





























DISHES AND THEIR ALLERGEN CONTENT – GRAB AND GO

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Baguette or Wrap		WHEAT												
BBQ Chicken	X	WHEAT BARLEY											X	
Cajun Chicken														
Chicken Tikka														
Jerk Chicken														
Tandoori Chicken														
Cheese Pizza		WHEAT					X						May contain	
Hot & Spicy Chicken Burger		WHEAT												
Chips														
Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	

















DISHES AND THEIR ALLERGEN CONTENT – WEEK 1 MAIN SERVE

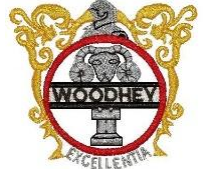
DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Chilli, Rice & Chopped Salad		WHEAT												
Vegetarian Chilli, Rice & Chopped Salad		BARLEY WHEAT		X										
Vegan Sausage, Mash & Mixed Vegetables		WHEAT												
Sausage, Mash & Mixed Vegetables		WHEAT												X
Quorn Nugget Wrap, Wedges & Sweetcorn		WHEAT												
Salt & Pepper Chicken Wrap, Wedges & Sweetcorn	May contain	WHEAT		May contain	May contain		May contain					May contain	May contain	
Cajun Chicken, Pasta, Chopped Salad & Crusty Bread		WHEAT					X		May contain				X	
Quorn Cajun Chicken, Pasta, Chopped Salad & Crusty Bread		WHEAT		X			X		May contain				X	
Fish, Chips & Mushy Peas		WHEAT			X		X							
Cheese Pizza, Chips & Beans		WHEAT					X						MAY CONTAIN	



Lasagne, Chopped Salad & Crusty Bread		WHEAT		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	
Vegetarian Lasagne, Chopped Salad & Crusty Bread		WHEAT BARLEY		X			X		MAY CONTAIN				MAY CONTAIN	
Fish, Chips & Mushy Peas		WHEAT			X		X							
Cheese Pizza & Chips		WHEAT					X						MAY CONTAIN	
Salmon Fillet in Batter		WHEAT BARLEY			X									
Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	

DISHES AND THEIR ALLERGEN CONTENT – WEEK 3 MAIN SERVE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Beef Bolognese, Spaghetti & Mixed Vegetables		WHEAT							MAY CONTAIN				MAY CONTAIN	
Vegetarian Bolognese, Spaghetti & Mixed Vegetables		WHEAT		X					MAY CONTAIN				MAY CONTAIN	



Roast Chicken, Mash, Broccoli & Carrots														
Quorn Fillet, Mash, Broccoli & Carrots		WHEAT												
Beef Burger, Curly Fries & Beans		WHEAT										X	X	
Onion Bhaji Burger, Curly Fries & Beans		WHEAT												
Chicken Enchiladas, Vegetable Rice & Chopped Salad		WHEAT BARLEY					X							
Vegetarian Enchiladas, Vegetable Rice & Chopped Salad		WHEAT BARLEY		X			X							
Fish, Chips & Mushy Peas		WHEAT			X									
Cheese pizza, Chips & Beans		WHEAT					X						MAY CONTAIN	
Salmon Fillet in Batter		WHEAT BARLEY			X									
Gravy	X	WHEAT BARLEY		MAY CONTAIN			X		MAY CONTAIN				MAY CONTAIN	