Batter		WHEAT BARLEY			X									
Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	

DISHES AND THEIR ALLERGEN CONTENT – WEEK 3 MAIN SERVE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Bolognese, Spaghetti & Mixed Vegetables		WHEAT												
Vegetarian Bolognese, Spaghetti & Mixed Vegetables		WHEAT												
Roast Chicken, Mash, Broccoli & Carrots	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	
Quorn Fillet, Mash, Broccoli & Carrots	X	WHEAT		X			X		MAY CONTAIN				MAY CONTAIN	



Beef Burger, Curly Fries & Beans		WHEAT											X	X
Onion Bhaji Burger, Curly Fries & Beans		WHEAT												
Chicken Enchiladas, Vegetable Rice & Chopped Salad		WHEAT												
Vegetarian Enchiladas, Vegetable Rice & Chopped Salad		WHEAT		X										
Fish, Chips & Mushy Peas		WHEAT			X									
Cheese pizza, Chips & Beans		WHEAT					X							
Salmon Fillet in Batter		WHEAT BARLEY			X									
Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	