



Staffing

Ms O Williams (i/c Dance)

Facilities

Practical Dance lessons take place in a dedicated performing arts classroom and theory lessons can take place in classrooms or computer suites.

Overview

“Dance is the timeless interpretation of life” **Shah Asad Rizvi**

Dance is so much more than the exploring different ways to move the body to music; dance is a way of moving that uses the body as an instrument of expression and communication. Through dance, pupils learn many key skills: teamwork, focus, improvisation, communication to name but a few. Dancing also is excellent exercise for the entire body and as such it helps you to stay physically and mentally fit.

By studying dance, pupils also learn about costume, accompaniment, setting and choreography as well as studying different dance techniques and creating their own dances in response to a stimulus.

Theatre visits are an important part of the study of dance, looking at professional shows to reflect on all the different elements that we learn about in class.